



CHURCHLANDS
SENIOR HIGH SCHOOL

HEALTHY FOOD AND DRINK POLICY

1. POLICY STATEMENT

To provide guidelines for Churchlands Senior High School canteen services and staff in the implementation of a whole school approach to healthy eating.

2. POLICY SCOPE

Planning for the provision of healthy food and drinks with green and amber foods from the canteen and for educational activities, classroom rewards, school camps and excursions.

Limiting the supply of red food and drinks to small amounts and only when essential to the learning program. These requirements apply to food and drink supplied or organised by the school.

3. DEFINITIONS

The Department of Health's Fresh School Nutrition Advisory Program (FreshSNAP) assists schools to implement a whole of school approach to healthy eating, through a statewide advisory service and an interactive website that provides the following support to schools by categorising foods and recommending serving limits:

These are green (everyday foods), amber (sometimes foods) and red (not very often) foods. These traffic light colours tell us that green foods mean 'go for it' (you can use any of these foods for your lunchbox), amber foods mean 'be careful when choosing them' and red foods mean 'stop and think'.

Common types of green, amber and red foods are found at the following web address:

<https://collegecommunitychildcare.org.au/wp-content/uploads/sites/187/2016/11/9.-traffic-light-info-hand-out-NEW.pdf>

The Western Australian School Canteen Association (WASCA) can provide advice, resources and training for effective canteen operations. School canteen/food service A canteen or food service is a school-based outlet or external provider that provides a food service to students and staff during school hours.

4. PROCEDURES

The Principal only gives permission to use a school's premises as a canteen/food service on the basis that the Student Health in Public Schools policy and procedures are implemented.

- 4.1 The Principal confirms canteen/food service promotes a wide range of healthy food with menus comprised of green, amber and red food and drink as follows:
- green items – account for a minimum of 60% of the menu
 - amber items – account for a maximum of 40% of the menu, with savoury commercial products that are amber items offered on a maximum of two days per week:

4.2 The principal confirms that

- the canteen/food service workers and volunteers have completed FoodSafe, Food Handler training or its equivalent and All About Allergens training
- the canteen has appointed a Food Safety Supervisor
- the canteen is compliant with the Australian New Zealand Food Standards Code.

Training should be completed in a timely manner, preferably prior to commencing work:

- 4.3 The Principal confirms that under the Food Act 2008 (WA) and the Food Regulations 2009 (WA)
- all food services apply for registration with the local council as a food business
 - schools notify the local council prior to conducting a charitable or community event involving food such as a cake stall or sausage sizzle
 - food prepared for sale is only made in approved premises, for example a food business approved by the appropriate enforcement agency (food prepared in a home that has not been approved as a food business must not be sold in a canteen).
- 4.4 The Principal confirms that canteens and food services meet the Australia New Zealand Food Standards Code. Examples of applicable standards include, but are not limited to:
- Food Safety Standard 3.2.2 specifies the requirements for food safety practices and general requirements
 - Food Safety Standard 3.2.2A regarding Food Safety Management Tools
 - Food Safety Standard 3.2.3 specifies the requirements for food premises and equipment
 - Food safety Standard 1.2.3 regarding mandatory food allergen declarations

5. RELATED DOCUMENTS

- Student Health in Public Schools Policy
- Healthy Food and Drink
- Managing student health care
- Duty of Care for Public School students

6. RESPONSIBLE STAFF MEMBER

Policy Manager	Principal
Responsible Staff	Associate Principals and Heads of Year
Approval Authority	Churchlands SHS Board
Approval date	22 February 2024
Next evaluation date	February 2027

7. REVISION HISTORY

Version	Approved Amended Rescinded	Date	Authority	Key changes/notes
V1	Approved	February 2024	Churchlands SHS Board	As Above