

Churchlands Swimming Program



Churchlands Senior High School has a long and successful history in developing and producing top-level swimmers and consistently performs well in the A Grade Interschool Swimming Competition. Our school has its own pool and coach, which are available for Churchlands students at no charge before school.

The Churchlands Senior High School Swimming Program was established several years ago. It runs for students in Years 7 through to 10. The target students are **already strong swimmers** who wish to refine and develop their swimming ability, whilst also using their swimming background to pursue other aquatic sports, including surf lifesaving.

Members of the program will be encouraged to represent the school in aquatic activity teams and to experience aquatic based sports and activities they may not have tried before. Water based first aid qualifications are also a component of the course.

Students will attend during school hours twice per week for the whole year. For one period a week they will experience stroke development with a professional swim coach and for the remaining period they will be involved in the Surf Life Saving Cadets Program with a staff member from the Physical Education Department.

The Cadets Program is a community-funded program and offers opportunity for students to learn surf lifesaving skills, achieve first aid qualifications and also experience other aquatic based opportunities.

Students are expected to attend a minimum of one before school training session per week to adhere to cadet guidelines, but they are also encouraged to swim outside of school times, with the school, or another club.

Prospective Year 7 students may only gain entry to the swimming program by attending a trial at the school, run by the Physical Education Department and a swim coach. Please complete the attached application form and submit with your Enrolment Application to Churchlands SHS.

Trials for entry into the program will be held late in Term 3 or early Term 4 for the incoming group of Year 7 students. Once a time and date for the trials have been set, all students who have completed an application will be notified by mail with the appropriate details.

Students already at Churchlands Senior High School may have the opportunity to transfer into the program upon a highly competent completion of a swimming trial, based at the school.

We hope you apply for the swimming program, good luck in the trial and your future in swimming.

If you have any further enquiries, please do not hesitate to contact me.

Chris Van Maanen
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Churchlands Swimming Program Application

Please note – the Swimming Program is designed for **high ability swimmers**, with some experience in squad and surf training.

Student Surname _____

Student Given Names _____

Date of Birth _____ Male Female

Present School _____

Parent/Guardian Surname _____

Parent/Guardian Given Name _____

Address _____

_____ Postcode _____

Parent/Guardian Mobile _____

Parent/Guardian Email _____

Previous Swimming experience

**Please return this form together with Enrolment Application to
Churchlands Senior High School.**