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**CHURCHLANDS SENIOR HIGH SCHOOL** COMMUNITY NEWSLETTER

**TERM 2/JUNE 2017** 





### **Art Exhibition**

The P & C 2017 "Creating Community" Art Exhibition was held at Churchlands SHS between 26 – 28 May in the Visual Arts Centre. Nearly 300 people attended the opening night where the Principal welcomed guest artist Gail Dell, Member for Scarborough Liberal Party Hon. Liza Harvey, VIPs, community members, artists, staff, parents and students. There were 502 works displayed including paintings, drawings, photography, glass, sculpture, jewellery and textiles. A total of 790 members of the community visited over the whole weekend. 66 artworks were sold raising \$28,561 of which 20% goes to the P & C.

The concept "Creating Community" expresses the difference between this Art Exhibition and many others. It presents artwork from the diverse membership of the Churchlands SHS community, including students, parents, staff members, alumni and their families and friends, alongside the work of local and professional artists.

From its initial showing, when there was a little over thirty pieces of art on display, the committee now has to limit artists to a set number of works due to the popularity of the event. The exhibition further contributes to the school and its desire to engage with the community in a socially interactive manner.

Hosted by the school's P&C Association the exhibition offers the perfect opportunity for professional, emerging and student artists in the Churchlands and wider community to showcase and sell their unique artworks. This exciting exhibition continues to be a celebration of both the diversity of art and the enormous creativity in our community.

An event like this is not possible without the hard work of mostly volunteers. Thanks go to all the parent and teacher members of the Art Exhibition Committee who have given up their time over many months as well as parents who have volunteered to help over the three-day event. A big thank you also goes to staff and students for all their assistance towards the success of the event.



## From The Principal

## As I write this article we are fast approaching the half way point of the 2017 academic year

Up to this point, besides our usual academic pursuits, it has been a year of watching buildings grow, students being confined to limited play areas and being constrained in walkways to and from classes. The latter has been particularly so this term and I would like to acknowledge our students who have shown great patience and restraint in entering crowded walkways and stairwells. It is about to pay off.

I have been assured that the handover of the two major new buildings remains on target for July 14, the last day of the school holidays – that is thirty five new classrooms will be handed over. The building adjacent to Memory Close will house twelve new state of the art Science rooms and four new Arts rooms. Assuming this timetable remains on track, this will enable students currently being taught in Science transportables on the oval to relocate during the first week back. Similarly, the double storey building more centrally located behind the swimming pool will be our new state of the art Mathematics centre boasting nineteen classrooms, each with seventy five inch WiDi connected touch smartboards. Again, students located in transportable classrooms on the oval can move during that first week of Term 3. Student movement across the school will then be greatly enhanced.

A major factor in our planning to accommodate over 3000 students within a few years is the desire to maintain a faculty system for each of the learning areas. Heads of Learning Areas have approved plans put forward to reach this outcome which includes removing three very old transportable classrooms off Memory Close behind our Arts building and replacing them with five new transportable from the oval. This will then enable us to accommodate expected classroom needs for Science, English and HASS by 2020. For next year and possibly 2019, we will have surplus rooms. We will also remove three rows of transportables from the oval. If the current Government decides to make some minor adjustments to its Education Central policy, we could remove even more transportables. During the second half of the year we expect to see the growth of buildings which will be the hub of our new technology centre. At the same time, office redevelopment within the school will be ongoing.

The commencement of 2018 is something that we all look forward to. But as the adverts say on TV "But wait, there's more" and we hope there is in the shape of a new swimming pool under construction.

Since recent preliminary forensic engineering investigation results were supplied to the school, I have completed a Business Case for the Department and BMW on our needs and capacity to build a new fifty metre swimming pool between the tennis courts and the existing pool. Besides the engineering results showing that the area is suitable to construct such a pool, they also indicate that the existing pool on being emptied and resurfaced with tiles, can have an additional thirty-year lifespan. I plan to establish a steering committee to convene sometime in early August to commence the development process once BMW gives approval to proceed. Hopefully this will result in a fantastic "aquatic" precinct for our school and will be available for use by relevant community sporting clubs.

The end of a semester also marks the end of an incredibly busy period for teachers who have been engaged in setting and marking exams, ensuring comparability between classes then completing formal reports to parents on their child's progress. This process will be completed with a parent teacher night on Thursday July 20 and followed the next day with a whole school assembly in our new sports hall to acknowledge high achievers. We encourage parents to attend and further information will be provided on this at a later date.

The school now moves into its 2018 planning cycle with parent information nights for Years 10 and 11, followed by subject selection processes leading to the construction of the 2018 timetable. This enables us to fine tune our recruitment and placement procedures during the remainder of the year.

Neil Hunt Principal



## Associate Principal Senior School

#### **Course Selections for 2018**

#### Year 11 moving into Year 12 in 2018

Year 11 students need to be thinking about how things have gone this year, particularly after the exams, and what courses they might choose for Year 12 next year. Students had a presentation on Thursday 22 June to explain the process. There was also a Parent Information Evening on Thursday 29 June to explain the process.

It is very important that students meet the prerequisites for a Year 12 course to have a reasonable chance of success.

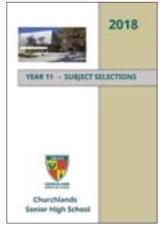
This year we will be using a new system – Subject Selection Online (SSO) to manage this process. Information on this was provided with student reports at the end of term. The Year 12 Course Selection Handbook is now available from our web site



under "Curriculum" and "Senior Schooling". Students and parents should note that students need to achieve a minimum of two "C" grades or better by the end of the year or they will not be able to progress automatically to Year 12.

#### Year 10 moving into Year 11 in 2018

Year 10 students have been working with Mrs Slodecki on their transition program in preparation for choosing courses for Year 11 next year. They have worked on a program called Career Voyage which has helped focus them on future careers and directions. In addition, they have received a copy of the Course Selection handbook and participated in a two-period seminar with Mrs Slodecki. There was also



a Parent Information Evening organized on Tuesday 27 June to explain the process.

As with the Year 11s, this year we will be using a new system – Subject Selection Online (SSO) to manage this process. Information on this was provided with student reports at the end of term. The Year 11 Course Selection Handbook is now available from our web site under "Curriculum" and "Senior Schooling".

#### **Current Year 12s**

While the current Year 10s and 11s are preoccupied with the transition process, the Year 12s have been busy preparing for their exams.





Paul Housley Associate Principal - Senior School



## Associate Principal Middle Secondary School

#### Staff Movement

We would like to congratulate Mrs Karena Shearing on the birth of her daughter in April. While she is on leave Ms Deborah Hoy will be the Associate Principal Middle Secondary. Ms Kim Hudson (Head of Year 10) and Mr Geraint Davies (Head of Year 9) are now located in Student Services. At the end of term Ms Katherine Mosele our Student Support Officer will also be going on parental leave and we will welcome Ms Andrea Stacey who is joining us for second semester.

#### **NAPLAN**

In May the Year 9 students sat NAPLAN. With over 500 Year 7 and approximately 425 Year 9 students, it was a monumental organisational task that went very smoothly. Students who achieve at least Band 8 will be exempt from OLNA in Year 10. We anticipate that we will receive their results next term.

#### **OLNA**

The Online Literacy and Numeracy Assessment (OLNA) was introduced in 2014 for students who graduated last year. Successful completion of tests in Writing, Reading and Numeracy is now required for secondary graduation. Testing occurs each year in March and September for students who have not pre-qualified through NAPLAN.

Of the almost 220 Year 10 students who sat the test in March the majority were very successful with now only approximately seventy five yet to complete one or more tests. We would anticipate that most of these students will achieve the required standard in the September testing. We are providing support for students to assist them in their preparation. Classes will run before or after school by teachers with expertise in numeracy and literacy. Parents will receive emails with this information. Some students will be offered the option of additional support in classes with their teachers.

#### **Exams**

Year 9 and 10 students sat their examinations in week six. Examinations were conducted in English, Mathematics, Science, Humanities, Languages and Music. For the Year 10 students these were their first extended examinations which covered the entire semester's work. Good study habits are essential for good results so this was an opportunity for students to reflect on strategies that worked and what could be improved.

#### Transition to Senior Secondary School

Year 10 students had the opportunity to continue with their Transition Program with two periods in the Concert Hall with Mrs Clare Slodecki our Careers Advisor. Some senior students outlined the various pathways they had chosen showing a range of

opportunities

Examination

available.



Ms Slodecki's presents on Year 10 Transition



Year 10 students at the transition presentation

results will be fed into the Subject Selection Online to provide students with a list of subjects from which they can select their courses for Year 11. This process and other relevant information were also presented on the

Year 10 Parents' Night on Tuesday 27 June.

#### Student Leadership

Marcuz Grainger and Sofie Kerr attended the Rotary Youth Program of Enrichment (RYPEN) camp. This was an opportunity for them to meet other young student leaders. We would like to thank Scarborough Rotary for their sponsorship. The Year 10 leadership group is in the process of planning fundraising and house activities for second semester. Leadership is a focus of our current Business Plan so other opportunities will be made available throughout the year.





Sofie Kerr



Marcuz Grainger



## Associate Principal Junior Secondary School

We have had another very busy term in Junior School with a range of different school activities including Year 7 NAPLAN, Year 8 Academic Extension Coral Bay Camp, Year 8 Examinations, Year 8 Immunizations, Year 7 and Year 8 Lightning Carnivals, Fun Run, Junior Concert, excursions, House activities and the continuation of doing hard work in class



#### Semester 2 Timetables

At the beginning of Term 3 students in Year 7 and 8 obtain a new timetable as some of their classes change so we can cover all areas of the Western Australian Curriculum. English, Mathematics, Science and Humanities and Social Sciences, Health and Physical Education do not change but the table below indicates the courses students cover in Year 7 and Year 8. E.g. If a student did Dance in Semester 1 - Year 7 they will do Art in Semester 2. Please note that Music students miss one of the courses.

Year 7			
LEARNING AREA		<b>TIME ALLOCATION</b> <i>Periods per semester</i>	
The Arts	Dance	2 periods	
	Art	2 periods	
Technologies	Design and Technologies	2 periods	
Technologies Digital Technologies		2 periods	
Year 8			
The Arts	Media	2 periods	
	Drama	2 periods	
Technologies	Home Economics	2 periods	
Technologies	Digital Technologies	2 periods	



#### Student Support

Despite Churchlands SHS being a very large secondary school we pride ourselves on offering excellent support to students and families where required. In Year 7 and 8 the following support staff are available:

Tenille Wright — Ju Narelle Clark — Ju Emma Lawson — Le

– Junior School Psychologist

- Junior School Chaplain

 Learning Support Officer for Junior School

Theresa Adriansz – Learning Support

Teacher

Kate Mosele – Student Support Officer

We also have our Junior School Program Coordinators and four House Coordinators in each year to ensure we can cater for any students who are having any issues whilst at home or school. Feel free to contact any of these people if you think your child requires any extra support at school.

#### Year 7 Enrolment 2018

The school is taking enrolments from the beginning of Term 3 for Year 7 2018. I have already visited our fifteen feeder primary schools and distributed enrolment forms to interested students and hope all forms are dropped into the front office within the first few weeks of Term 3. We are expecting just over 500 students again next year.

Please do not hesitate to contact Ms Campbell, Year 7 Program Coordinator <a href="mailto:lcampbell@churchlands.wa.edu.">lcampbell@churchlands.wa.edu.</a> au or Ms Kitto <a href="mailto:jkitto@churchlands.wa.edu.au">jkitto@churchlands.wa.edu.au</a> Year 8 Program Coordinator in Junior Administration if you have any queries or concerns.

Mr Bernie Dunn Associate Principal - Junior School



## Year 7 Report

#### Term 2 has been another busy term with the fun run, lightning carnival, house activity, NAPLAN and Reconciliation Week all taking place

The Year 7s have approached this term with vigour and we have seen high levels of participation and enthusiasm in all events.

#### **Fun Run**

Week three saw the annual Churchlands Fun Run. This was an opportunity for students to raise money for Telethon for Kids and to gain selection in the interschool cross country team. Students took on the five kilometre challenge and performed admirably in ideal weather. Well done to everybody who raised money and participated in the event. Congratulations to the following place getters for Year 7.

Place	Girls	Boys	
1st	Tess Morris	Kyan Minor	
2nd	Keala Veale	Rory Mitchell	
3rd	Annabelle Jones	Ryan Woolley	
4th	Coco Loveland	Samuel Van Rooyen	

#### Year 7 Lightning Carnival

On Thursday of Week 2, the Year 7s represented Churchlands in their first Lightning Carnival. They had the option to compete in Basketball, Hockey, AFL, Soccer or Netball. The day's focus was on fun and participation and it was pleasing to see that all of the students displayed excellent sportsmanship while competing against other schools. All participants should be proud of the way they represented the school.



Lightning Carnival - Netball

#### Year 7 Leaders

Congratulations to our Year 7 House Captains and Councillors for 2017.

House Captains				
<u>Brighton</u> Tess Morris Jaymon Briggs	Floreat Rishiraj Roy Alice Harwood			
Scarborough Aimee Wills Cooper Stephens	<b>Trigg</b> Amelie Colledge Rafe English			
C	Councillors			
Ella Brinkworth Gabrielle Vasquez Jayden Levi Jackson Ballardin Jemma Fountain	Ruby Bishop Lucy De Leo Jordyn Craft Kirralee Taylor Nicholas McNeilage			



**Year 7 House Captains** 



**Year 7 Councillors** 

## Year 7 Report

#### **National Reconciliation Week**

National Reconciliation Week runs annually from 27 May -3 June. These dates mark two milestones in Australia's reconciliation journey, the 1967 referendum and the historic Mabo decision. The Year 7 Indigenous students and councillors participated in a reconciliation walk at Lake Gwelup.



#### Year 10/11 Leadership Sessions

The Year 10 Peer Mentors have been working with the Year 7s to help them to settle into high school. They have completed two sessions on goal setting and mental health. Over the rest of the year other topics they will cover include organisation skills, effective communication and conflict resolution.





#### House Activity-Capture the Flag

Capture the Flag was a great success for our Year 7s and saw great sportsmanship and inter-house rivalry. The house captains did an excellent job promoting and setting up the competition. The final saw Floreat and Scarborough battle it out in a highly tense affair. It was an extremely close game with both houses having opportunities to win. After full time, the houses could not be split so we needed to decide the winner with a game of paper, scissors, rock. Congratulations to Floreat coming for coming out on top!





Watch this space for next term's house activity!

Meg Howard Year 7 Scarborough House Coordinator



## Year 8 Report



Lightning Carnival - Basketball



Lightning Carnival - Year 8 Basketball



Lightning Carnival - Hockey



Congratulations to the 2017 Year 8 Student Councillors and House Captains

There has been no rest for our Year 8 Student Leaders as they have already attended meetings, represented our school in events, spoken at the last school assembly, acted as student hosts and helped with house activities. So far they have proven to be very worthy candidates.

This term Year 8 students had the opportunity to spend a Friday morning participating in the Fun Run. This was an excellent event with most students running with enthusiasm. Below are the place results for the 2017 Fun Run.

Place Girls		Boys	
1st	Genevieve Stanley	Lucien Philogene	
2nd Emma Putt		Egybert Lin	
3rd	Hanna Beament	Glen Fudge	
4th Charlotte Gale		Maverick Cake	

On Wednesday 17 May students participated in the Year 8 Lightning Carnival. The students were incredibly well behaved and demonstrated good sportsmanship in football, netball, hockey, volleyball, basketball and soccer. It was an enjoyable day for all.



Lightning Carnival - Netball



Lightning Carnival - Footy

## Year 8 Report

National Reconciliation Week is celebrated across Australia each year between 27 May and 3 June. As part of Reconciliation Week Year 7 and 8 Student Councillors and Aboriginal students went to Lake Gwelup to represent Churchlands for the Reconciliation Walk. This walk saw more than 300 people March 2.5km celebrating the rich culture and ongoing achievements of the Aboriginal people. The theme for Reconciliation Week was "Let's Take the Next Steps". In addition to this, Student Councillors each made "braids for bags" to hand out to students in recognition of the week.



Year 8 students Kaiya O'Brien and Ashleigh Ward braiding during Reconciliation Week



At the end of Term 2, students also participated in the 'Capture the Flag' house activity, had their final assembly on June 20 and prepared themselves to move on to Middle Secondary School at the Year 9 subject selection information session.



Year 8 Assembly



Anina Long and Oliver Freeman received the Brighton House Coordinator's Award



Year 8 Fun Run

Overall the Year 8 students have had a commendable first semester and handled their first lot of secondary exams incredibly well.

Mollie McPhail Year 8 Trigg House Coordinator



## Year 9 Report

### A lot has happened since the start of this term

Although we did not participate in the Fun Run, we had the Lighting Carnival, a free dress day, NAPLAN, the exams and many more events! Are you all ready for a break yet? You can see the light at the end of the tunnel! A special mention to our House Leaders and Student Councillors must be made. They have worked tirelessly to organise the Year 9 House Activities and assemblies and have been extremely efficient.

#### **Lightning Carnival**

The Year 9 Lightning Carnival was held on Tuesday June 6th. It was a very successful day with a great spirit among the participants. So much fun! Thank you, Phys Ed Department, for running such a great day!







Year 9 Lightning Carnival

#### **Netball House Activity Day**

In Week 9 of this term, you participated in another amazing House Activity organised by your amazing Student Councillors, House Leaders and Coordinators! This mixed netball activity was taken very seriously by some competitors! Congratulations to the winners and thanks to all who participated.





**Netball House Activity** 

### Year 9 Report

#### **NAPLAN**

Congratulations
everyone for completing
your NAPLAN tests. It
is another challenge
and obstacle that you
had to overcome this
year but you did it with
a smile on your face!
Good news? No more
NAPLAN! Year 9 was
the last year you had
to participate in this



Literacy and Numeracy Assessment.

#### More exams!

You have survived another lot of exams. We know how stressful it can be and we are very proud of you for doing such a fantastic job. Well done! Remember your efforts are always rewarded, so keep trying your best and working hard as we head into Semester 2.

#### Coral Bay Cadet Camp

In Week 8, a group of very enthusiastic students went to Coral Bay for the Coral Bay Cadet Camp. What a beautiful place to be! They made some extraordinary memories in a wonderful location!

#### Student Leadership Day

On May 26th, Blake Longshaw and Thomas Noordzy attended 'Altitude Day', a day full of inspirational speakers, leadership development and networking. They had a fantastic time!

#### Star Year 9s

Well done to all our Year 9 Super Stars on their various outside school achievements (please refer to pages 28 and 29 for details).

#### Coming up...

We know this year group is full of amazing talents! To recognize this, we will organize a Talent Quest in Term 3. Register your interest with your form teacher or House Coordinator!



Christine Fontaine Year 9 Brighton House Coordinator



Blake Longshaw and Thomas Noordzy with presenters at the Altitude Day event.

#### Churchlands YouthCare Council Chaplaincy Dinner

YouthCARE
Supporting WA subout communitie

When: Saturday August 12th 7pm

Where: St Nicholas Church Hall, The Boulevard

Tickets cost \$25 adults \$10 child, available from Gill Kenny

via email at mountainashfarm@hotmail.com



### SIDEFFECT SUBSTANCE ABUSE AWARENESS ORANGE DAY

## Become Sideffect Aware and let's make informed decisions together.

Join in the splift of the day and dress in Orange to make a statement about the tragedy caused by Synthetic and Research Chemical drug use in our schools. The program highlights the dangers and effects when using these substances.

By the end of the day you will be well informed as to what these drugs do to individuals, Families, whole communities and your school mates.

Together we will make a difference by remember ing "One Life One Choice".

Sideffect Orange Day of my School

Sideffect will be hosting a drug overwees day that is guaranteed to educate as all about Synthetic Drugs inc. methomphetomine

"One Life One Choice"

A since in a litetame chance for you to be armed with information to say "No to Bioti Drugs"

Lists look after our makes and say no

SIDEFFECT AUSTRALIA 89 May Street, Subsoco David Hobbis G#17797748 www.sideffect.org.ou





### Year 10 Report

### For Floreat House I have decided this edition to focus on leadership

Of the many wonderful examples of leadership that I see around the school, what better way to describe leadership than to give an example of one of our school leaders. I hope that you are inspired as I am when hearing such examples.

Enjoy!

#### Simon Nakada

Simon Nakada (10-F1)
recently won the Australian
Scout Medallion (ASM)
the highest award you can
earn in the Scouts.

The award is so rare that only a few dozen Scouts

have been able to achieve the ASM in recent memory. It is considered the pinnacle of Scouting and is a milestone in the Scout Organization. Although, in true Auzzie style, Simon is humble about his achievements, I recently interviewed Simon and a copy of his responses are recorded below. In addition please see the link below for his comments when he received the Award.

http://www.subiacoscouts.org/wp-content/ uploads/2016/09/Newsletter-2016.pdf



Simon Nakada with mum

Simon Nakada receiving the prestigious Australian Scout Medallion

We are very proud of Simon's achievements and hope that his leadership will inspire others, which, in fact, all leaders do!

#### What was the name of the award?

Australian Scout Medallion (ASM for short). ASM is the highest award you can earn in the scout section. It is considered the pinnacle of scouting at this stage and is a milestone in scouting life.

#### What did you have to do to get it?

- Participate in a Scout Leadership course and Skills course.
- 2. Demonstrate an active leadership role in scouting.
- Achieve the Adventurer Cord. Adventure Cord is a cord that represents that the Scout has achieved the highest level in scouting. To get it you must complete at least six proficiency skills, three group activities and complete three badges of the highest skill in scouting.

### What's next for you? Are you thinking of becoming a Scout Master?

I am aiming for my Queen Scout Award. The Queen's Scout Award is the highest youth award (age 14 to 18) achievable in the Scouting movement in the Commonwealth realms.

### If you were stranded in the bush – what are the first three things you would do?

- 1. If a normal person was stranded in the bushes they will panic. So the first thing I will do is to calm down and understand the situation. Afterwards, act as soon as possible but stay steady and calm so you won't injure/hurt yourself or your mates.
- 2. Check what and how much equipment (pocket knife) and supply (water/food) you have.
- 3. Then plan the efficient way to survive depending on the situation you are in.

#### Are you a fan of Bear Grylls?

YES! He is one of the people that I admire. I love to watch his show "Man vs Wild" because I can learn how I can survive the wild.

## In your own words – what do you think the Scout Association has done to develop your skills and confidence?

The Scout Association (Scout WA) has let me improved my abilities with language, leadership and a variety of skills. These skills have given me the confidence to show pride to other peers and schooling.

## Year 10 Report

#### Year 10 Transition into Year 11 / 2018

Ms Clare Slodecki Career Development Practitioner, has had Career Talks with all the Year 10s, encouraging them to lead themselves and take responsibility for their own career paths. A number of times Ms Slodecki has commented on how pleased she was with how many Year 10s were coming to her with well researched questions and having a thoughtful discussion about their own career direction. I caught up with Ms Slodecki to ask her a few questions about the Year 10s and setting career goals now.

If you were to tell Year 10s about what to expect over the next two years of school, that is totally different to Year 10, what would you say?

Considerably more hard work and coupled with that a greater sense of independence and responsibility for your own learning.

What has been the best question a Year 10 has asked you in interviews?

How do I get to do your job? What has most

success.

impressed you about Year 10s taking ownership of their future education and career? Having clearly thought about their



Year 10s at the presentation

Ms Slodecki Career

**Development Practitioner** 

#### What excites you the most about future careers and opportunities for our Year 10s?

The world is changing so rapidly...it's an exciting thought to realise that jobs that will exist in five years time may not have even been thought about. There is so much opportunity for this generation to be creative and pursue their passions.



Senior school students stepping forward as leaders to share their experience with Year 10s

What do you say to a Year 10 who has no idea what he would like to do as a career?

Find a passion/passions and pursue it/them. Learn the skills of critical thinking, problem solving and develop the capacity to be flexible in your thinking and accept change. Take responsibility for your own career development, don't let it happen by chance!



Year 10 student mentoring Year 7s

#### **Year 10 Peer Mentors**

A number of our Year 10s stepped up to show the way for our Year 7s. Remember what it was like to be in a new school, new friends, feeling a bit lost? A number of our Year 10s remembered and volunteered to help mentor the Year 7s in settling in to a new school.

#### Roger Harris Year 10 Floreat House Coordinator



## Year 11 Report

#### **Examinations**

This term Year 11 ATAR students sat their first, daunting 2.5-3 hour examinations. Late library sessions were run by Mr Housely where subject teachers gave up their time to further assist students with their preparation. We hope that you are pleased with your results and encourage you to listen carefully to the advice given by your teachers to focus your study in time for the next round of examinations!

#### The Sound of Music Production

This year the school production was expertly executed with some of our outstanding Year 11 students playing lead roles. Congratulations to all staff and students involved in this year's production of The Sound of Music!

#### SAD Talks

As the Year 11 students are thrown into a chaotic world of 3-hour examinations, rigorous study regimes and increased pressure to achieve high marks, it is important to recognise the signs of poor mental health that may develop during the turbulent senior school years. During week 2 and 3 of this term our resident school psychologists, Melanie Hutflesz and Morrison McQueen, ran SAD talks; a presentation to help students identify the signs of poor mental health, distinguish the difference between stress, anxiety and depression and identify some of the ways you can get help and reduce the effects of stress. Students responded very well to the sessions, especially enjoying the lolly snake activity at the end!





#### **River Cruise**

On Wednesday night of Week 7, a large group of Year 11s enjoyed a celebratory river cruise on the Swan River as a reward for all the hard work we have put in for the recent examinations. There was great dancing music provided by a DJ, refillable soft drink, and plenty of delicious food including Crust pizza and Krispy Kreme donuts, a huge hit amongst the crowd!

This year there were several very unusual appearances at the River Cruise, with many of the girls bringing along a baby! Not an actual baby, but a manikin which formed part of an assessment for the Children, Family and Community program at school. It was a big commitment for them to bring these along, but everyone who did, did a fantastic job in looking after them whilst still enjoying the night. Although as Mr Tomlin mentioned, some of these babies may grow up with hearing problems!

Congratulations to Thandiwe for being awarded the best mum of the night, and Branden for the best dad, looking after the babies as the girls flocked to the dance floor! Also, a special mention to Ken Lhendup for being awarded best dancer of the night.

Finally, a very big thank you to Ms Boujous for organising this amazing event and all the House Coordinators and teachers for giving up their time to ensure the night ran smoothly. Everyone who went had a great time. *Thomas Sobey (11-S3)* 

## Year 11 Report









#### Year 10 and 11 Student Leadership

Last year around eighty of our finest Year 9 and 10 students embarked on a two-day camp that focused on developing their leadership skills so that they could become outstanding mentors for the younger year groups. This year, Year 10 House Coordinator Megan Lebihan and Head of Year 7 Lisa Campbell organised for the leaders to go out into the Year 7 and 8 areas at recess time to interact with the younger students. The aim of this program is not only to act as role models, but as someone to go to for advice, as it can be scary starting at a large High School such as Churchlands! This term there are also several programs being run by the leaders, the purpose being to develop the Year 7s understanding of personal reflection, organising and planning strategies as well as advice on how to develop positive relationships with peers. We wish to thank all the student leaders for giving up their time for this incredible program, and in particular special congratulations from Ms Lebihan to Najwa El-Mongi (11-T4) who ran her session with the Year 7s by herself and did an exceptional job!

#### Subject Selection Parent Info Night

The Parent Info Night for Year 11s moving into Year 12 in 2018 was held on 29th June. The presentation gave parents the opportunity to gain an understanding of the process for subject selection, educational opportunities for Year 12 students as well as information in regard to the completion of the West Australian Certificate of Education (WACE).



Justine Watson Year 11 Trigg House Coordinator



## Year 12 Report

### Wow who would have thought here we are staring down at the end of Term 2?

The Year 12s have now completed the first half of their final year of Senior Schooling. It has been a very steep learning curve with the heightened expectations around school work and achievement, but the Year 12s have done an amazing job at tackling all tasks and challenges head on.

Term 2 has been particularly important for the Year 12s, as they have just sat their first round of exams and/or completed their Work Place Learning placement. It is both exciting and stressful times for all students as they navigate the pressures of sitting exams and for others entering the workforce for a full-time two-week block.

#### **Activities this Term**

**Leavers Jackets** – Year 12s received their Leavers Jackets just in time for the hot weather to hit Perth! Luckily, Term 2 has brought some cold weather for them to have their jackets on show.



**Representative** for Churchlands SHS at the State School Cross Country Champs.

- Sarah Hynes won a Silver Medal for the 18+ Girls age group and made the State Cross Country Team. Sarah was the only Senior School student to compete.
- A special 'Thanks' also to Sarah for running as our 'bunny rabbit' for the Churchlands Fun Run.

Paraplegic Benefit Fund – the PBF foundation attended the Year 12 assembly on Wednesday 7th June. PBF Australia has developed a range of inspirational injury prevention programs that aim to reduce the incidence of serious injury at work, on the road and at play. The **Youth Alcohol Prevention** Australia Program aims to:

- Demonstrate the potential consequences of alcohol abuse
- Improve decision making ability and ability to manage peer pressure
- Communicate the impact of serious injury or death
- Encourage a sense of personal responsibility for choices and the consequences
- Encourage young people to be assertive in communicating safe choices to peers.

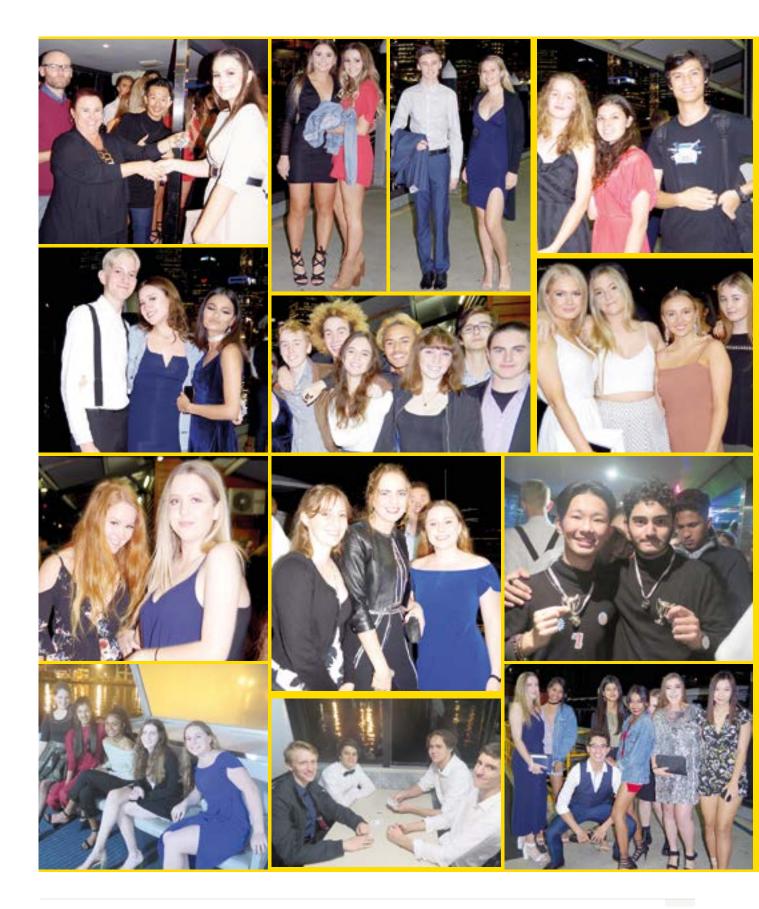
Year 12 River Cruise — OH WHAT A NIGHT! As a reward for completing their first round exams and Work Place Learning, students were invited to attend an evening of dancing and fun upon the 'Captain Cook' along the Swan River from Barrack Street Jetty to Fremantle and back. The DJ played hit after hit, which meant the dance floor was never empty, card playing dominated the upper deck and even a small Nintendo game boy was being used at one stage. The night finished off with a few teacher-nominated awards for best dressed, best dancer, best shoes etc, before everyone departed. A truly great night was had by all.





Bronwyn Carter Year 12 Brighton House Coordinator

## Year 12 Report



### Coral Bay Camp Year 8 AEP

On 1st May just after 5.00pm two bus loads of Year 8 students and six teachers embarked on the 1166 km journey North, to Coral Bay, to take part in the AEP Sustainability Camp

The overnight bus trip took over fourteen hours and we all had to try our best to get some sleep because the program for the week ahead was jam packed.

All students had a chance to swim with manta rays and view the coral reef through a glass bottom boat. They also enjoyed the new underwater scooters and snorkelled over the unique and biodiverse Ningaloo Reef. Apart from manta rays we also saw green turtles, reef sharks, large schools of spangled emperor and an incredible array of other weird and wonderful creatures that call the reef home. This year we were also flooded with a number of jellyfish, but that didn't seem to bother many students!

Although we spent a lot of time in and about the water snorkelling, swimming, making sand castles, and just playing around, it was not all fun and games. There was also work to be done. The theme of the camp was "sustainability". After appreciating firsthand how special and precious the Ningaloo Reef really is, we learnt about how human activities impact on sensitive environments such as coral reef systems. We also looked at the reef and its inhabitants from a scientific perspective by recognising the ways that reef organisms interact with each other. We went on a hike around the area to look at how the Coral Bay community has been sustainably developed and, in some cases, has not. We were also treated to an informative presentation by a research scientist who is a leading expert in manta rays and the Ningaloo reef system.

When the bus pulled into Lucca St at 6.30am on Saturday morning after another 14-hour overnight journey, there were some very tired bodies on board. It had been a full-on five days.

Here are some comments from students about the camp:

An unforgettable, most enjoyable excursion of a lifetime. Endless fun with underwater scooter tours, glass bottom boats, and learning without even realising it. New friendships were made. Sustainability and being eco friendly was encouraged. Overall Coral Bay was an amazing experience that I will never forget. Stephanie Mhazo



Coral Bay was really fun! I met so many new friends that I wouldn't have made if I didn't go and we all got close. The tours were amazing and I got to experience lots of new things that push you out of your comfort zone. Mia Cooper

I would go all over again in a heartbeat and it's an experience I will keep with me for the rest of my life. Erin Young

Coral Bay Camp was fabulous! I had so... much fun, and there was definitely lots to do! Lauren Humphryson

Coral Bay Camp was amazing. It was really fun hanging out with my friends and getting to know people who I hadn't really talked to before. Yoshie Watters







## From the School Psychologist

School Psychologist Tenille Wright and Chaplain Narelle Clark recently teamed up with the Friday Beatz team to promote our recent partnership with Act Belong Commit and becoming a Mentally Healthy School

Getting involved in music and arts is enjoyable, provides a sense of achievement and is a distraction from everyday worries. Listening to music can motivate you to do things you might not enjoy so much, like homework or exercising (Act), it can connect you to like-minded people (Belong) and it can foster individual creativity (Commit). So give it a go and see how your mood improves! <a href="http://au.reachout.com/Music-and-mental-health">http://au.reachout.com/Music-and-mental-health</a>

To find out more about Act-Belong-Commit, visit the website <u>www.actbelongcommit.org.au</u>

Tenille Wright School Psychologist Year 7-9 and Learning Support



Narelle Clark (Chaplain), Ethan Giacomel, Branden Stewart-Richardson, Stefani Turner, Sandra Boujos (Year 11 Floreat House Coordinator) and Tenille Wright (Psychologist)







I would like to thank all the students that went on camp this year. The way that everybody cooperated and applied themselves over the week was outstanding. Special thanks must also go to the teachers Mrs Harvey, Mr Carr, Ms Steadman, Mr Poland and Ms Shead, whose enthusiasm and expertise also contributed to an awesome camp. Well done to all!

Dr Grant Pusey Coral Bay Camp Coordinator

## Sports Running Club

#### **Running Club**

#### Congratulations to Emma Putt of Year 8-S1 for being our second club member to reach one hundred kilometres

To recognise her achievement she was presented with her very own Churchlands Interschool Team singlet with images of our very own runners imprinted on it and the "100km Club" insignia. She can wear this each Wednesday during our running sessions as well as at our interschool cross country and athletics carnivals. Emma's motivation for attending running club is her desire to keep fit and she really enjoys running. Running Club is free and open to any Churchlands SHS student who enjoys long distance running.



Sasha Pomeroy Health and Physical Education

## Community Service Relay for Life







### Relay for Life was a truly inspirational event in 2017!

We took eighty kids, made them raise some money (nearly \$12K!), and then made them run and walk for 24-hours.

The atmosphere is one of calm, strength and positivity. The idea is to spread HOPE and possibly even regroup in the face of cancer.

I am always surprised at the number of people who cancer affects, but I am not surprised that our students at Churchlands are quick to stand up and be counted when it matters.

The team were some of the most caring, well behaved and a pleasure to be around - I was so proud of them.

#### **Special mentions:**

- Sarah Hynes ran/walked 210 laps to win the most laps by a female. That's eighty four kilometres in a day.
- Eric Bhangu Year 12 Raised \$295.65
- Emma Pickering Year 11 Raised \$342
- Isabella Urry Year 10 Raised \$650
- Erin Mitchell Year 9 Raised \$145
- · Yoshi Watters Year 8 Raised \$217

Thanks to all of the staff who were on hand to help out - it was hugely appreciated.

Chris Van Maanen and Sue Wogan Relay for Life Coordinators



## Sports - Swimming Program Coral Bay Camp

#### The Year 9 and 10 Swimming Cadet Program headed up to the sunny days at Coral Bay for the annual Cadet Camp

The camp was an excellent opportunity for the students to witness the Ningaloo Reef system, how it works and how important it is. The students attended talks by both a Marine Biologist and a local environmentalist who has come up with a plan to prevent plastic polluting the planet.

Students were also put through their Surf Life Saving paces. They re-qualified their first aid, surf rescue and CPR.

The annual Coral Bay 2K swim was held and the winners were Ben Waterman and Chloe Green – with Cyrus, Jess, Scotia and Jess breathing down their necks. All sixty one Cadets completed the swim – so well done to all of you.

Thanks to Coach Pauline, Di Wood (parent), Neil Rowse (SLSWA) and Peta Waterman (parent) for volunteering their time for the camp.

#### Chris Van Maanen and Chris Tan Coray Bay Camp Coordinator













## Sports Year 10 Special Athletics





As part of the Athletics Course students complete overall body fitness testing and participate in fitness sessions including beach running, circuit training, hill running and water resistance training (in the pool)















This term our class visited Hi-Octane, Western Australia's premier Strength and Conditioning, Track and Field Training Centre offering high altitude training, EMS technology, "strongman" training, track and field coaching, speed and agility programs and baseline performance testing. Our athletes have never worked so hard working up a sweat with a defence force warm-up followed by a series of circuits involving navy seal rope machines, plyometrics, resistance harness sprinting, sled pushing and other hard core resistance activities. Not only did they really enjoy challenging themselves, students can now apply their knowledge of how to train specific components of fitness to improving their athletics events.

#### Sasha Pomeroy Health and Physical Education



## Sports Specialised Netball

#### **Specialised Netball Tournament**

The Churchlands' Special Interest Netball Program got the ball rolling with over seventy girls participating in the Annual Lower School Specialised Netball Tournament run by Aranmore Catholic College on Wednesday 5 April. The event held at Kingsway Sporting Complex attracted schools from north and south of the river and was a fantastic opportunity for our girls to represent Churchlands Senior High School and gain valuable netball experience. Lower Division teams for the School Sport WA – High Schools Cup were selected from this tournament.

#### School Sport WA - High Schools Cup

Selected Churchlands netballers competed in a day carnival of the Champion Schools competition held on Friday 9 June. To fit in with our busy schedule at Churchlands, we attended a day carnival for government and non-government schools in the Southern Districts at Fremantle Netball Association. Churchlands entered six teams, two in the Lower (Year 8) Division, three in the Middle (Year 9 and 10) Division and one in the Open (Year 11 and 12) Division. All our teams played consistent Netball against schools of a very high calibre.









The two top schools from each zone progress to Interzone finals played either home or away. Results are yet to be confirmed. Congratulations to all girls who represented themselves and Churchlands SHS in the High Schools Cup at such a high level and good luck to those teams who may progress to the next round.

Thank you to our team managers/umpires who volunteered their time to assist at the carnival.

Winners of the Interzone finals will advance through to the Elimination Day carnival at Fremantle Netball Association on Friday 28 July 2017.

Amanda Monaghan Netball Coordinator

## Sports Interschool Cross Country



### Our most successful cross country team to date!

Runners trained hard every Wednesday morning with the top place getters from our school's Act Belong Commit Fun Run making our Interschool Cross Country Team. The day began with a torrential downpour and a silver medal by experienced Year 12 runner Sarah Hynes, and the medals kept coming!

As the sun came out Ben Waterman of Year 10 finished strongly to claim yet another silver medal. In his first secondary interschool cross country Year 7 Kyan Minor also took out the silver. With some races with over 200 competitors from across Western Australia, the championship also doubled as the State Cross Country Championships. Tess Morris of Year 7 crossed the line after three kilometres in ninth place and Chloe Green of Year 10 stormed home to secure fourth in the four kilometre race. All five athletes have qualified for State Team selection, with the opportunity to travel to Tasmania for the Australian Championships in August, an amazing achievement to have so many of our very own Churchlands SHS students in the top ten in WA.



Tess Morris (07-B2) Ninth place



Kyan Minor (07-B5) Silver medallist



Ben Waterman (10-F3) Silver medallist

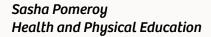


Thirteen years boys Champions Egybert Lin (08-B5), Kyan Minor (07-B5), Rory Mitchell (07-B2) and Ryan Woolley (07-B4)



Chloe Green (10-B3) Fourth place

Special congratulations go to the thirteen years old boys age group consisting of Kyan Minor, Rory Mitchell, Ryan Woolley and Egybert Lin for bringing home the Champions trophy, for their age group! The entire team is to be commended for their upstanding behaviour, professionalism and solid efforts. Special thank you goes to Year 10 students Kate Easton, Kimberley Lo and Bianca Fudge, and Miss Howard for their enormous help to make the day a great success.





Sarah Hynes (12-F2) Silver medallist

### **Sports**

## Act Belong Commit Fun Run

#### It was a warm sunny day on Friday 12th May, perfect conditions for our Act Belong Commit school fun run

Congratulations to all Year 7 and 8 students who ran, jogged, walked and sweated their way through the five kilometre course in the surrounding Churchlands neighbourhood to raise money for the Telethon Kids Institute. Students are to be commended on their impeccable behaviour. Please find the results below.

#### Year 7

Place	Girls	Time	Boys	Time
1st	Tess Morris	20:55	Kyan Minor	18:20
2nd	Keala Veale	21:04	Rory Mitchel	19:07
3rd	Annabelle Jones	21:55	Ryan Woolley	19:17
4th	Coco Loveland	22:43	Samuel Van Rooyen	19:27



Coco Loveland (7B1), Annabelle Jones (7B5), Keala Veale (7S5) and Tess Morris (7B2)



Kyan Minor (7B5), Rory Mitchell (7B2), Ryan Woolley (7B5) and Tess Morris (7T4)

#### Year 8

Place	Girls	Time	Boys	Time
1st	Genevieve Stanley	21:16	Lucien Philogene	18:43
2nd	Emma Putt	21:26.23	Egybert Lin	18:50
3rd	Hanna Beament	21:26.79	Glenn Fudge	19:14
4th	Charlotte Gale	21:26.92	Maverick Cake	19:32



Emma Putt (8S1), Charlotte Gale (8B2), Hanna Beament (8F4) and Genevieve Stanley (8B5),



Lucien Philogene (8S5), Egybert Lin (8B5), Glenn Fudge (8F4) and Maverick Cake (8S1)

A big thank you to the following people:

- Chris Hazeldine from Timing Solutions for the very professional timing chips. Students may check their own times on the Timing Solutions website.
- The P & C for the donation of delicious fruits consumed at the finishing line.
- The Act Belong Commit Committee for their support of the event.
- The Physical Education Department for the organisation and running of the event. Students are reminded to please return their forms and money to their PE teacher awaiting the awesome prizes from JB Hi-Fi.

Sasha Pomeroy Health and Physical Education

### **Sports**

## Senior Boys Basketball

Our Senior Boys Basketball team commenced their season early in Term 1, in a newly formatted fixture that saw the students compete against a multitude of highly talented teams including Shenton College, Aranmore Catholic College and Perth Modern School

Churchlands Senior Boys Basketball team



Quarter final action against Corpus Christi College



Student cheer squad

Throughout the season the students endured many highs and lows including a narrow one point defeat in our first game of the year. Since that game, we've gained significant impetus and worked tirelessly to finish on top of the pool to round out term one.

It has been an outstanding elimination final series that's included a one point win against a very skilled Mazenod College team and most notably a two-point nail biting win in a riveting quarter final clash against Corpus Christi College, in what was arguably one of the largest ever attended Basketball games at Churchlands SHS. I cannot be prouder of what this team has accomplished thus far.

We now shift our focus to the upcoming Semi-final Clash against close rival Newman College as we try to go one step closer to reaching our goal of All School State Basketball Champions!

#### Robert Cross Basketball Coordinator



Mr Cross coaching the team during timeout



Team spirit!

## Calendar Term 3

#### **EXAMS/WL**

31 August - 6 September Year 12 Practicals
4-6 September OLNA (catch up day 8 September)
8-19 September Year 12 Exams
11-22 September Year 12 Workplace Learning

	17 July	Students return to school	20 August	WA Government Secondary
ı	20 July	Parent-Teacher Interview		School's Choral
ı		Years 7-12 (4pm-7:30pm)	21 August	MPC Meeting
ă	21 July	Whole School Assembly	21-23 August	Media, Dance and Drama (MADD) Night
9	23-26 July	Jazz Camp	22 August	Year 8 Athletics Carnival
ı	25-27 July	Course Selection Counselling for	24 August	Year 7 Athletics Carnival
ğ		Year 11s moving into 12	25 August	Senior Concert
8	26 July	Years 9-10 AIME Program Day 3	28 August	Ski tour parent/student meeting @ 6pm
8		Chamber Concert 3		Health and Well-Being Expo
3	27 July	Australian Maths Competition (AMC)	30 August	Chamber Concert 4
a	28 July	Year 7 Student Leadership Session (5)	24 4	Years 9-10 AIME Program Day 4
	•	Years 7-12 Interschool Netball	31 August to	Junior Band and Orchestra Festival
3	1 August	Competition ICAS English Years 7-10		School Tour @ 9.30am
8	1 August	Jazz Night at Ellington		Year 8 AEP English Young Writers Day
ä	1-3 August	Course Selection Counselling for	7 September	PD Day; No Students
3	1 3 August	Year 10s moving into Year 11	9 September	
3	1-15 August	Akashi Nishi Visit		P & C Meeting
3	1 13 / tagast	(Japanese Exchange Students)	•	Intermediate Concert
3	4 August	P & C Quiz Night	14-16	
3	0.22	School Tour	September	Year 11 Biology Camp
3	5-6 August	Combined RASWA/CSHS Concert	•	Junior Concert
3	7 August	OPUS Concert	16 September	AUDITIONS: Strings, Brass, Woodwind
	-	Year 12 Personal Planning		and Percussion
8		Interviews with Ms Topley/Ms Slodecki		MPC Meeting @ 7:30pm
3		(ends 1 September)	19 September	Year 7 Student Leadership Session
3	8 August	Year 9 AEP English Youth Literature Day		Year 12 Languages Class Dinner
8	9 August	Year 10 AEP English Young Writers Day	20 September	Years 7-10 and Opens 7s Rugby
3	13 August	Essentially Ellington Festival		Tournament
ŝ	44 A	Jazz Festival		Senior Boys Water Polo Tournament
	14 August	P & C Meeting	24 C	Year 12s return to school
	15 August	Year 12 Music Recital Night	21 September	Year 11 Physics Excursion
ğ	16 August	Junior Ensembles Workshop Years 10-12 Athletics Carnival		Ski tour student pre-departure meeting Senior Girls Water Polo Tournament
ğ	10 August	Years 7-8 AIME Program	22 Santambar	NZ ski tour departs (return 2 October)
Ĭ	18 August	Year 9 Athletics Carnival	22 September	END OF TERM
	•	Classical Guitar Ensemble		(students return 9 October)
-	17 20 August	Classical Guitar Enscribte		Jacadenia retarri > October)

## Student Achievements Congratulations





Congratulations to Lukundo Simbile (11-S1) and Tristan Schoolkate (11-T3) for defeating Victoria after a 14-year gap and winning a silver medal for the WA in the U/19 2017 Pizzey Cup Tennis in Shepparton VIC in late April.

Tristan also won the Australian Singles and was selected into the All Australian team - the last time a WA boy won the Australian singles was in 1997.



Cooper Mason (8-B2) won a bronze medal in the U14 National Water Polo Championships in Queensland in April.



Flynn Mason (11-B1) represented WA in the National Open Water Swimming Championships in late January and placed 8th for his age group U15. Flynn also won the overall WA Open Water Swimming Series for the 2016/2017 season for U15s in March. (Picture with former Olympian Libby Trickett; gold medallist in the 2012 London and 2008 Beijing Olympics.



Tayha Doncon (09-S3) for representing Australia in the Australian Open Show Ski in New Zealand. Tayha also represented WA at the **National Championships** of Show Ski in NSW with the team coming 2nd. In April she came 3rd overall in her age division at the National Barefoot Championships.

Indiana Squance (09-S3) participated in the Australian Women's Gymnastics championships in Victoria



Michael Mayne (10-S2) represented WA at the National Age Springboard Diving Championships in Adelaide in April.





- 1. Kimberly Lo (10-S3) participated in the 2017 State Chinese Background Student Story Telling Competition in April and won 3rd place. This is a great achievement, well done!
- 2. Ruicheng Su (9-T4) participated in the 2017 State Chinese Background Student Story Telling Competition in April.
- 3. Ryan Pottier (9-S1) participated in 2017 State Chinese Speaking Competition in April.



Alec Munro (09-F4)participated in a Trampoline National Competition





Brayden Johnston (09-S2)received state titles for racing radio control cars.

## Student Achievements Congratulations





#### The Pierre de Coubertin Awards

The Pierre de Coubertin Awards recognise Australian students who embrace the Olympic Spirit in both their sporting pursuits and community engagement.

Year 12-F2 Sarah Hynes was a worthy recipient this year, and the award recognises her commitment to the school, community and her sport. Sarah received the award at The Pierre de Coubertin Academy Day in June.

Sarah competes nationally in cross country and athletics. She also represents the school for both swimming and athletics.

Sarah has been a part of the Relay for Life Team for five years – raising money each year. This year she completed the most laps by a female in a 24-hour period.



Katrina Tap's (11-S4) short film Sold has been selected for screening in the Perth International Arts Festival this July. This is a fantastic achievement and a testament to Katrina's creativity, artistic skills and hard work. Visit revelationfilmfest.org for screening details.



In 2000, WA shared the Interstate Golf Series win with NSW but not this year. Under the superb captaincy of Fred Lee (12-T1) the 2017 WA Junior Boys team took out the win after six matches played over a week. Fred was the top-ranked junior nationally in 2016 and lived up to his growing reputation. He played all six matches at number one, and lost only once in a clash against Canberra. In one match Fred had nine birdies, seven in the first 12 holes and five in a row at one stage. Congratulations also must go to Fred gaining an athletics scholarship to Stanford University in America starting next year.



Seria Hasabe (09-S3) competed in the 2017 Georgia Hope Foundation Australian Swimming Championships.



Lewis Nickels (08-B1) has been selected to participate in the Australian Taekwondo Team competition later in the year.

Yuta Uemoto (08-T5) through the State Little League Championships represented WA in the National Little League Baseball Championships to be held in Lismore NSW 7-12 June.





Caitlin Adriansz (08-B4) has been selected to travel with the Australian Girls' Choir on its 19th national tour to Victoria and Tasmania as part of their two-week tour. Events include workshops with schools and choral groups at each stop, performing at Tasmania Sings – Festival of Voices, and entertaining audiences at Government House in Hobart, hosted by Kate Warner AC.

## Student Achievements Congratulations



Maria Swan (09-T2) and Saya Middleton (09-F2) competed in Judo and received State Medals.

The WAIS Gymnasts have continued to excel with some great results at the National Gymnastic Championships held recently. Isabelle McQueen was a strong contributor to her Under 13 years team winning Gold, with individual second place on beam, floor, overall and third on bars.

The Under 14 years team consisting of Grace Barry, Sophie Mahoney, Sophie Prince and Maddy Verdon placed 3rd overall. As a result of her performance Sophie Prince was named in the Junior National Gymnastic Squad for 2017-2018.

Niamh Collins competed in the Open division to help her team win Silver with her fourth placing on floor. This places her in a strong contention for Commonwealth Games Team selection next year.



Brothers Maxim Pare (09-B1) and Gabriel Pare (10-B2) represented WA at the National Championships of Rock Climbing in Melbourne May 19-21 - Bouldering, Lead and Speed.

Gabriel achieved great results in his category Youth A and Maxim came 3rd in Bouldering, 2nd in Lead, 2nd in Speed and 1st all combined disciplines in category Youth B. Maxim has been invited to be part of the International Team.



Isabelle McQueen (08-B1)



Niamh Collins (11-S3)



Sophie Prince (09-T1) receiving her certificate for National selection



Luc Van Niel (07-S2) participated in the 2017 Australian Men's Gymnastics Championships in Melbourne May 21-28 and won the bronze medal in the Level 7 men's Under 12 category.



Sophie Mahoney (08-B3)



**Grace Barry** (09-T3)



Maddy Verdon (09-T3)



Joel Western (09-S3) was Most Valuable Player for WA and at the AFL Diversity Championships.



Renee Rechichi (11-F1) represented WA in the 2017 Water Polo Team in Noosa Queensland 21-26 May.

### English Journalism

## Journalism is a new elective available at Churchlands (introduced in 2017) for Year 10 students and hopefully other year groups sometime soon

It is currently offered in Semester One run by Ms Chapman, who has experience in the Journalism broadcasting industry. The Journalism elective gives you the opportunity to learn how to write, produce and present news stories, compare news mediums, meet people with experience in the broadcasting journalism industry, and to view the production of news, with visits to places such as the Channel Nine News Studios and the ECU campus. This semester throughout the Journalism course, we have been taught by those with expertise in the field. We have been able to explore career options and have been able to make links between school and the journalism broadcasting industry.

#### Visiting lecturer

We were lucky enough to be paid a visit by ECU lecturer David Smith Monday the 27th of March this year. Mr Smith began radio broadcasting in 1979 at BBC UK, which led him to TV broadcasting at Sky News, the ABC, and Channel 9 News, and then onto sports commentating. Now he mainly teaches but is involved with broadcasting on occasion and is lined up to commentate on the Commonwealth Games next year. He has been teaching for the past thirteen years and he told us that he got into teaching because 'there is nothing better than passing on knowledge and skills to young people and seeing them take their place in the industry'.

We asked him what are the three things that people are interested in pursuing journalism as a career need.

'The first is you've got to be inquisitive – you've got to want to know things. Secondly would be that you want to be a storyteller, that you want to bring information to people that they don't necessarily know. The third thing you've got to enjoy is communicating, and that you're not going to worry about the fact that you're in the spotlight because you're telling people things because it's more important that people know the truth rather than being ignorant.'

Having him at Churchlands to share his many years of knowledge and experience was extremely beneficial and just one of the high points of the ongoing journalism course this year.

Article by Felity McNeilage and Michelle Miotti Year 10 Journalism Students



Mr David Smith lecturer from ECU sharing his expertise with Year 10 Journalism students

## Humanities and Social Science (HASS) Year 10 Mock Trials

#### **Mock Trials Competition**

On 10 May at the Supreme Court of WA, the Churchlands Mock Trials teams participated in a challenging second round of the 2017 Francis Burt Law Society Mock Trials Competition

We experienced, yet again, some excellent success, with one of our Year 10 teams winning against a Year 12 team from Santa Maria. Ella Clark, Julian Ditthardt

and Michael Biddle deserve special mentions for their outstanding contributions as barristers and solicitor. Round 3 of the competition will take place in the Supreme Court of WA from 6pm – 8pm on Tuesday the 20th of June.

Bree Carter
Politics and Law Teacher

## Humanities and Social Science (HASS) Year 12 Geography

#### Fieldwork Day

CARINE SHS
CHURCHLANDS SHS

Late in Term 1 an excursion was organised (in combination with Carine SHS Geography class) to the Huntly ALCOA mine site, Pinjarra so the Year 12 Geography students could get into



Checking out the conveyor belt at Huntly mine site



Geographers in the field at ALCOA

the field and study the land change process of mining and the extensive rehabilitation program that occurs post mining. The ALCOA mining company has mined and refined bauxite within the jarrah forest area of the Darling range since 1961 and are legally obligated to restore and rehabilitate the natural environment under various government acts. It is an excellent site for the students to visit due to this.

Following ALCOA the bus headed to Beeliar Wetlands, Bibra Lakes, to view the revegetation projects that have been in operation since 1985, in order to restore the

area to its original state. Due to urban and agricultural activities, the Beeliar wetlands had become severely degraded.

It is always an advantage to get the students out of the classroom and into the field to observe, record, field sketch and understand first-hand the processes and patterns taught as part of the course.



Students consider rehabilitation processes



Trucks loading the bauxite to take to the crusher



Restoration areas at Beeliar Wetlands

Esther Luce, India Sadd and Thisbe Armanasco with our endangered friend



#### **Carnaby Black Cockatoo Incursion**

Recently the Year 12 Geography class got up close and personal with Lacey, the endangered and beautiful Carnaby Black Cockatoo. While studying the effects of land cover change we looked into Western Australia's

'Carnaby's Black Cockatoo Recovery Plan' which involves an approach to land cover restoration that is designed to protect important habitats for this endangered species.

As part of this restoration plan to protect and increase the numbers of cockatoos, we invited the Kaarakin Conservation Centre (recently seen on the news) to educate us on their part of the process to ensure the future of these majestic birds.



Lacey the Carnaby Black Cockatoo

The Carnaby's Cockatoo, along with several other species is at risk due to the loss and fragmentation of its primary woodland habitat within South-West Western Australia, due to clearing, grazing and burning.

Leeana Manifis-Gott Geography teacher

## Library Happenings

#### **Makerspace**

Friday lunchtimes are a hive of activity in the library with students building, creating, investigating, and making all kinds of things using circuit boards, Lego, Playdoh, loom bands, beads, cardboard and a range of

new electronic products (Spheros, Lego EV3 Robot etc) kindly funded by the P&C. They will certainly increase the



Purchase made with P & C funding

range of activities available to students. Thank you.

Churchlands SHS has recently become a Mentally Healthy School and Makerspace at Churchlands supports the ethos of the Act-Belong-Commit campaign. Students of all ages are welcome to come to Makerspace and work together, or alongside each other, on a range of activities. Student creations are often displayed in



the library. Come in and have a look... you may end up hooked!!! (Yes, you can even crochet!!!)

Students participating in Makerspace





#### West Australian Young Readers' Book Award 2017



West Australian Young Readers' Book Award 2017 is

here!!! (WAYRBA is a state wide, readers' choice award for young readers.) Each year, students from across Western Australia are encouraged to read and vote on books across three categories.

The books in each of these categories have been nominated by students throughout Western Australia. Each nomination must have been published in the last five years and may be written by a living Australian or overseas author. The books on this year's lists are fantastic and we encourage all students to participate, either through their

Reading Program and/or in their own time. (Students are also encouraged to nominate books they would like to see on the 2018 reading lists.)

The votes are recorded and the top readers in each year group are rewarded at the end of the competition with a yummy morning tea and book vouchers. The votes are also forwarded to the WAYRBA committee and included in the final tally to see which books in each of the categories are the winners for 2017.

There are several West Australian authors nominated who are eligible to win the Hoffman award, including Norman Jorgenson, Dianne Wolfer, James Foley, Sally Morgan, Sally Murphy, Mark Greenwood, Kylie Howarth, Chris Owen and Chris Nixon. This is an additional award designed to support local authors.

read over the holidays!!!

Many students have already started reading ... but there is more than enough time to catch the leaders. The competition closes on 8 September, 2017. Come in and get a novel or two to



Older reader list





Picture book list



Younger readers list

A SCHOOL OF OPPORTUNITIES

33

# Languages French Study Tour



## Languages French Study Tour

On Thursday 30 March sixteen enthusiastic students and three equally enthusiastic staff voyaged a short thirty hours to Nice on the French Riveria where we stayed with host families from Sasserno High School

The Mediterranean sun shone brightly for our ten day stay as we visited the Cotes d'Azur from Cannes to Monaco and all the incredible villages in between. On 10th April we headed to beautiful Paris to visit the amazing sights including the Eiffel Tower, Notre Dame and Versailles. We also spent a day at Parc Asterix and ate some lovely French food (including les escargots bien sûr). A big merci to everyone involved and a special merci to Monsieur Tomlin for his photography skills while on tour.





# Languages Japan Study Tour

## The last week of Term 1 saw thirty eight students and four teachers head off on the Japan Study Tour



This tour was a fantastic way to experience everything we have ever imagined and heard about Japan — squeezing onto the Tokyo subway trains, being awed by the speed of the Shinkansen, throwing snowballs whilst viewing snowcapped Mt Fuji, understanding the bombing of Hiroshima, being amazed by the beauty of the cherry blossoms, overindulging in Japanese cuisine including Sushi and Ramen, engaging in Japanese conversations, attending school at Akashi Nishi and experiencing Japanese culture with our amazing host families. This was a trip where memories were made and friendships cemented.

#### By Steven Zhang (12-F4)

Japan tour was absolutely an incredible experience that I will never forget. Before I went to Japan for the first time, I was always looking forward to find out what the Japanese culture is really like. During the tour, I was surprised by the richness of the culture and the kindness from Japanese people that I never expected. Everything was so fresh to me - the heavy human traffic in the train stations in Tokyo, the delicious street food in Osaka, and the amazement in Universal Studios Japan. Despite all that, the most important and valuable time I spent there was with my host family. I actually felt that I was at home. There was one specific thing that I still remember - one rainy day, my shoes got wet and my host mother wrapped my shoes in newspapers so that I could wear them on the day after. It was a hard moment to say goodbye to them. I think one day I will go back to Japan again and I'm desperate to pay another visit to my host family.

By Michael Humphryson (10-F4)

Japan was incredible - from modern Tokyo and the never ending CBDs, Kyoto's culture, to Hiroshima's peace museum; a repeated contrast between traditional and modern day Japan. On every block, skyscrapers, shrines, 7-Elevens, Starbucks, no bins and many vending machines. For me, there were three highlights - the Ryokan, Universal Studios Japan and the family stay.

After about four days, we thought we knew each other well. Then we stayed in a Ryokan- a traditional Japanese Inn. We slept on futons (a big sleepover), ate on our knees and experienced an onsen. However, the tour group learned quickly of its true definition- the final ice breaker.

Other than the abnormally long queues (one was three hours) and outrageously expensive souvenirs (\$50 plastic wands), Universal Studios Japan was a blast.

Harry Potter, Jurassic Park, Jaws, Despicable Me. You name a Universal movie and there's a ride for it. To end the day with a bang, we all had "very traditional" pizza for dinner.

Then there was the family stay. One of the most memorable and unique experiences any of us could'ue had. To be part of a family that is culturally different was an experience of a lifetime.



# Languages Japan Study Tour

By Chloe Tarbox (10-T4)
Japan was one of my most
anticipated moments on my
bucket list. By the time I'd said
goodbye to my family without a
single tear and sat waiting with
my friends playing some sort
of card game, the whole idea of
'I'm going to Japan' still hadn't
really sunk in yet. Even on the
plane to Singapore for our stop
over, where nearly none of us
managed to sleep, I still hadn't
really comprehended that I was
going to Japan.

In Japan, I spent many special moments with old and new friends. Eating ramen outside the convenience store in freezing weather, the onsen, getting through Tokyo station in peak hours, drinking absurd amounts of juice and the multiple times we marvelled at the convenience and wonder of the abundance of vending machines on Japan's streets. Looking back at all of these moments I miss Japan, especially the price of its food, but I'm also happy to know I got to spend those two and a half weeks learning and making new friends.

Megan Lebihan Japan Tour Team



Students in calligraphy class



Welcome assembly at Akashi Nishi



At the Universal Studios Japan





Cherry Blossoms in bloom



Buddhist Temple "Kiyomizudera"



# Languages China Study Tour

### China 2017 study tour was undertaken by seventeen students, accompanied by Mr. Adrian Lee and Mrs Yu Xiao

The exciting two weeks journey covered culture tours in Shanghai, Suzhou and Beijing and sister school visiting in Hangzhou.





During the three days' tour to Shanghai, we had a river cruise along the Huangpu River, enjoyed amazing views up a 360m skyscraper, seen ouer 3000 year old artefacts at the museum. We strolled along

Nanjing Road and the old Shanghai Cheng Huang Miao and watched an incredible acrobatic show at the Shanghai Theatre. One of the highlights in Shanghai was a fun day at Disneyland and the students certainly made the most of it. We arrived at 8am and left at 7pm with smiles on our faces. Shanghai Disney is the world's largest Disneyland and the most modern one too. Students were excited and the rides were fantastic.



In Hangzhou we received a warm welcome from our sister school Xia Yan School. Students learnt to make dumplings, Chinese paper art, played a friendly volleyball game and attended a range of academic classes. The home stays with host families have been

a wonderful experience for our students. We have heard nothing but positive comments from the students. The farewell showed that strong friendships were made because of the great care our students received from their host family throughout the stay. There were smiles, hugs a few tears and sincere gratitude shown by our students.



Formal lessons in Xia Yan sister school



Chinese Peking duck dinner



# Languages China Study Tour





Learning Tai Chi martial arts

In Suzhou we enjoyed a canal boat ride through an older area of the city, along the Grand Canal. It was fascinating to see a way of life that has largely remained unchanged for a century. We also visited the Humble Administrators Garden (Zhuōzhèng yuán), a UNESCO World Heritage Site and one of the most famous of the gardens of Suzhou.

In Beijing we visited Forbidden City, Temple of Heaven and the Summer Palace, the panda house in the zoo and watched Kung Fu Show in the theatre. To discover the back alleyways of the city called 'Hutongs' on a guided Rickshaw Tour. These alleyways are where Chinese life can be seen at its most typical and traditional. Of course, we climbed the Great Wall – a must do for anyone travelling to China.

We had great food and great shopping. Our students managed to use their Chinese language skills to get good deals like the locals do (They could bargain down a price to a fraction of the marked price!). It was great fun.

The tour will be an unforgettable experience for all involved. The friendships established during the trip will ensure that many more students from both countries will enjoy the same opportunity for many years to come.

Susan Wei Chinese Language Teacher



Visit to the Great Wall



Making noodles



Learning the process of making green tea



Resting at a courtyard house in Beijing



**Exploring Shanghai city** 

# Humanities and Social Science (HASS) Greece Study Tour

After the success of the Churchlands Greek Tour in 2015, another one was organised last year with fifteen Churchlands students signing up to go on an eighteen-day tour of Greece to assist their studies in Ancient History

On the 6th of April, Mr. Casey (me), Mrs Manifis-Gott, the fifteen Churchlands SHS and nineteen Shenton College students all met at Perth Airport to begin our adventure.

We started our trip properly (after nearly twenty four hours of travelling and a short sleep overnight in Athens) with a big day out seeing some of the most iconic parts of Athens – notably the Parthenon that sits atop the Acropolis. Seeing the Parthenon was one of the highlights of the trip. We also saw other incredible sights such as the Temple of Zeus. That night dinner was a many-course Greek experience in the busy district of Plaka, where some students even got up to give Greek dancing a go!



Sunday the 9th of April we visited the most impressive museum of all – the Athens Archaeological Museum. The museum was a maze of artefacts from over 1,500 years of Ancient Greek history. Seeing so many of the important ancient relics that we look at in class was very exciting. Dinner was in the less known hotspot of Psyrri where we enjoyed some quality local food. Through some encouragement even more students stepped up to partake in Greek dancing!



Day four we left Athens behind (for now) for a long bus trip snaking through Greece. We went north to the plain of Marathon first, then started our trip south to Tolo. On the way we stopped at the monument to the Battle of Salamis that commemorates the defeat of the Persian invasion fleet by the united Greek fleet. Nafplio, a heavily Venetian influenced town, was another great stop on the way to Tolo where we stayed the night.

From Tolo we explored the southern Peloponnese — notably the huge palace of Mycenae. Despite the hundreds of bees who hang out in the huge beehive shaped tombs, and the staggering height of the citadel, we spent hours exploring the vast palace. Some of the students and their new found Shenton friends swam in the cold waters of Tolo beach once we returned. Holly, one of our Year 11s, was lucky enough to have her birthday in Greece today, which is going to make it a hard birthday to beat in the future!

Wednesday the 12th was a bit of a departure from the typical Ancient History fare. Our great bus driver Niko drove us nearly to the top of the Byzantine mountain fortress of Mystras. We explored the many layers of this huge fortress filled with the magnificent Orthodox Churches covered top to bottom in religious iconography. From there we drove to the tangled labyrinth that is the Lake Caves of Diros – one of only three large flooded cave networks in the world. From there we enjoyed a nice rest in Gythio with plenty of pizza!

The next day we were right back into our Ancient History with a tour of the Mycenaean palace of Pylos. From Pylos itself we could see the famous Bay of Navarino, which is where we would be the following day. A great seafood dinner by the coastline in the modern day town of Pylos got us prepared for our next big day.

# Humanities and Social Science (HASS) Greece Study Tour

Nearly halfway through our tour, we woke up ready for an exciting boat ride around Navarino Bay. We climbed up over a hundred steep stairs etched into a cliff face to see some spectacular views from one of the smaller islands, before going to Sphacteira where Mr. Casey played tour guide. From there we made a quick stop at the impressive coastal castle of Methoni, which was sadly closed, then began our long bus drive all the way to Olympia.

We spent the Easter Weekend in Olympia where students and teachers had plenty of time to explore Olympia, relax around the hotel, go for a swim or play cards. On Saturday we went for a great tour through the archaeological site of Olympia – home to the Ancient Olympics. That night we went to a midnight Orthodox Easter celebration at the local church – which had way more fireworks, bells ringing and small children running around with firecrackers than we were expecting! On Sunday we enjoyed a traditional Greek Easter lunch – an entire lamb grilled on a spit. We all smashed our red eggs together, celebrated Easter and then got back on the bus and into Delphi – where we enjoyed a great dinner hanging off the edge of a cliff before heading in for a well earned rest.





Delphi is perched high up in the mountains and the archaeological site itself is many layers of temples, treasuries and

even an ancient stadium. The students learnt a lot from both the tour guide and Mr. Casey about the mystical activities that occurred there. After Delphi we went back to Athens to say farewell to the Shenton SHS students and teachers as they departed for Rome, whilst we headed for the port to get on our ferry to Crete.





Crete contained one of the best sites yet - the Minoan Palace at Knossos which is roughly 3,500 years old. Knossos is an extensive archaeological site of a multi-levelled palace which has been partially reconstructed and sparked a lot of interest – it may have been one of the few major civilisations in all of history to be ruled by women. We then finished the day in the mountains of Crete where the god Zeus was supposedly born and raised.

On Wednesday the 19th we visited the famous Matala Beach. It was a sunny day and the students were excited to swim — even though the water was freezing! To finish the day we visited a traditional Cretan village, ate some great food and watched some Cretan dancers dance on things like chair backs and glass bottles! We were lucky enough to run into the dancers after the show, one of them even showed Malik how to stand on a glass bottle.

The next day we were in Santorini and spent most of our day visiting the Minoan site of Akrotiri. Akrotiri dates back 3,500 years to the huge Theran volcanic eruption, which sank the island of Santorini into the sea and buried the site of Akrotiri. To this day it is still being excavated, the entire site was covered indoors to protect it and it was very interesting seeing all the works-in-progress from the local archaeologists.

# Humanities and Social Science (HASS) Greece Study Tour



Friday the 21st we sailed to the centre of the volcano, which sits in the middle of the islands of Santorini, then climbed to the top of the volcanic rock that still sits from the eruption that destroyed Akrotiri. Some students then swam in Palea Kameni, a cove where the heat from the volcano warms the waters. We then climbed 350 steep stairs and spent time exploring the town of Oia. The following day, and our last, in Greece was a morning of free time in Athens. Everyone explored, grabbed their own Greek lunches, and did plenty of shopping. As much as we loved our amazing trip in Greece, by now everyone was looking forward to getting home and being reunited with friends and



I'd like to thank Leeana Manifis-Gott, the impeccably behaved students, the supportive parents and the brilliant Connie White for organising this entire trip for us and helping us along the way. Lastly, and most importantly, I'd like to thank Deb Fraser for being the one who created the entire idea of the Greek

Tour, who made this one happen and who unfortunately through no fault of her own had to pull out of the trip at the last minute.

After now two successful tours to Greece for Ancient History, I have no doubt there will be a third coming up!

Athens was amazing with so many little shops and restaurants to enjoy not to mention the amazing sites. The Acropolis DUH. Crete was beautiful and so was Santorini, even though it was rainy and cold. All of the amazing museums and not to mention the detailed pottery are things I'll never forget. I would definitely recommend this amazing tour. Ruby Mackay (10-B2)

The Greece Tour was an amazing opportunity for me to enrich my knowledge of Ancient History and seeing everything first hand was incredible. Greece's iconic landscape and picturesque beaches was definitely a highlight. I loved experiencing the Greek Culture, which was full of dancing, food and the word "Opa!" Easter in Olympia, swimming in Crete and the donkey ride in Santorini was unforgettable and the fact that I got to make life-long friends along the way was the best of all. *Nicole Kostova 10-B4* 





I really loved embracing the different culture and doing the traditional dances and trying new foods. Was a surreal experience, going to the sites and really getting to know everyone. Yasmin Snowden 10-T2

The purchasing of ten books was obviously the highlight of the trip. I also enjoyed swimming in the freezing Libyan Sea and even though everyone seemed to sleep on the bus, they weren't that boring for me due to the beautiful scenery. Greece yet again never ceases to amaze me. Alex Celenza 12-S3

My highlight for the entire tour was visiting the island of Santorini. Seeing its amazing buildings, especially the churches with their blue domes, walking on the small nearby volcanic island of Nea Kameni and visiting the archaeological site of Akrotiri was incredible. Enjoyed every minute of it. *Malik Arslanagic 12-B2* 

GREEK FOOD...that was beyond a doubt the pinnacle of the tour! And with enough drama to fuel seven seasons of Keeping up with the Kardashians, thank Zeus I bought a mega tub of popcorn (on-the-road snacks were a MUST). Isabella Shephard 12-S4

James Casey Ancient History/Philosophy/HASS Teacher

# Churchlands Community Service

## Since the last newsletter our students have been busy volunteering at a range of school and community events

In late March ten Year 10 students attended the "Beyond the Classroom" workshop run by the Salvos, to learn about the work this organisation does in the community, particularly with helping the homeless. During the day, our students and those from three other schools took part in several scenarios/games which demonstrated how easily people can fall into the poverty trap, through no fault of their own. Lunch for the day was provided by the Salvos Food Van which feeds the homeless every evening. As a result, back at school, the students organised a free dress day, which resulted in a \$2000 collection, which will be greatly appreciated by clients of the Salvos and at the time of writing, are organising a "hygiene pack" drive, for the last two weeks of term.

The "Salvos kid's" wanted to do something more practical for the homeless when they realised that items normally found in a toiletry bag are unaffordable for the homeless and jobless, but without them, it is much harder to make a good impression for interviews. No interview = no job = no chance of finding somewhere to live! During the last two weeks of term, we are asking that members of our school community each bring in one or more common items found in a toilet bag such as a toothbrush or bar of soap.

The end of term saw the April Parent Interview Evening for which a large number of students volunteered to assist parents in finding teachers and also making much needed cups of tea or coffee for teachers at their desks – the students did a great job of keeping hot drinks and biscuits coming!

May is one of the busiest months in the community service calendar. At the start of the term, students began coaching netball teams at Woodlands PS on either Wednesday or Thursday mornings before school, with pairs (and one trio) coaching teams from Years 3 to 6. The season is now in full swing and I am sure that the Woodlands PS students are enjoying it as much as our students.

Relay for Life closely followed the start of the term and then we had the annual Art Exhibition and the HBF Run for A Reason. On the day before the Art Exhibition, a small group of students enthusiastically tackled the job of transforming "working" classrooms into elegant galleries showcasing the artistic talents of those in the

community. They scrubbed walls, window sills and skirting boards, doing an excellent job. On the opening evening another group of students acted as hosts for the event, meeting and greeting arrivals, walking through the galleries with trays of finger food and the all-important job of ferrying empty platters and glasses to the canteen for washing up. The bonus for the volunteers is a "supper break" during the speeches, which is a welcome chance to sit down and sample the food!



Salvos workshop



Pani and Anouk at the art exhibition



Hard at work at the HBF Run for a Reason



Cleaning the gallery for the art exhibition

The HBF "Run For A Reason" is now an annual fixture for us and this year was no exception. Thirty two students met me at the main gates to Gloucester Park Racecourse at 7am on a chilly Sunday morning and quickly warmed up setting up one whole Recovery Zone in the finishing precinct – we had students handing out water, powerade and fruit to finishers of the 12 kilometre event. Apart from the many thanks offered by runners and walkers, the reward of a free "volunteer shirt" and a sausage sizzle for volunteers at the conclusion of the event was appreciated by all. A special mention needs to be made for Year 11 students, Tarcia Gode and Celine Geddes, who volunteered independently of our school group. Well done girls!

Sue Wogan Community Service Coordinator

## Science Year 10 Specialist



Student-built water rockets carrying a precious cargo launched in Dr Pusey's class

Dr Grant Pusey Science Teacher



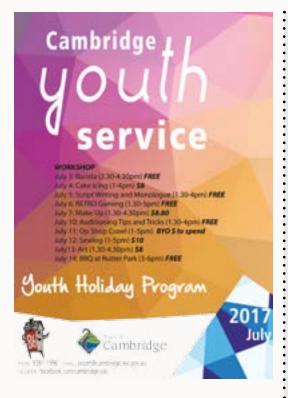
Student-built water rockets carrying a precious payload launched in Dr Pusey's Year 10 Specialist Class

Elsa Raju, Layla Clarke and Brooke Sydney-Smith investigate the effect of initial velocity on projectile motion



Nazim Ahmad-Panahi, Miranda Savory and Tasneem Matthews investigate the effect of launch angle on projectile motion.





### Teenagers' sleep quality and mental health at risk over late-night mobile phone use

"If you are finding your son or daughter is more moody and not coping at school, you often put that down to adolescence — but it could be as simple as them not sleeping at night"

A recent article written by Elle Hunt and published in "The Guardian" newspaper (30 May, 17) looks into research, conducted by Murdoch University, to see if teenagers' latenight mobile phone use results in poor sleep, leading to depressed moods. The study involved 1101 Australian high school students aged between 13 – 16. It found that not only was poor quality sleep linked to depressed moods, but also to declines in self-esteem and coping ability.

Lead researcher, Lynette Vernon, mentions the need for teenagers to get about eight to ten hours sleep per night for healthy development. Phones disrupted sleep In two ways — the bright light from the screens disrupt the "natural circadian rhythms", and secondly, the messages received before sleep spike "cognitive and emotional arousal". Removing devices from the bedroom could help alleviate the problem.

To read the full article, click on the following link:

https://www.theguardian.com/ lifeandstyle/2017/may/30/ teenagers-sleep-quality-andmental-health-at-risk-over-latenight-mobile-phone-use

### Science Year 12 Science



**Churchlands Senior High** School Year 12 Human Biology and Biology students spent a day at the Harry **Perkins Medical Institute** Biodiscovery centre at the start of Term 2



The students engaged in laboratory sessions, run by research scientists, that explored the mutated V600 BRAF melanoma gene. The lab offered students the opportunity to set up a PCR reaction to amplify the gene of interest, followed by electrophoresis to identify the presence of the mutated gene in three patients.

Sporting white lab coats and gloves the students learnt about laboratory protocols and the importance of not contaminating samples when working with DNA. Their micro pipetting skills advanced at a rapid rate as they loaded gel plates with DNA samples.

All students came away with a greater understanding of the working conditions of a research scientists. Hopefully some may have cemented a few career choices through this fabulous experience.

Ms Gena Stirbinskis Science Teacher



### Ever tempted to eat dirt?

I am unsure if it was the influence of MKR, or whether it was because Science lesson is often just before lunch, but when it came time to build a model of the layers of the earth, many students went for the food theme! Students then used their model to explain the different layers of the earth's crust and of course had a healthy lunch after class!

Roger Harris

Talia Gray and Chloe Herbert



Rebekah Massang, Abbey Wingfield, Naysha Devir Connelly and Solomon McDonald



# STEM Club All the exciting projects





Designing, 3D Printing and now undoing a creation











#### **STEM booms at Churchlands**

Term 1 of the Churchlands STEM Program finished with a reward day for our STEM Club students. Students were invited to participate in a gaming tournament sponsored by Scitech who brought along some extra equipment for a healthy game of Joust!

During Term 2, we added Python coding to the mix with our brand new Edison V2.0s being used by our most experienced Edison coders. Our 3D Printing has taken off with the craze of fidget spinners inspiring new designs! We've most recently introduced real electronic circuit building! Students design and build their own circuit without using kits and solder the final product themselves. There have been some amazing creations so far!

STEM Course participants wrapped up their projects this term and gave presentations to their peers about the various projects that they were undertaking. Highlights include 3D designs, exciting video games, coding applications, botany, robotics and general awesomeness.

The Churchlands SHS STEM Club was recently treated to a visit from Edith Cowan University who brought along their Formula 1 Racing Car for a show and tell. University engineering students who are part of the ECU motorsport team accompanied the race car, exciting students (and teachers) with their amazing stories of what it's like to build a such a high-tech machine.

Some STEM Club students were even lucky enough to hop into the cockpit during the demonstrations, which included the links between what they do in STEM Club and what is waiting for them on the other side of high school. The team at ECU remarked on the amazing questions they were being asked by our students, we hope to see them again soon!

Interested in checking out STEM Club? Feel free to pop by on Mondays after school in the F activity area. See you there!

Dr Grant Pusey STEM Coordinator

## STEM Club All the exciting projects



Participants of the Edison Coding Competition



Students were able to hop in the cockpit and have a chat to the key engineers of the ECU Formula 1 racing car



**Building real circuits** 



Students enjoying Joust during the STEM Club reward afternoon



Chris shows off his 3D designs during his STEM course presentation



**Building a Hummingbird Rover** 



Real life Mario Kart made possible with Spheros and 3D printing

# News on the 2017 World Challenge Team

Bright and early on Sunday 30th April, fifty two students and six teachers met outside the Gym ready to set off for our overnight training camp for this year's World Challenge Expedition to Southern India



Prior to departure the students attended an after-school meeting run by our World Challenge manager in WA, at which the teams did work on budgeting, nutritious and filling food, as well as planning their menus and shopping lists for the four meals they would need to prepare at camp, with a budget of \$10-00 per head, including two adults. The brief was that

they would be able to cook/heat food in the evening and at breakfast, but that the two lunches would need to be cold meals. Having had a sneaky look at the menus and quantities, there was a degree of trepidation for the staff as to how well fed we would be!!



We arrived at the turnoff into Manjedal Scout Camp exactly at our scheduled ETA of 9am, having been driven by Miss Carter and Miss Davy. It was here that we met the Camp Coordinator, Gary, AKA "Ravi" and the trainers for each of our three teams. While the teams were doing some getting to know you/problem solving activities, two students from each team were driven into Byford

and given half an hour to complete their shopping, and the cash to pay for it! Back at the meeting point, this was split up for carrying by team members.



How not to put a tent up

Essentially, both days were spent in walking to, or from, the site where we were camping, while participating in various scenarios which we could face on expedition and while learning a huge amount - what they should pack and how best to do that for correct weight distribution, how to deal with basic health issues, leadership skills and most importantly how to work as a team. Some of the more memorable scenarios were making a stretcher from the emergency shelter to carry an "injured" team member, what to do if someone is separated from the group (there must always be a minimum of four challengers at any time), the need to have someone looking after everyone's gear (as well as looking out for each other), having to barter for the equipment needed to cook and prepare meals and arranging to have the whole team transported. This task was done whilst ensuring that the driver, "Ravi" was sober, that the minivan had good tyres, glass in all windows, seat belts and importantly, enough seats for the whole group, as well as room for all of the backpacks. Fortunately all teams realised that, despite Ravi's promises of being a good driver etc and that he could fit us all in, that they would need two trips to get everyone to the required point. While bartering for cooking equipment, the negotiators were treated to their first taste of "masala" chai", they had the challenge of making themselves understood and getting their message across, as well as working out what equipment they would need - they did avoid "buying" the cheaper gas cooker, as "there would be no gas until the next day"!! Ravi's name became Ravi Ali, when he heard that most teams were planning to cook pasta, but that joke did sail over some heads!!!

# News on the 2017 World Challenge Team

The walking was the least challenging aspect of the two days, although some students have now realised that they really do need to "walk in" their new boots and/ or need to walk more often carrying a laden back pack, but at least they have six months to redress this issue. Team work certainly improved and everyone is aware that there is no "I" in team! - The trainers were also looking at team (and teacher) dynamics in order to select Expedition Leaders to complement each group. Since camp, two of our teams have been allocated Expedition Leaders and we are now waiting on the third to be announced.

On the return journey, we were faced with a real life scenario, which could very easily happen in India. One of the buses had a tyre blowout on the freeway! Miss Carter expertly managed to get the bus off the road and the students on the bus had to think about safety while waiting for help to arrive. Once assistance was on the way, it was decided that the smaller bus, towing the trailer, would continue home. Two hours after our arrival back at school, the other travellers returned, cheerfully although slightly more tired and hungry, but realising that travel does not always go smoothly!

And as for those meals? Quantities need more work, some teams were somewhat ambitious about what they could produce on two elements with a wok and a large pot for twenty people, but no one went completely hungry! Fortunately, we are likely to eat out for most meals, other than on the trek and project stages of our expedition, so budgeting skills will be more important than cooking skills!!

Sue Wogan World Challenge Coordinator



Team 1 learning about life on expedition



Team 2 tasting masala chai whilst negotiating with Ravi



Team 3 debrief at the end of two days training



How to pack a backpack



Distributing the pool shopping for carrying to camp



Harry being carried to the emergency shelter



An inquisitive visitor to camp headquarters

## **Litter Program** Clean Up Churchlands

### Did you know?

More than \$120 million is spent in Western Australia every year to clean up litter.

Unfortunately, the amount of litter that has been found on the school grounds here at Churchlands has increased significantly this year. 'Clean *Up Churchlands'* is a program that was launched in Term 2 run by students who are part of the Litter Group. Students have been presented with daily facts regarding litter, form quizzes and competitions and educational posters around the school. Two litter audits were carried out at the start and end of the program with surprising results.

The program will continue throughout Terms 3 and 4 focusing on the impacts of litter, recycling and waste free days. We are always looking for more students to join the Litter Group!!

If you have any feedback regarding litter at Churchlands Senior High School, please don't hesitate to contact Miss Steadman via email.







Litter group students

Years 7-8 area - 24 April



Litter audit by Plet Thoenelt and Dylan Almeida





Litter audit 24 April



Main canteen stairs 24 March



Litter audit by Kyan Conroy, Sara Oviedo and Bianca Seah and Bianca



Main canteen stairs - 7 April



Side of library and D Block - 23 March

## Litter Program Clean Up Churchlands

#### **Litter Audits**

The audits allowed students to collect the litter in 3 key areas of the school and record the litter by type. Whilst litter was reduced in both the Main Canteen and Tech Area, it increased in the Grassed Quad. The results are below:

#### Audit 1

Type of Litter	Grassed Quad (7/8 Area)	Main Canteen (Middle School)	Tech Area (Senior School)	Total	%			
Plastic	632	461	172	1265	51.54			
Paper	217	102	76	395	16.09			
Glass	12	1	0	13	0.53			
Metal	156	53	54	263	10.71			
Organic	96	91	35	222	9.04			
Cigarette butts	0	0	0	0	0			
Other	141	71	84	296	12.06			
Total	1254	779	421	2454	100			

#### Audit 2

Type of Litter	Grassed Quad (7/8 Area)	Main Canteen (Middle School)	Tech Area (Senior School)	Total	%
Plastic	779	303	127	1209	54.88
Paper	187	135	40	362	16.43
Glass	47	1	0	48	2.18
Metal	161	40	27	228	10.35
Organic	143	126	20	289	13.12
Cigarette butts	1	0	0	1	0.05
Other	40	11	15	66	3.00
Total	1358	616	229	2203	100

#### Random facts:

- Different forms of litter take much longer to decompose than you would expect. To decompose it takes:
  - o A banana skin 4 weeks
  - o Cardboard 2 months
  - o Aluminium cans > 1 million years o Orange peel up to 2 years
  - Cigarette butts up to 12 years
  - o A plastic bottle \*450 years
- o A paper bag 1 month
- o An apple core 1 2 months
- o Plastic bags \*up to 20 years
- o Glass 1 2 million years
- Australians use over four billion plastic bags annually. Over ten million new bags are used every day or each person uses over 200 a year.
- Approximately thirty to fifty million plastic bags end up as litter on our beaches, streets and parks.
- Only three percent of plastic bags are recycled! You can take your plastic bags to your local major supermarket (Coles) and they will recycle them for you – they cannot go into your home recycling bin.

Helena Steadman Litter Program Coordinator

### Academic Extension Program

### **Churchlands SHS** - Academic Extension Program (AEP)

If your child is going in to Year 7 in 2018 and has not already sat the test, you can apply for selection into our school based Academic Extension Program. Testing takes place at the school on Saturday 2 September 2017.

Applications close on Tuesday 8 August 2017. You can obtain an application form from our front office or www.churchlands.wa.edu.au

This opportunity is only available to children living in our local intake area or are accepted into our Gifted and Talented Music Program.

Further information can be obtained by phoning the school on 9441 1700.

# From the Student Support Officer

### **Good Start Breakfast Program**

This school term we have seen the introduction of our brand new 'Good Start Breakfast Program'. We have recently partnered with Foodbank WA and we are now providing a free breakfast program for all students on a Friday mornings from 8.10 -8.50 in our staff room. Our first week we were not sure how many students would come down and enjoy the free breakfast. Much to our surprise we had over seventy students in our first week. We have since had a steady flow of up to one hundred students per breakfast. We are really enjoying students coming in for a warm toast and a chat. We have some wonderful community service students assisting with set up and pack down for the breakfast program. A big thank you to Kaydi Turner, Stephanie Maroney, Brooke Sydney Smith and Nicholas Carmichael for their maturity, reliability and skills in assisting us run the breakfast program. Big thank you also to our staff volunteers.

#### Reconciliation Week Braids for Bags

This year we decided to bring Reconciliation to our school by hosting a lunch time activity. As a show of reconciliation we asked all students and staff to tie a braid to their school bag during Reconciliation week. On the 31st of May we held a lunchtime interactive activity with our partner agencies Australian Indigenous Mentoring Experience (AIME), Indigenous Communities Education & Awareness (ICEA) and the Wadjuk North side Aboriginal Corporation. The agencies met with and chatted with all students whilst they got a braid for their school bag or face painted. Leading up to the 'Braid for Bags' event we had Year 7 and 8 Student Councillors take home wool to make the braids that were handed out at our lunch time event. We got a grand total of 1200 braids for the event. Well done to all the student hosts and Year 7 and 8 Student Councillors that braided with such enthusiasm.





#### Sean Choolburra- Woodlands PS excursion

On the 15th of May we were kindly invited by Woodlands Primary School to see the acclaimed indigenous performer Sean Choolburra. He did not disappoint with a lively cultural performance whereby our students where given the opportunity to participate in dancing, singing, traditional fire creation and digeridoo playing.







## From the Student Support Officer

#### Reconciliation Assembly- 31st of May.

Once again this year we took some Year 7 and 8 students to Woodlands Primary School for the Reconciliation Assembly. Neville Collard then met with students and demonstrated a traditional smoking ceremony. The Churchlands students also received a bookmark



## Reconciliation Walk – Wadjuk North side Community Group National

each that was made

by the Year 2 class.

Reconciliation Week Walk was held again this year at Lake

Gwelup and co-hosted by Wadjuk North side Community

Group and City of Stirling.
Some of our Year 7 and 8
students attended with braids
to hand out at the event. The
school was asked to nominate
an Indigenous student
to discuss what the 1967
Referendum means to them
and their personal perspective
on where we should go from
today. Carson Pikkert (08-B2)
bravely got up and delivered



flawlessly his presentation on the walk. It was a great community event with many activities that the students enjoyed. Local Elder and Pastor Sealin Garlett gave a very heartfelt 'Welcome to Country' in language that gave some very powerful messages of Reconciliation.

#### AIME program Day 1- Years 9-11

We kicked off a great AIME program day on the 3rd of May. Lots of fun activities for the students to learn more about each other. The students then learnt about the new program for AIME is to "pass on the baton". All the students were asked to become mentors themselves. The CEO of AIME Jack Manning Bancroft has recently written a book called "The Mentor". Each student was given a free copy to read and to do a small book review on. The students were also asked to write a thank you note to someone that has had an impact on their life.





#### AIME program Day 2- Years 9-11

What a jam packed day for program day 2. The students were greeted by a decked out colourful room with a live DJ for the day. We got to see some serious talent from fellow students as well as our very own Churchlands crew. The session that showcases this talent is called "AIME'S got GAME'. The students are asked to act, sing, dance, draw or write poetry - any art form to express who they are or what hidden

talent they have. Our very talented Lakoya was brave and sang a beautiful cover of the song 'Riptide' by Vance Joy. Takayla showed her back up dancing skills with the Macarena. Nicky then



busted out a rap. Trent was recognized for his artwork that has been purchased by National brand "Homie". The students finished up with an 'art from the heart'

This year the students have to complete three tasks to receive their graduation - 100% Attendance, Finish Book Report and Mentor Someone.

#### **Special Mention**

Trent Barwick (11-B3) has recently had some artwork purchased by National clothing label 'Homie'. Well done Trent.



Creation - The rainbow serpent came down and he went on creating the land for the people. He set the borders in place and the sacred sights the land became the birthing place for all the DREAMING. We will be sure to provide staff and students the link to the clothing once it is produced for purchase.

Katherine Mosele Student Support Officer

## Arts School Production







### **Sound of Music**

"We, the audience, were totally captivated and involved all due to the students...who were able to play their roles and take the audience along with them"

For one fabulous week in May, Churchlands Concert Hall was alive with The Sound of Music. Our cast took us back to the 1930's as we followed the well-loved story of Maria, Captain von Trapp and his seven delightful children.

Musically our performers shone. As always, Robyn Griffin and Paul Sealey guided the musicians through the challenging orchestration and they played all the familiar tunes brilliantly. Our soloists rose to the challenge of song AND dance, breathing new life into old favourites. Charis Postmus was outstanding in the iconic role of Maria Rainer, giving the character her own personality and life. Tristan Yellachich, provided the perfect foil to Charis' endearing character as the handsome, restrained, patriotic and sometimes exasperated Captain uon Trapp. Our seven siblings (Alice Speirs, Billy Milios, Jade Robinson, Guy Archibald, Zoe Limpanyalers, Sophie Kerr and Isa Limpanyalers) stole the hearts of the audience with their singing and dancing...while Sam Ryan, the handsome Rolf, stole Leisl's. Trinity Emery Rowe gave elegance and dignity to the unlucky in love Baroness Schraeder whilst smiling wryly at the antics of comedic 'Uncle' Max Detweiler played by Kohsei Gilkes. Mention must also be made of the good counsel provided by Zahra Ussi as a very convincing Mother Abbess...supported by Sister Berthe (Anna Dabbs), Sister Sophia (Stephanie Carmichael) and Sister Margaretta (Erica Jones). They were well supported by a wonderful chorus who captured the 'a capella' solemnity and beauty of the Abbey and the elegance of the Ball.

Ruth Sutherland rose to the challenge of providing our cast with choreography that paid tribute to the much-loved movie whilst also making the show our own. And all these elements were brought together under Angela Padley's direction.

Mention should also be made of the set, the amazing array of costumes managed by Beth Harcourt, the awesome work of ex-student Tay Broadley (Stage Manager) with his trusty stage crew and the assistance of staff members to organise ticket sales, publicity, props and front of house as well as the music parents who provided catering for the shows.

All these combined to create another memorable school production...that still is, for many participants, the highlight of their time at school.

Arts Department

### Arts Dance

#### **Year 12 Dance**

At the end of last term Year 12 Dance students had the opportunity to participate in a workshop with Co3. Co3 is based in Perth and it is the state's flagship contemporary dance company. The workshop was led by a company dancer, Ella-Rose Trew and focused on choreography from their 2017 production of Frank Enstein. Students were taught part of the repertoire from the show.

This was a wonderful experience for the students to engage in the work prior to seeing the performance of Frank Enstein at the state Theatre.





Students at a dance workshop

#### Year 11 and 12 Choreography Night

The Year 11 and 12 General and ATAR dance students performed their own group choreography in the Concert Hall on Tuesday 21st March.

The groups worked hard to get their choreography ready for the performance. Some routines were based on a dance from the past and modified for today's audience. Other routines were based on popular culture. Other routines were based on Youth Voice.

All groups were a pleasure to watch, well done.



Year 11 and 12 dance students at the Choreography Night







### **Arts**

### **Nexus Dance Concert**



Year 7 hip hop - 'Don't stop till you get enough'



Year 11 'Disco Inferno'



Year 12 dark contemporary - 'It takes courage to stand alone'

### On Friday 9 June the Year 7, 10, 11 and 12 Dance students went to the Octagon Theatre to participate in the Nexus Dance Concert

This concert is an annual combined schools dance concert with participating schools from Shenton, Balcatta, Rossmoyne and Churchlands.

There was a lot of class time spent learning, practising and getting ready for the big performance. It was very exciting and the students worked hard to be ready for this public performance.

The Year 7 students performed a hip hop routine, called 'Don't stop till you get enough' which was a medley of different songs, choreographed by Mollie McPhail.

The Year 10 students performed a Great Gatsby inspired routine called 'A little party' and the Year 11 students performed a disco inspired routine called, 'Disco inferno' both items were choreographed by Nikita Hodgson.

The Year 12 dance students performed a dark contemporary piece called 'It takes courage to stand alone' choreographed by Mollie McPhail.

The students were polite, considerate, helpful and supportive throughout the rehearsal and performance. They all performed very well and it was a thoroughly enjoyable experience.



Year 10 Great Gatsby - 'A little party'

## **Technologies** Visual Art, Metal and Woodwork

### The Stalwarts of Visual Arts CAD display their fantastic designs



Harrison Kneeshaw's Arduino temperature and time display (above) and Pokemon ball (right)



Daniel Schluter's 3D printed chess



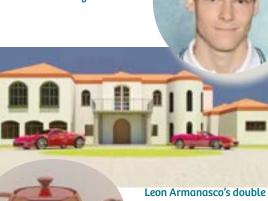




Liza Matjani's 3D home perspective



Filip Ciupac's double storey house



storey house and teapot



Vedant Patel's double storey house - south view



During semester one Mathew Tilbee has designed and constructed this metal fish. A terrific effort Mathew, well done!

The Year 10 students have been busy designing and making Lap Steel guitars. Here are but a few.



# Technologies Home Economics

### What's been keeping them busy!



Pencil case by Marie Liu (08-T3)

Students have been busy finishing their pencil cases. Some of the best ones will be displayed at the Technology Exhibition in Week 9.



Ava Billing (08-B2) and Kia Mepani (08-T3)



Food

Year 8 cooking beetroot and sweet potato chips

In cooking the students have been preparing some creative vegetable snacks. To get five serves of vegetables every day it helps if you can cook some delicious and nutritious vegetable snacks.

#### Year 9 Food Around The World

Students have just completed a food tour around Europe. Look at some of the beautifully plated dishes.



Bhakti Sharma (09-S3) and Zahra Amos (09-B1)



Jess Howard (09-S2) and Abigail Strang (09-B3)

#### Year 10 Looking Good

The girls in Looking Good have just completed their recycled fashion outfits. These were modelled in the Concert Hall with the girls organising their own hair, makeup and music to go with their theme.



Looking Good fashion parade - models and their designing partners



Nicole Kostova (10-B4) and Kate Bramley (10-F3)



Emma He (10-S1)



Alex Sundquist and Lukas Gross making coffee



Chloe Seah, Sara Harsanyi and Michael Stewart serving afternoon tea

## Technologies Home Economics

#### Hospitality

This year we have been most fortunate to purchase a portable coffee machine for the Hospitality students to use. The Year 11 Hospitality students are currently practising their coffee making skills every Tuesday afternoon for small staff group professional development.

#### Year 11 Children, Family and Community Class

Students last week spent three days and two nights with their virtual baby. All of them were slightly different but cried at random 24 hours a day! Some of you may have noticed them around the school. In class, the girls tried on the pregnancy vest which was to replicate seven months pregnancyno one could wear it for very long as it was



Presenter Christine Self and Thandiwe Mwale (11-S3)

quite heavy and hurt their backs.

#### A very rewarding incursion

On Tuesday 9 May, six students from Kalamunda Primary School Education Support Centre visited Churchlands Senior High School's Year 11 Children, Family and the Community class. Each of the six students have various disabilities including Cerebral Palsy, Autism Spectrum Disorder, Global Developmental Delay and vision impairment. Two are non-verbal and have a talker device.

In preparation for the visit from Kalamunda Primary School Education Support Centre, arts and crafts were organised including toys, colouring in activities and reading time.

The girls thoroughly enjoyed the children's visit and helped them learn through play.

In a few months Kalamunda students will be returning for a cooking session! Some of the students have a very strict diet so the Year 11 students will be helping to find a recipe that suits all their needs.









## Churchlands P & C Art Exhibition













