|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Before School From 7.30 am** |  |  | **Hot Specials Everyday** |  |  |
| Tea, Coffee, Milo | $1.50 |  | Pizza - Vegetarian, Meat Lover’s or Hawaiian | $4.50 |  |
| Fruit Toast - 2 Slices  | $2.50 |  | Open Turkish Toastie - Cheese & Tom, Ham & Cheese, Chicken & Cheese  | $3.50 |  |
| Toast - 2 Slices (White/Wholemeal/MG) | $2.00 |  | Daily Vegetarian Dish - changed daily - Pasta/Risotto/Gnocchi | $6.00 |  |
| Assorted Cereal with Milk | $3.50 |  | Warm Baguette of Day - Roast Beef/Cheese & Tomato/ Chicken, Cheese & Tomato/Ham, Cheese & Tomato | $5.50 |  |
| Hash Brown | $1.20 |  | Burger - Sweet Chilli Chicken with Salad or Beef with Salad  | $6.00 |  |
| Bacon and Egg Roll | $4.50 |  | Wrap of the Day - Sweet Chilli Chicken - Mon, Wed, Fri Chicken Caesar - Tues, Thurs  | $5.50 |  |
| **From the Bakery...** |  |  | Pie ( Travellers) - Beef, Pepper Steak  | $4.00 |  |
| Freshly Baked Muffin | $2.50 |  | Sausage Roll - Vegetarian, Spinach & Ricotta | $4.00 |  |
| Banana Bread  | $3.00 |  | Sausage Roll - Meat | $4.00 |  |
| **White, Wholemeal or Multigrain** | ***S/W*** | ***Roll*** | Sausage Roll - International (Halal) | $4.00 |  |
| Chicken/w Salad - Lettuce, Tom, Cucumber | $4.00 | $6.00 | Oven Baked Wedges | $3.50 |
| Ham/with Salad | $4.00 | $6.00 | Sauces – Tomato, Sweet Chilli, Sour Cream, BBQ | $0.30 |  |
| Cheese/with Salad | $4.00 | $6.00 | **Drinks** |  |  |
| Beef/with Salad  | $4.00 | $6.00 | Water - 600 ml  | $2.00 |  |
| Egg/with Salad  | $4.00 | $6.00 | Up and Go - Chocolate, Strawberry, Banana, Caramel  | $2.50 | $5.20 |
| Tuna/with Salad  | $4.00 | $6..00 | Juice - 250 ml - Apple/Orange/Apple& Blackcurrant/ Tropical | $2.50 | $5.50 |
| Salad only | $3.50 | $5.00 | Flavoured Milk - 300 ml - Choc, Mocha, Strawberry, Banana | $2.50 |  |
| Vegemite | $2.00 | $3.00 | Flavoured Milk - 600ml, Choc, Mocha, Strawberry, Banana | $3.80 |  |
| Wrap - Meat, Cheese, Tuna or Egg w Salad | ½ Wrap - $2.80 | Full - $5.80 | Juice Bombs – Passionfruit, Watermelon, Apple/rassberry  | $2.50 |  |
| **Chilled Choices** |  |  | Nippy’s 375 ml - Chocolate, Mocha, Strawberry | $3.50 |  |
| Seasonal Whole Fruit - Apples, Oranges, Pears, Bananas | $1.50 |  | **Snack Attack**  |  |  |
| Fresh Fruit Salad | $4.00 |  | Piranhas Snaps BBQ, Tangy Salsa, Oregano & Thyme  | $2.00 |  |
| Jelly Cup - Lime, Raspberry, Orange | $1.50 |  | Rice Sticks Veg / Cheese | $1.50 | $3.50 |
| Yoghurt Cup - Vanilla, Mixed Berry, Strawberry, Mango Passionfruit | $3.00 |  | **Sweet Treats** |  |  |
| **Cold Items Everyday** |  |  | Paddle Pop - Rainbow, Chocolate,  | $2.00 | $3.60 |
| Sushi - 5 pack - Veg, Chick Teriyaki – Tuna, Combo | $6.00 |  | Vanilla Ice Cream Tub | $2.00 |  |
| Rice Paper Rolls - 2 pack – Veg/Chick | $5.50 /$6.00 |  | Lemonade Twister | $1.50 |  |
| Assorted Salads - Chicken Caesar, Chicken Noodle,Potato, Bacon and Spinach  | $6.00 |  | Il Gelato Tubs - Vanilla Cheesecake, Mint Choc, Cookies | $3.50 |  |
| Assorted Salads - Greek, Vegetarian Pasta | $5.50 |  |  |  |  |

Prices include GST

Gluten free, Lactose free and Halal options available. To be pre-ordered online or over the counter prior to Recess and Lunch.

**Contact Clive by email at canteen@churchlands.wa.edu.au.**