



Churchlands Bytes

Congratulations

What's happened

News in brief...

- Over 200 certificates were awarded to students across the four pillars of acknowledgment at the whole school assembly on 29 July. The pillars include academic, cultural, sporting and community service. Students were entertained by video footage of an extract from the CSHS 50th Anniversary Music Concert - 'A circle of life' from the Lion King.
- Welcome to new Chaplain James Norris who joined the Churchlands Student Services team this week. James will assist students in Years 8 and 11 as well as being involved in whole school events. James replaces Ms Howard who has transferred to Duncraig SHS.
- Congratulations to Mr Rob Cross who has won a Deputy Principal position at Ashdale Secondary College and leaves Churchlands after seven years.
- The Junior Girls Fremantle Dockers School Girls Cup kicked off with Round 1 being played at Subiaco Oval! Our players made Churchlands proud with this huge win! Churchlands - 10.6.66, Bob Hawke - 0.1.1



- Year 10 students along with their parents have been busy choosing courses for Year 11. Appointments made through SSO gave students the option to make informed decisions about courses and pathways in Year 11 and 12 in Senior Secondary School.
- The P&C who met on the 1 August fed back their support of the new daily bell times. Additionally, they are keen to continue enhancing the appearance of the school grounds in consultation with the grounds committee. The new shade sails installed in July look amazing and it is hoped they can fund more projects like this in the future.
- Parking congestion in Godin Court Churchlands is causing great angst to local residents. Parents collecting students are asked to please be aware not to block resident driveways and to park with care and respect. Lets keep our students safe.



Congratulations to Churchlands Maths Teacher **Ms Edwards** on passing her Duke of Edinburgh Award Leader Training.

Ms Edwards can now help students as an Award Leader, Assessor and Supervisor which is a great help for the Community Service Program Coordinator, Ms Kolodij. The amount of students signing up for the Duke of Edinburgh Award is ever increasing and Ms Edwards is a welcome addition to the program.



Congratulations to **Zoe Banks** in Year 7 who has been selected to represent Western Australia in the 2022 12 Girls Hockey Championship. The team will be competing at the School Sport National Championships in Canberra, ACT 22-26 August 2022.



Road to Michigan, USA! Congratulations to **Eita Samukawa** in Year 8 who will be representing Australia in the Junior League Baseball World Series in Taylor, Michigan between 14-21 August. This is truly an outstanding and exciting opportunity. Well done Eita and all the best to you and your team in your upcoming tournament.



Alumni student **Maddison Keeney**, Class of 2013. Three medals at the Birmingham Commonwealth Games - women's synchronised 3m springboard final in a team and solo event and in the mixed synchronised diving final. Congratulations Maddie!



Alumni student **Matthew Richardson**, Class of 2016. The first Western Australian to win individual cycling gold in the Commonwealth Games in Birmingham with an amazing performance in the sprint final. Congratulations Matthew!

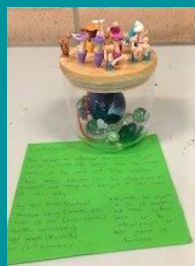


House Point Tally

| | |
|-------------|-------|
| Floreat | 16886 |
| Brighton | 16605 |
| Scarborough | 16021 |
| Trigg | 15415 |

Churchlands Bytes

Students in Year 8 AEP Science made models when learning about specialised cells and the digestive system.



First Aid Officers Required

Seeking reliable, experienced people in senior first aid preferably with a nursing background for relief positions in the first aid office. For further information or to discuss, please contact our friendly first aid staff at the school via email

enquiries@churchlands.wa.edu.au
with attention to the First Aid Relief.



Thank You

Farewell and thank you to Clive Palmer in the Canteen

Clive Palmer has managed the Churchlands Canteen for the last seven and a half years and has provided a great service to staff and students. With the introduction of a breakfast menu, Quick Cliq and the satellite canteen students have enjoyed the delivery of great food throughout the day at great value for money.

Clive and his team have also catered for numerous events at the school including bbqs, PD days and event functions like the Art Exhibition. Community Service students have always been able to use the canteen after hours and Clive has supported students wherever possible.

Clive's last week will be this term in week 4 with his last day on 12 August. On behalf of the Churchlands Community we wish Clive all the best in his future endeavours and thank him for his service to the school.

What's Coming Up?

| | Term 3, 2022 |
|------------|---|
| Aug | |
| 9 | Year 12 ATAR Music Recital Night 6.30pm |
| 9 | International Day of the World's Indigenous Peoples |
| 9 | CSHS Dads Group - Dads and kids |
| 10 | Year 10-12 Athletics Carnival |
| 13/14 | Jazz Festival |
| 15 | Year 12 Geography Excursion |
| 15-19 | National Science Week |
| 16 | Year 7 Athletics Carnival |
| 16 | Year 11 Literature performance excursion |
| 17 | Year 12 EES Field Excursion to Bells Rapids |
| 18 | School Board Meeting |
| 19 | School Tour 9.30am |
| 19 | Year 8 Athletics Carnival |
| 20-21 | Classic Guitar Ensemble Festival |
| 23 | Year 11 Geography Excursion |

From Mr Muilenberg the Chaplain

Holyoake's DRUMBEAT is the world's first structured learning program using music, psychology and neurobiology to reconnect with ourselves and others.

The name DRUMBEAT is an acronym for Discovering Relationships Using Music, Beliefs, Emotions, Attitudes, and Thoughts.

DRUMBEAT incorporates hand drumming, behavioural therapeutic principles and cognitive and dialectical elements to achieve positive outcomes. It is estimated that over 50,000 people around the world have participated in and experienced the benefits of the program so far.

At Churchlands, our 9&12 Chaplain Mitch Muilenburg has delivered two DRUMBEAT programs and is currently mid-way through the third and about to start a fourth program. DRUMBEAT has engaged students and assisted them in resilience building and becoming more emotionally and socially aware.



**Building resilience
through rhythm**

Churchlands Bytes

Free Food for Students

Here at Churchlands we have sponsorship from some amazing agencies that assist us in providing FREE food to our students.

Eat Up: sponsor us with individually wrapped cheese sandwiches. These are available most days and can be accessed by asking any student services staff member.

Foodbank are our current sponsors for our weekly run breakfast program. Every Friday students can come and grab a free spaghetti/baked bean or cheese Toastie just outside Food 1 from 8.15 onwards. We also have Milo and fruit available for students. We have some amazing staff and community service students that assist in running this program. We ensure that we are COVID safe and the whole program is run out in the fresh air.

We get a weekly delivery from **Oz harvest** of seasonal fruit, bread and some snack items. We have a bowl of fresh fruit at each student service areas. Students can come during break times and grab a free piece of fruit.

Oz Harvest also deliver food pantry boxes which include non perishable items such as pasta, Weetbix, Vegemite, etc these boxes are available for families and students should they need.

Any Questions??? Please feel free to ask any of the student service staff that help out with our food program Mel Mettam, Teresa Leone, James Norris, Mitch Muilenberg, Lorraine Keeney and Kat Mosele .

RU HANGRY?

EVERY FRI BREAKFAST!

8.15-9AM
TOASTIES
& MILO

ANY QUESTIONS? ASK KAT, LORRAINE, MITCH, MEL, NARELLE OR TERESA AKA "BREKKY DREAM TEAM"

CHURCHLANDS
SENIOR HIGH SCHOOL

Outside F1

All welcome

FREE FOOD! FREE FOOD! FREE FOOD!

COVID SAFE BREAKFAST CLUB

- * Music
- * Games
- * Individual toasties given out by staff
- * Hand Sanitiser
- +
- A GOOD START TO YOUR DAY!

Foodbank Group operated with social distancing

University Open Days

ECU Mt Lawley including WAAPA – Sunday August 21 <https://www.ecu.edu.au/open-day/overview>

Notre Dame – Sunday August 21 <https://events.nd.edu.au/opendayfreo/1946180>

Explore UWA Day – Sunday August 28 <https://www.uwa.edu.au/study/Explore-UWA-Day>

Murdoch – Sunday September 3 <https://www.murdoch.edu.au/events/all-events/murdoch-university-open-day-385551574137>

Curtin Open Week – September 5 – 8 <https://www.curtin.edu.au/study/curtin-open-week/>



Quote of the Day



"There's some good in this world, Mr. Frodo and it's worth fighting for."

FAMILY AND COMMUNITY ENGAGEMENT

Formative Assessment Science - Example 7

Year 7 Science – Ms Leah Anthony

In Science we use a teaching and learning platform called Stile. All Science students from 7 to 10 have access to this resource. One of the ways that we use this is to assess their understanding of the key concepts being covered by doing quizzes at the start or the end of the lessons. Below is an example of part of a quiz that I have completed with my Year 7 classes. The program provides the student feedback on what they know and what they still need to learn. I use the data this provides to determine the next step in their learning.



| | |
|--|--|
| <p>Question 1 (1 mark) Edit More</p> <p>Learning goal 1: Select the option that best completes the following sentence.</p> <p>When unbalanced forces act on an object they:</p> <ul style="list-style-type: none"><input type="checkbox"/> change the motion of an object<input type="checkbox"/> always make an object fall to the ground<input type="checkbox"/> change the mass of an object<input type="checkbox"/> hold an object in place | <p>Question 2 (1 mark) Edit More</p> <p>Learning goal 1: Determine which description applies to arrows that represent balanced forces.</p> <ul style="list-style-type: none"><input type="checkbox"/> Different lengths and pointing in the same direction<input type="checkbox"/> The same length and pointing in the same direction<input type="checkbox"/> Different lengths and pointing in opposite directions<input type="checkbox"/> The same length and pointing in opposite directions |
|--|--|

VacSwim offers swimming lessons for children aged 5 to 17 years during the October school holidays.

Lessons are conducted at pools across WA.



Book now

<https://www.education.wa.edu.au/vacswim>

Enrolments for October programs close on 21 August 2022.

The summer locations and program enrolments will open at a later date.

FAMILY AND COMMUNITY ENGAGEMENT



FATHERING PROJECT MINI GOLF FOR DADS AND KIDS

As a father or father figure, you are really important to your kids and they need you to be present and actively engaged in their lives.

Kids need to:

- **Feel safe and secure**
- **Be loved unconditionally**
- **Spend time with you**

Dads, father-figures, carers and kids!
Come along and join us for a
MINI GOLF

When: Friday 26 August @ 6.00pm
Where: Wembley Golf Course
200, The Boulevard, Wembley Downs
RSVP: Register by 24 August



@Churchlands Senior High School Dads Group



Use the QR code with your mobile phone to register your attendance.

https://www.actbelongcommit.org.au/wp-content/uploads/2022/03/LIKE5805_Weekly_Planner_A4_LR_MARCH2022.pdf

WEEKLY PLANNER

Use this Weekly Planner to make time in your day to get active, connect with others and commit to something meaningful.

There's never been a more important time to prioritise your mental health... one day at a time

| | Day 1 | Day 2 | Day 3 | Day 4 | Day 5 | Day 6 | Day 7 |
|---------------|-------|-------|-------|-------|-------|-------|-------|
| Act | | | | | | | |
| Belong | | | | | | | |
| Commit | | | | | | | |

Act Do something

Things like...

- Get out in nature, even if it's just your own yard
- Read a book
- Dance
- Do some yoga
- Do a puzzle

Belong Do something with someone

Things like...

- Tackle a board game with someone in your family
- Video call someone you haven't seen in a while
- Write a note or text telling someone how much you care
- Research interesting groups or clubs in your local community

Commit Do something meaningful

Things like...

- Learn something new
- Challenge yourself to reach a new goal, eg. read a harder book
- Help or organise something for someone
- Reach out to someone in need

Being mentally healthy feels good. For more information, tips and inspiration visit: [actbelongcommit.org.au](https://www.actbelongcommit.org.au)



Explore UWA Day Sunday 28 August 10am - 3pm

In addition, St Georges College will be open to visitors for tours, music, chats with our residents and staff about living on campus at St Georges College.

This will be the last opportunity to tour before the main application round closes.

Mounts Bay Road, Crawley, Perth



YEAR 11 & 12's Engineering Showcase

Discover your future with an ECU Engineering degree

Come to one of the School of Engineering courses and careers information sessions so you can discover why engineering is such a great and rewarding profession.

FEATURES:

- ◆ Hear from current students and alumni speakers about their experiences at ECU and the transition into exciting industry roles.
- ◆ Chat with academics about the wide range of engineering course offerings, entry requirements, scholarships, and student support services at ECU.
- ◆ Tour our industry grade engineering laboratories.

ENQUIRIES:

Email: seadmin@ecu.edu.au

Phone: (08) 6304 2924

REGISTER NOW AT:

<https://www.trybooking.com/BYOHJ>



DATES:

~~Tuesday 3 May 2022~~

~~Friday 24 June 2022~~

Wednesday 31 August 2022 **(last chance!)**

TIME:

4.30 PM – 6.30 PM

LOCATION:

ECU Joondalup Campus
Building 7.102

Light refreshments provided



FUTURE ENGINEERS PROGRAM

OCTOBER SCHOOL HOLIDAY PROGRAM

Learn about where your energy comes from and where a STEM career in the oceans and energy industries can take you!

DATE

3 - 7 October 2022

LOCATION

Engineers Australia

AUDIENCE

High school girls in Years 8 - 12

PROGRAM HIGHLIGHTS

Learn about energy from industry professionals
Visit offices and sites in the Perth CBD and Jandakot
Explore the Oceans Institute at UWA
Interact with the latest robotics technology
Build self confidence and public speaking skills
Hear from passionate STEM professionals in the industry

ONLY 30 PLACES AVAILABLE

Applications open 15 July 2022

To apply, email completed application forms ([link](#)) to wise@subseaenergy.org.au

* Note all applications are subject to the selection process. Students who have participated in previous Future Engineers Programs are not eligible to reapply.

PRINCIPAL SPONSORS



PROGRAM, PRIZE & CONTENT SPONSORS

