

# opportunities

CHURCHLANDS SENIOR HIGH SCHOOL COMMUNITY NEWSLETTER

TERM 1/APRIL 2017



**CHURCHLANDS**  
SENIOR HIGH SCHOOL



## Interschool Swimming Carnival

Churchlands SHS continued its fine tradition of excellence in the A Grade Interschool Swimming Carnival. Churchlands has been holding Shenton at bay for the last few years – but this year they got the better of us at last.

With both schools scoring over a 1000 points, it was Shenton who won the day by 41 points (1070 to 1029).

Well done to our Champion Girls - Chloe Green who won Year 10 Champion Girl, and to Seria Hasebe who won the Year 9 Champion Girl.

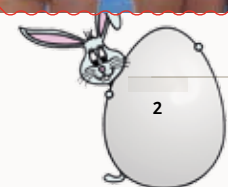
Seria had a dynamite swim in the 50m backstroke and broke the School Sport WA record!

Congratulations must go to the Churchlands team – they swam their hearts out and were competitive for every event. We will be back next year ready to take back the title.





# Interschool Swimming Carnival





# CSHS In-House Swimming Carnival

The year started with a splash, with four carnivals all going swimmingly. The students were buoyant as they arrived in waves on the day, and they all dived in and surged to the end of the pool.

Championship events were run in an efficient and streamlined manner, while the announcement of upcoming novelties sent a ripple through the crowd.

The house point totals rose up and down like the tides, until Scarborough came through like a tsunami winning after all four carnivals had taken place.

## Final Swimming Carnival Scores

<b>Scarborough</b>	3140
<b>Trigg</b>	2278
<b>Brighton</b>	2529
<b>Floreat</b>	2425

## Record Breakers

Chloe Green	100m Backstroke	1:12.63
Jessica Cake	100m Breaststroke	1:20.86
Chloe Green	100m Individual Medley	1:12.37
Chloe Green	50m Backstroke	33.36
Jessica Cake	50m Breaststroke	37.24
Holly O'Brien	50m Freestyle	27.81
Bryce Johansen	100m Individual Medley	1:04.50
Bryce Johansen	50m Backstroke	28.10

**Chris Van Maanen**

**Head of Health and Physical Education**





# From The Principal

**As Term 1, 2017 draws to a close it is worth reflecting on and celebrating the many events and activities that took place in the past nine weeks.**

Without doubt the social highlight of the year is the School Ball held on Friday March 17. This year's organiser tried out a new venue, the Crown Grand Ballroom which was extremely well received by both students and staff in attendance and is the likely venue for 2017, though this has yet to be confirmed. In the words of Mr Galvin: congratulations to our Year 12 students for their exemplary behaviour and fabulous turn out at their ball in the Crown Grand Ballroom. The ladies looked stunning in their elegant and flowing ball gowns and the gents equally epitomised the '*Classic Hollywood*' theme looking dapper in their suits, some even in top hats and tails! I had quite a bit of trouble recognising a lot of our students, such was their mature display.

Throughout February the Phys Ed Department organised four separate House Swimming Carnivals from which they selected the Interschool Swimming team to do battle at Challenge Stadium on March 15. Our team swam its heart out but were just pipped at the post by Shenton College in a closely fought contest.

The Phys Ed Department was excited to take possession of the school's new sports hall mid-February. Featuring two magnificent basketball courts (soon to have installed video walls), new staff offices and loads of storage. The facility is second to none in WA schools.

During the term the school and the P & C held two successful functions aimed at welcoming new parents into the school. In the first week, the P & C hosted a sundowner for new and existing parents that was extremely well supported. The annual Year 7 BBQ was held on March 16 with an estimated 500 in attendance. Sponsored by the P & C, this gave Mr Dunn the opportunity to introduce key Year 7 personnel to parents, the P & C an opportunity to be heard and the Churchlands Foundation through Mr John Gillon presented the music scholarships. Mr Gillon took the opportunity to outline the Foundation's Solar panel project.

Academic activities were also to the fore during term one. OLNA (Online Literacy and Numeracy) testing took place during the week commencing March 7. These assessments are now critical to graduation requirements with several opportunities provided to students to meet the standards between Year 10 and Year 12. Year 11 students were, for the first time, introduced to the concept of rigorous testing during the first six weeks of term. The philosophy behind these tests is students need to be exposed to the standard required to succeed from the moment they commence Year 11. This process is also repeated in Year 12.

During the last week of term four we have four groups of students departing our shores for a range of countries in Europe and Asia. The tours to France and Japan are the first to depart on March 31. Students going to Japan will spend time in Tokyo before connecting with host families at our sister school in Akashi Nishi, while our French tourists will spend time in Paris and time with a new International partner, Sasserno High School which is located in Nice. The following day a further group of students depart for China, flying to Shanghai before travelling to Hangzhou where they will stay with host families. To complete their journey the tour will spend its final days in Beijing. The Ancient History tour flies to Athens where a range of famous sites are available to visit. The tour takes in such exotic locations as Crete, Santorini, Tolo and Delphi and will be an incredible experience for these students.

The next big event is the school's annual production. With a cast of around one hundred students, Mrs Sutherland, Mrs Padley and Mr Sealey have put in long hours to have the musical ready for the second week of next term. More information to follow on this.

**Neil Hunt**  
**Principal**







# Associate Principal Senior School

## Parent Information Evenings

On Wednesday February 15 we held a very successful evening for nearly 200 parents of Year 11 students. The focus was to develop an understanding of the senior school structure in Western Australia, the expectations of senior school students at Churchlands and how parents may support their sons and daughters adopt good study skills. This section was led by Ben from Elevate Education, a group who we use to provide motivational study skills strategies to our Year 11 and 12 students.

On Wednesday 22 February, we ran an Information Evening for parents of Year 12 ATAR students. I was able to provide a lot of valuable information to help improve knowledge and understanding of scaling, the complex ATAR requirements and university entrance process. Our Careers Advisor, Clare Slodecki, provided information on the various scholarship opportunities open to students and we finished off with a session from our School Psychologist, Mel Hutflesz, on managing stress and "Surviving Year 12". A copy of the material presented is available on our website. Check out Learning – Senior Schooling – "Scaling, ATAR and Scholarships".



**Parent Information Night**



**Paul Housley addressing the high achievers**

## Year 12 Breakfast Club

On Monday 3 April nearly 90 students, staff and parents attended the second Year 12 Breakfast Club for the year. The Breakfast Club is designed for those students who have a predicted ATAR of 95+, placing them amongst the top 5% of students in WA. It was held at the Rendezvous Hotel in Scarborough and participants enjoyed a yummy cooked breakfast and listened to a very interesting talk by former student, and father of current Year 12 student Tristan, Dr Dimitri Yellachich. Dimitri is one of Perth's top eye surgeons who plays a leadership role in ophthalmology at the University of Notre Dame and Fremantle Hospital, is on the medical committee of the Macular Disease Foundation of Australia and also donates his time twice a year to fly to Myanmar to do voluntary medical aid work and teaching.



**Presenter at the Breakfast Club Dr Dimitri Yellachich; an eye surgeon and also a former CSHS student**



**Principal Neil Hunt with speaker Dr Yellachich and Head of Maths Mr Boyadjan**



**Year 12 high achievers**

**Paul Housley**  
*Associate Principal Senior Secondary School*





# Associate Principal Middle Secondary School

## We have undergone a few changes with a new structure and changed personnel

Mr Geraint Davies has joined us as Head of Year 9 and Ms Kim Hudson is Head of Year 10. Mrs Karena Shearing is on maternity leave, with her baby due quite soon and Ms Deborah Hoy is replacing her.



**Geraint Davies**  
Head of Year 9



**Kim Hudson**  
Head of Year 10

The year has begun well with a very busy term one.

### Student Leadership

The Year 9 and 10 Student Leadership groups are meeting regularly with their House Coordinators.

The Student Leaders have been going out 'on duty' at recess and lunch breaks in the Junior Secondary School areas. They have also helped the 505 new Year 7 students with their lockers. We hear they love the High Vis jackets!

Head of Year 7 Ms Lisa Campbell is finalising the program which will keep the Student Leaders trained as peer mentors in touch with the Year 7s.

### Science Technology Engineering Mathematics (STEM) Club

The year is well under way and the STEM club has been well received by staff and students alike. Students in Year 9 and 10 were able to select STEM as an optional subject or attend the STEM club after school. Dr Grant Pusey is spearheading STEM across the school engaging staff and students in a number of initiatives. Watch this space for some fantastic opportunities for our students...

### OLNA

OLNA has been and gone for the March round. In Year 10 there were 107 students in Reading, 170 in Writing and 97 in Numeracy. The students are to be commended for the way they conducted themselves and got on with the online testing. We hope that all students who need to sit OLNA in the September round take the opportunity to attend the preparatory workshops that will be available. Thanks to the Numeracy and Literacy specialist teachers Ms Michelle Smith, Ms Susan Wilson and Mr Stuart McCallum for their workshops and OLNA tips prepared for the students.

### Year 10 Transition to Senior School

Each year the Year 10 students participate in a program which explores career options after school. This Transition program has begun with Careers Advisor Mrs Clare Slodecki visiting Humanities classes to conduct the Career Voyage which is the first step in encouraging students to start thinking about their future educational and career pathways.

**Deb Hoy**

**Associate Principal Middle Secondary School**



### SUBJECT SELECTION PROCESS 2017

1. It all starts with a positive attitude and a willingness to work hard to reach YOUR potential... this will keep your options open.
2. Term 1 weeks 7 & 8 - Career Voyage during HASS classes
3. Term 2... make appointments to ask questions, start thinking about the possibilities for 2018 and beyond.
4. Term 2 - Wednesday 7<sup>th</sup> June Transition Program periods 3 and 4 in the Concert Hall... subject selection guides given out at this time.
5. Term 2 - Tuesday June 27<sup>th</sup> Parent information night.
6. Term 3 - Thursday July 20<sup>th</sup> Careers Expo in the library (all Year 10's to attend).
7. Term 3 - 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> August Subject Selection interviews... 'final' decisions.





# Term 2

## Term Planner



### 24 April

### Students return to School

### 25 April

### ANZAC Day Public Holiday

27 April

Year 7 Student Leadership Session (3)

29 April

AEP Test

Relay for Life

30 April-1 May

World Challenge Training Trip

1-5 May

Year 12 Human Biology Excursion

2 May

Meet the Instrumental Teachers

2-5 May

Year 8 AEP Coral Bay Camp

3 May

Years 9-12 AIME Program Day 1

4 May

Year 7 Lightning Carnival

4-6 May

School Production

5 May

GeT Music Test

8 May

P & C Meeting

Year 10 AEP Excursion

9-11 May

Years 7 and 9 NAPLAN

10 May

Alzheimer's Tea Dance

12 May

Fun Run

School Tour 9:30pm

13 May

Quiz Night

15 May

MPC Meeting

16 May

Year 8 AEP English Young Writers Day

15-18 May

Years 11-12 Practical Exams

Years 12 General Externally Set Tasks

17 May

Year 8 Lightning Carnival

18 May

Intermediate Concert

Year 7 AEP English Young Writers Day

18-19 May

Year 8 Immunisations (2)

19 May

Junior Concert

19 May-2 June

Years 11-12 Exams

21 May

Chamber Concert Series 1

22-25 May

Year 8 Exams

26 May

National Sorry Day

27 May-3 June

Reconciliation Week

29 May-2 June

Years 9-10 Exams

29 May

Year 9 Poetry Slam and English AEP Workshop

30 May

ICAS Science Testing

### 5 June

### WA Day Public Holiday

6 June

Year 10 AEP Science Excursion

Year 9 Lightning Carnival

6-9 June

Year 10 Transition Program

7 June

Year 7 Student Leadership Session (4)

Years 9-12 AIME Program Day 2

8-9 June

NEXUS Concert -Octagon Theatre UWA

Year 11 Art GEN Excursion

9 June

Years 7-12 High School Cup Netball Competition

12 June

P & C Meeting

Year 12 Integrated Science Field Trip

12-17 June

Coral Bay Cadet Camp

12-16

Year 10 Outdoor Education Camp

Years 8 and 10 English AEP ICAS Writing

14 June

Chamber Concert Series 2

15-16 June

Senior Ensembles Workshop

16 June

School Tour

19 June

Year 10 Lightning Carnival

MPC Meeting

Ski tour parents/student meeting 1

20 June

Years 11-12 ATAR Business Symposium

Year 9 AEP English Youth Literature Day

21 June

Years 9-10 Course Promotion Sessions

22 June

Year 10 AEP English Young Writers Day

Lower School Arts and Technology Exhibition 1

Years 11-12 ATAR Politics, Law and Psychology Symposium

22-25 June

Senior Band and Orchestra Festival

23 June

Year 11 Literature Symposium @ Norte Dame University

27 June

Year 10 into 11 Course Selection Parent Night 6:30-8:00pm

28 June

Year 12 ATAR Literature, English, English as an Additional Language or Dialect (EAL/D) Excursion

Years 7-10 and Opens 7s Rugby Tournament

29 June

Year 11 into 12 Course Selection Parent Night 6:30-8:00pm

30 June

### END OF TERM

Reports will be distributed in Form

1-2 July

NAIDOC Week

Students return 17 July







# Year 7 Report



## Welcome Year 7s!

They say that time flies when you're having fun – which must mean our Year 7s are having a great time! We are already near the end of Term 1 and the newest members of our school community have well and truly settled into their new life at Churchlands SHS. So far, our Year 7s have made a great start to their secondary schooling – with plenty of exciting events having taken place along the way, including the Year 7 camp and swimming carnival.

### Year 7 Camp

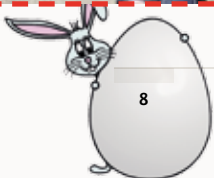
The Year 7 camp at Point Peron took place throughout Week 3, with each house going for two days and one night.

The camp was jam packed full of fun activities including rock

climbing, kayaking, raft building, beach games and making movie trailers. Although the days preceding camp were a bit wet, the weather pulled through and we were graced with plenty of sunshine!

The students were fantastic and really got involved in all the activities, even the outdoor screening of "Cool Runnings" was a hit! New friendships were made, with form groups having plenty of opportunities to bond through team building activities. Whilst it was short and sweet, the camp was action packed with staff and students alike returning to school very tired.

I would like to thank all the staff (both from Churchlands and Point Peron) and students for making the camp such a wonderful, positive experience.





# Year 7 Report

## Student leaders

Congratulations to the following students who have been elected as 2017 Year 7 Student Councillors and House Leaders.

## Student council

Ella Brinkworth, Gabrielle Vasquez, Jayden Levi, Jackson Ballard, Jemma Fountain, Ruby Bishop, Lucy De Leo, Jordyn Croft, Kirralee Taylor and Nicholas McNeilage.

## House Leaders

Brighton Jaymon Briggs and Tess Morris  
Floreat Rishiraj Roy and Alice Harwood  
Scarborough Cooper Stephens and Aimee Wills  
Trigg Rafe English and Amelie Colledge

## Swimming carnival

The Year 7 swimming carnival was held in Week 4 on Wednesday 22nd February. It was wonderful to see so much enthusiasm and team spirit, with each of the houses cheering on their team mates. The carnival ran smoothly, and attendance and participation by the students was fantastic.

The results were as follows:

	Boys	Girls
<b>Champion</b>	Daniel Gardiner	Alice Harwood
<b>1st Runner up</b>	Finn Warner	Sula Moore
<b>2nd Runner up</b>	Ben Austin	Lucy Knight

**Scarborough** 944  
**Floreat** 774  
**Brighton** 745  
**Trigg** 648

Lastly, I just want to congratulate the Year 7s on their amazing start to the year. We hope to see this continue throughout the rest of the year and indeed through their journey at Churchlands.

**Paige Everingham**  
**Year 7 Floreat House Coordinator**







# Year 8 Report



**Go! Go! Floreat**



**Scarborough boys cheer their house at the carnival**



**Thumbs up for Trigg at the swimming carnival**



**Round 1 of our interhouse dodgeball competition**

## An exciting and action packed start to another busy school year

With the arrival of new Year 7s our Year 8s were no longer the bottom of the food chain. Although still in blue shirts, our 8s had to quickly adapt to the new expectations and responsibilities that come with climbing the Churchlands pecking order. They took the new challenge in their stride and have had an impressive start to 2017.

### Splash City!

What a great way to send off a big 2016 and their first year of High School. Splash City had it all! Many spent hours on the slides, some just to see Mr Cross face his fear of heights. Others cooled off in the pool or bounced away some energy on the trampolines. They all represented the school proudly and as always, we received great feedback from the community about our students. All in all, a fantastic End of Year event that will be hard to top in 2017.



**Big smiles at Splash City**

### Dodgeball

2017s first Inter-house competition!

All four houses come head to head on Wednesday lunchtime to battle it out on the dodgeball courts. Their first opportunity to use the brand-new gymnasium was taken very seriously by some

competitors. Floreat and Trigg are currently tied at the top of the table with Scarborough following closely behind. The final is sure to be a nail biter!

### House Captains and Year Councillors

Congratulations to the 2017 Year 8 House Captains and Student Councillors. This group have already had lots on their plate organising the Dodgeball, the Year 8 Disco and attending a leadership excursion in Week 6.

### Below our leaders share their thoughts and what they learnt on the day.

Students response to "What did you learn about Leadership today?"

Lucy: "That as a leader you are not alone and you will always be supported by members of your team."

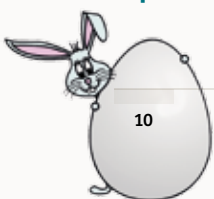
Sharna: "That it is important to listen to what others suggest"

Chantilly: "To keep persevering for what you believe in, even when others doubt you or disagree."

Oliver: "That not everything will go your way and that you need to be bold and persevere."

Oscar: "That it is important to keep a balance between what you think is best and what is best for the school community."

Emlyn: "That as a leader, listening to people is the most important thing."





# Year 8 Report

## House Captains



**Brighton House Captain**  
Hamish Cowell and Emlyn Leyte



**Floreat House Captain**  
Connor Hynes and Sharna Lyell



**Scarborough House Captain**  
Shay Natalotto  
and Chantilly Lund



**Trigg House Captain**  
Lucy Maynes and Jake Darlington

## Student Councillors



Oliver Freeman, Oscar Holt, Ashleigh Ward and Kaiya O'Brien



Student leadership training

## Swimming Champions

A great turn-out for the Year 8 Swimming Carnival in Week 4! Red, Green, Yellow and Blue filled the pool area with many students showing off their excellent swimming skills in front of their peers. Some competed for championship points while others enjoyed the fun filled novelties and house points events. Congratulations to Scarborough for the meritorious win on the day and to all students for their awesome efforts and support of each other.

	Boys	Girls
<b>Champion</b>	Maverick Cake	Olivia McCleod
<b>1st Runner up</b>	Cooper Mason	Charlotte Gale
<b>2nd Runner up</b>	Ashton Lavender	Emma Putt

## Year 8 Swimming Final Results

<b>Scarborough</b>	930
<b>Brighton</b>	845
<b>Trigg</b>	441
<b>Floreat</b>	401



**Swimming champion boys**  
- Cooper Mason,  
Maverick Cake  
and Ashton  
Lavender



**Swimming champion girls**  
- Charlotte Gale,  
Olivia McLeod  
and Emma Putt

**Amber Davy**  
Year 8 Floreat House Coordinator





# Year 9 Report

## Teal Shirts

Year 8 to Year 9 has seen some pretty big changes for our students at Churchlands. Firstly, they look different! Not only have we noticed a difference in height this year but they are also proudly wearing a new teal coloured shirt. Our Year 9s have now graduated from Junior School to Middle School and that means they no longer live in the junior quadrangle and Student Services support are now located in the offices near the staffroom.

It has been a smooth start to the year and students have made the transition into middle school with ease. It is important to remind students to keep up the organisation in their school diaries, as homework will start to increase from now on. NAPLAN will take place in Term 2, Week 4 and preparations are already happening. I wish everyone good luck!

## Zoo

At the end of last year students went on an excursion to the Perth Zoo. Buses were packed with enthusiastic students and they weren't disappointed. The day consisted of a leisurely walk and exploration of the various exhibits, a favourite was the Orangutans, who never fail to entertain. Check out the photos!



Fun time at the zoo last year



Transition from blue shirt to teal shirt

## New Student Leadership Team

At the end of last year we invited students to apply for positions in the Year 9 student leadership team as either a House Captain or Student Councillor. Students were asked to nominate and then give a short speech at the assembly to outline reasons why they should be voted in. I would like to congratulate all nominees as we had many worthy students nominate, however special congratulations to the following student leaders:

### Student Councillors

Zahra Amos  
Amelia Dyton  
Sophie Smith  
Ash Hough





# Year 9 Report

## House Captains

<b>Brighton</b>	Jaime Horn, Zoe Colmer
<b>Floreat</b>	Parsa Vadhani, Jane Harwood
<b>Scarborough</b>	Blake Longshaw, Ryan Pottier
<b>Trigg</b>	Owen Spicer, Thomas Noordzy

Congratulations!! They are doing a great job!!!

## Multi Sports House Activity

During Weeks 6 and 7 this term the Year 9 House Captains and Councillors ran a multi-sports activity at lunchtime. The game involved two teams passing a ball from one end of the field to the other to score a goal. The tricky part was the ball changed from tennis to netball to a football etc. Despite the best attempts of the other Houses; Scarborough reigned supreme! Congratulations Scarborough you were awesome and thanks to all students who participated.



Lunchtime multi-sports activity

## Swimming Carnival

The Year 9 swimming carnival was held on Friday the 17th of February. It was a sunny day and was great to see so much enthusiasm from the Year 9s to participate. The results were as follows:

Rank	House
1	<b>Scarborough</b>
2	<b>Floreat</b>
3	<b>Trigg</b>
4	<b>Brighton</b>

	Boys	Girls
<b>Champion</b>	Will Wigget	Seria Hasebe
<b>1st Runner up</b>	Thomas Noordzy	Scotia Broome
<b>2nd Runner up</b>	Kyle Lim	Jane Harwood



Jane Harwood, Seria Hasebe and  
Scotia Broome



Kyle Lim, Will Wiggett and  
Thomas Noordzy

## 'A' Grade Achievers

Congratulations to the following students who achieved 10 As in the 2016 end of year reports. What a remarkable achievement!



Olivia Donaldson



Grace Herring



Erica Jones



Emmanuel  
Pranoto



Kassandra Tyers

## COMING UP...

Listen out for news regarding our Year 9 Talent Quest.

*Jo Chapman*

*Year 9 Scarborough House Coordinator*







# Year 10 Report

## It has been a busy start to the year for our Year 10s

A number of speakers delivered valuable information at the first Year 10 Assembly for our students to consider in preparation for subject choices being made mid-year for upper school. Mrs Shearing asked them to think about the future they may foresee and reassured them that their journey can take many twists and turns in reaching their goals. Ms Slodecki spoke about the careers process in which they will be involved and guided in, and Ms Wogan spoke about the opportunities to participate in World Challenge in 2018. The messages from all were very positive and inspiring for our students.

I was also delighted to announce the following Year 10 Student Leadership team for 2017:

### Student Councillors

Zoe Limpanyalers  
Siri Missula  
Oliver Lane  
Marcuz Grainger



**Oliver Lane, Marcuz Grainger, Zoe Limpanyalers and Siri Missula**

### House Captains

**Scarborough** – Zoe Newton and Peung Padith  
**Brighton** – Jeetshrey Parikh, Jared Savage, Sofie Kerr  
**Floreat Trigg** – Ben Waterman, Rachael Rowland  
– Imogen de Graaf, Cameron Taylor, Emily Daus

The House Coordinators look forward to working with this leadership team over the course of the year.



**Rachael Rowland and Ben Waterman**



**Peung Padith and Zoe Newton**



**Imogen de Graaf and Jared Savage**



**Zoe Newton, Jeetshrey Parikh and also Cameron Taylor (not in the picture)**

## Swimming Carnival

The inter-house swimming carnival took place earlier this term and the Year 10 champions for 2017 are:

	Boys	Girls
<b>Champion</b>	Stark Oliver	Chloe Green
<b>1st Runner up</b>	Ben Waterman	Holly O'Brien
<b>2nd Runner up</b>	Eoin Broome	Jessica Cake



**Supporters at the swim carnival**





# Year 10 Report



**Swim champion girls - Holly O'Brien, Jessica Cake, Nadia Engert-Mafe and Lauren Johnson**



**Swim champion boys - Ben Waterman, Oliver Stark, Zac Thomas, Cyrus Milne, Eoin Broome and Denis Orlov**



**Ivy Hawkins and Ellie Coonor at the swimming carnival**

We have many talented students in Year 10 and three that deserve a special mention are Sofie Kerr, Marcuz Grainger and Cameron Taylor who entertained all staff at the International Women's Day Morning Tea with their own arrangement of Katy Perry's "Roar." It was a stunning performance.

Further to the business of the term, a number of students that participated in the Student Leaders program in Term 4, 2016, at Point Walter have been conducting their Student Leader roles with this year's Year 7 cohort.



**Student leaders with Year 7 students**



**Student leaders Nazin Ahmad-Panahi and Georgia Ongarezos**

Their role is to work with the Year 7s in a number of areas with a focus on a smooth transition to High School. So far, the students have been group leaders on the Orientation Days, assisted during morning tea and lunchtimes with accessing their lockers as well as nominating to spend time in the playground at recess and lunchtimes. This has enabled them to get to know the Year 7s and act as mentors for them should any issues arise. At the end of Term 1 the leaders will spend some time with their orientation groups reflecting on how the first term of high school has been. This has been a most valuable program and I am most proud of the leaders and their commitment to this important school initiative.

**Megan Lebihan**  
**Year 10 Scarborough House Coordinator**





# Year 11 Report

## Term 1 has held many challenges for Year 11 students

They have had to make decisions about their learning and many have been challenged by the rigour of assessments thus building resilience. The introduction of Good Standing has added a level of responsibility required for senior school that is accepted and appreciated by the majority of senior students. There are new leadership opportunities that will arise as we form committees required for the various activities in Year 12 including the School Ball committee and Leavers' Jacket committee.

Many students are showing great maturity in balancing study, high level sport/arts/community/music and part time work commitments. Students should keep reviewing the balance of these commitments and use the support network of subject teachers, Form teachers, House Coordinators, Mr Tomlin and Mr Housley to assist them with challenging decisions.

Parents are advised to use SEQTA Engage to monitor assignments, tests and results. Awareness and planning are a big part of success and we expect that this information will enable parents to assist their children with homework and the management of stress. This will be especially helpful with the lead up to the Semester 1 exams.

### Time Management

At the beginning of Year 11, almost everyone struggles to manage their time between school and personal life. Thankfully on the 2 March 2017, we received a visitor from 'Alpha Motivation' who talked us through an entertaining and valuable presentation on the very thing with which Year 11s struggle, "Time Management."

In the presentation, Alpha Motivation explored the many misconceptions we had about time management by guiding us through relatable examples from previous experiences and from interactions with the Year 11 students. Alpha Motivation also offered four main key elements for successful time management skills. These elements are listed in order from finding time, prioritizing, reducing work and doing the work.

Additionally, they also included some useful tips to help us with our studies. Overall, we learnt how to improve our time management skills so that we can maximise and efficiently use our study time and still enjoy Year 11 and other aspects of life.

Throughout the presentation, the most memorable point I took from this visit is that time management is a skill that can be learnt and mastered. A skill, if gained and used will be very beneficial for life.

A big thank you to Alpha Motivation for the presentation and for alleviating our struggles in Year 11.

*Elaine Aulia (11-S2)*

### Alpha Motivation Resilience Presentation

On 23 February 2017, a group called 'Alpha Motivation' came to our school to teach us about resilience and the importance of it. Resilience is the ability to recover from a difficult situation, for a student to have good resilience means they aren't as afraid to learn and try new things because they know they will come back from it.

Throughout this presentation, the group used interactives such as reading a script or giving individuals a challenge to complete in a time limit. This showed the Year 11s that no matter what pushes you down, the most important thing is to get up and keep going.

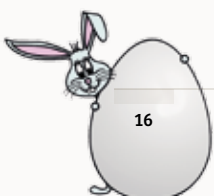
By using these interactive games, we were able to learn and experience resilience in a different way. Alpha Motivation went through a self-evaluation with us including our strengths, improvements, goals and what we want to be known for. Teaching us how to set SMART goals for the future and showing us what we can do in our lives if we have strong resilience was all part of their inspiring presentation. The main point that I took away from the presentation is that 'It's more impressive about how you deal with failure than how you deal with success.'

Big thanks to the volunteers, Harry Maddern, Eric Spicer, Boadie Lincoln, Tara Ghasemi, Callum Myers, John Ballam, Emma Kealey, and Tamsin Kepes.

*Jacinta Waters (11-S2)*



Alpha Motivation presentation



# Year 11 Report

## MOTIVATION

Every high school student finds it hard to be motivated at one time or another. On the 9th of March, the Year 11s had another influential speech from 'Alpha Motivation' about motivation. The presenter focused on setting goals to achieve our absolute best in school. We were given some great tips on how to do this and how to stay positive even if we fail a test or don't achieve what we were expecting on an assessment. They also gave some examples of their own personal situations from when they were in school or University.

Alpha Motivation also explored the case of if you don't achieve your goal, don't give up and keep trying. This aspect was very helpful to the year group as I and many other Year 11s know how it feels to be disappointed with the score we've received on a test resulting in losing your motivation to try harder on the next test.

Once again, Alpha Motivation did not disappoint us with their great examples and group activities which encouraged the Year 11s to really listen and take away some great strategies. A big thanks to Alpha Motivation for the motivation!

*Bella Sgroi (11-S4)*



**Mr Housley with parents at the Year 11 Elevate Parent Info Night**



**Presenter from Elevate (left) with parents and Year 11 student**

## Year 11 Swimming Carnival Results

The Year 10-12 swim carnival was held on 15 February. The event was a great success and student participations was excellent. Congratulations to the following winners who finished top three:

	Boys	Girls
<b>Champion</b>	Jack Beattie	Bella Bryant
<b>1st Runner up</b>	Lewis Putt	Renee Rechichi
<b>2nd Runner up</b>	Matthew Overman	Olivia Burgess



**Lewis Putt, Jack Beattie and Matthew Oberman**



**Renee Rechichi, Bella Bryang and Olivia Burgess**



# Year 11 Report

## Year 11 Leadership Team Building and Meeting



**Shrushti Jethva, Zahra Ussie, Miriam Dabbs and Eric Spicer with Year 11 Trigg House Coordinator (at interim) Mr Werner**



**Annalise Brook and Derodra Bhairui with Year 11 Brighton House Coordinator Mr Coles**



**Sarah Moore and Thandiwe Mwale with Year 11 Floreat House Coordinator Ms Boujos**



**Tom Sobey, Madison Mount and Shayla Newcombe with Ms Hunt Year 11 Scarborough House Coordinator**

**Sandy Hunt**  
**Year 11 Scarborough House Coordinator**

## Parents and Citizens' Association

The P & C has conducted its AGM for the 2017 year and the new office bearers have taken up their respective roles. Below is the contact details of the P & C Executives:

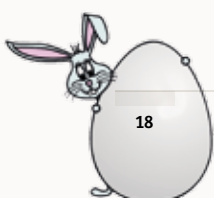
P & C President - Zina Cordery (0412 935 838)  
P & C Vice President - Chris Porteous (0418 902 735)  
P & C Secretary - Brendon Flaherty (0407 700 747)  
P & C Treasurer - Katrina Grose (0403 1828 032)

We hope this information will be of assistance to effective flow of communication.

## Traffic Signs

All parents are asked to be mindful of traffic signs relating to dropping off and picking up students. Please be aware that Churchlands Ave (behind the school) is a 'No Standing' zone in the mornings afternoons and that City of Stirling will be patrolling this area.

Thanks for your cooperation in not blocking car movements at the Hale Road Tennis courts drive through and not double parking in Memory Place.



# From the Psychologists

## What Do You Do To Keep Your Brain Fit?

We spend a lot of time trying to be healthy by eating well and keeping fit, however what do we do to keep our brain healthy? A healthy brain helps us to perform at our very best, stay focused and engaged, all of which helps us to feel more confident and happy. Most of all this builds our resilience so we can better deal with stressful situations and life events. Following are five suggestions for ways to look after your brain:

1. **Sleep Well** – If our brain is fatigued we can't concentrate, struggle to absorb new information or solve problems, make mistakes and our mood is affected – we become grumpy and our mood drops. Maintaining a healthy sleep habit is vital for our brains and helps prevent the above as well as helping with our learning process - in particular with storing information in our long-term memory. Remember research tells us that adolescents need to get 8 ½ to 9 ½ hours of sleep each night!

2. **Feed Your Brain** – For our brains to work efficiently and at their best, it is important that no meals are skipped! Ensure meals are healthy and include fresh and unprocessed foods (fruit and vegetables). Remember to also hydrate your brain - this helps with our ability to focus and concentrate and stay motivated on the task at hand.



3. **Exercise** – At least thirty minutes of aerobic exercise helps our brain to perform at its best. Exercise produces various neurochemicals including BDNF (Brain Derived Neurotrophic Factor) which support neuronal health and function. Exercise will also boost our attention and thought processes.

4. **Schedule Breaks For Your Brain** – Our brain slows down if we have been working it for too long. It is important to schedule short five to ten minute breaks into homework /study routines. (Work for forty to forty five minutes with a five to ten minute break) If you do this your brain will be able to absorb information and get the tasks done more quickly and efficiently.

5. **Slow Down And Give Your Brain Some Time-Out** – Life has become extremely busy and with modern technology taking up a lot of our 'spare' time our brains have little down time. Foggy and muddled thinking can result which then leads to decreased ability to solve problems, think clearly and creatively and make good decisions. Take some time daily to give your brain time to slow down and pause – this can be done by practicing breathing exercises or Mindfulness and Meditation for twenty minutes a day. Some great Apps that are free include 'The Smiling Mind' and 'Breathe' by ReachOut.com.



**Melanie Hutflesz**  
Senior School Psychologist (Years 10-12)

### Breakthrough Basketball Camp

All Star Coaching Line-up:  
Steph Jones  
Current SBL Players

Appearances By:  
\* Physiotherapist, Wellness Coach, Yoga & Pilates Instructor  
\* Strength & Conditioning Coach

- \* Decision making
- \* Movement preparation
- \* Resistance dribbling drills
- \* How to read and beat defenders
- \* Off ball work

Girls U12-U18: 9-12pm  
Boys U12-U18: 12-3pm  
Where: Perth College; 31 Lawley Cres, Mt Lawley  
When: Tuesday 18th - Friday 21st April  
Cost: \$140 or the week (\$35p/day) or \$40 per day

For registrations and Enquiries  
Please Email or Call:  
Steph Jones - 0405141027  
Anna Sykes - 0402552713  
schoolholidaybasketballcamps@gmail.com  
Facebook: West Coast Titans Basketball

WEST COAST  
**Titans**

POWERED BY:  
West Coast Titans Basketball & Uniting Youth





# Year 12 School Ball



**Beau and Belle of the Ball Don Benny and Georgia Thomas.**



**Headboy Liam Birch and Headgirl Pinithi Siri Wardana at the ball**



**Tristan Yellachich and Gizelle van Wyk won the best dance couples**

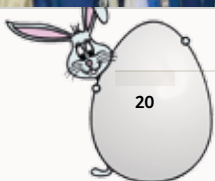
**The Year 12s luxuriated in a night of glamour and style when they attended the Year 12 Ball at the Crown Grand Ballroom on Friday the 17th March**

After weaving their way through the marble walkways of the Crown complex and into the Grand Ballroom, our Year 12s were dazzled by the Classic Hollywood styling of the tables and stage. The decadent table centrepieces and illuminated stage evoked the cool sophistication of a bygone era. This was further punctuated by the warm jazz and swing vibes that floated through the air during dinner. And this was only the beginning.

After the formalities were out of the way the room started to pulsate with rhythm and energy. DJ Bronia put together a wonderful music set which had the room rocking with writhing bodies; Ollie Ernst and Brianna Randall, dressed in attire fitting the theme, were announced as the Spirit of the Ball winners; Georgia Thomas was presented with the sash for Belle of the Ball and Don Benny, a popular choice, was named Beau of the Ball.

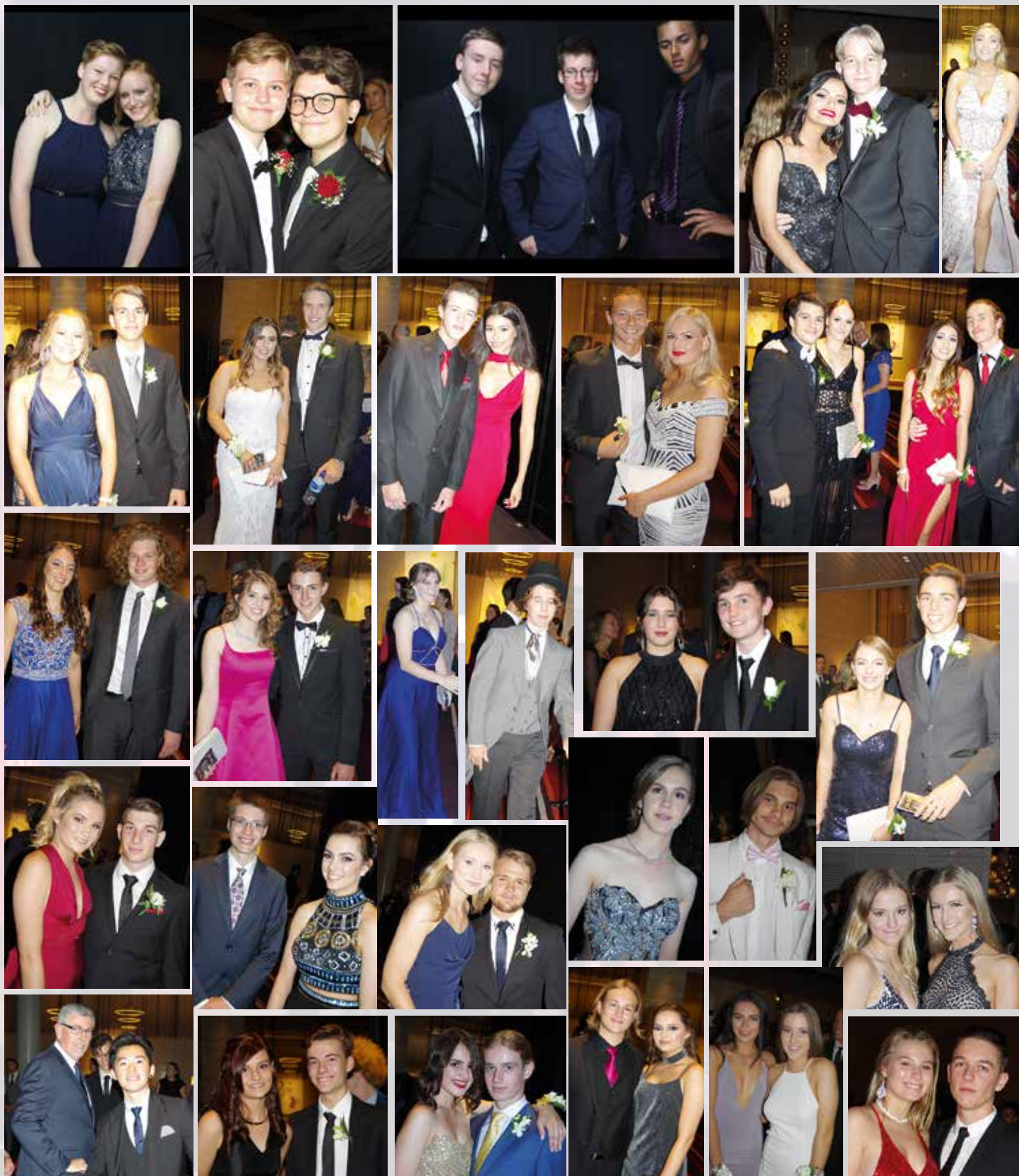
It was a very memorable night and our Year 12s owe a huge debt of gratitude to their Ball Committee, led by Bryce Johansen and Pinithi Siriwardana, for bringing an ambitious vision to fruition. We are very much looking forward to seeing what more they have in store for us in 2017!

**Anne-maree Liddel**  
**Year 12 Trigg House Coordinator**





# Year 12 School Ball







# Year 12 Report

## A Great Start to 2017...

The Year 12 cohort has transitioned well into a busy, yet productive 2017. Many people have facilitated this phase with much support for the students including Mr Paul Housley (Associate Principal Senior Secondary School), Mr Steve Galvin (Head of Year), Mrs Clare Slodecki (Career Development Advisor), Mrs Carlee Ingelson (VET and Work Place Co-ordinator), Mrs Mel Hutflesz (School Psychologist), Mrs Sharon Edmonds (Year 12 Secretary) and of course the House Co-ordinators. The House Co's for this year include Brighton – Bronwyn Carter, Floreat – Pash Hollands, Trigg – Anne Marie Liddelw and myself as the Head of Scarborough.



**Liam Birch and Pinithi Siri Wardana  
hosting their first assembly**

We started 2017 with a whole year assembly and congratulated our Head Boy Liam Birch and Head Girl Pinithi Siri Wardana on the first assembly in their leadership positions. We know both of these students are deserving of their roles and wish them and fellow leadership students much success and enjoyment throughout the year.



**Brian Khoo and Ben Mak taking advantage of  
private study in the library**

As the students move through their final year of formal schooling, it is imperative they put their best foot forward in whichever course they complete. This term has seen our ATAR students tackle rigorous testing with vision for success, re-work study timetables and start their preparations for Semester 1 exams. In Year 12, holidays should now be referred to as study leave. Non-ATAR students are showing vigour in General and Certificate courses in completion of tasks, competencies and positive and fruitful work placements.



**Making the most of private study**

## Swim Champions

Congratulations to the following Year 12 students on their success in the pool recently for the Inter- House Swimming Carnival.

	Boys	Girls
<b>Champion</b>	Bryce Johansen	Megan Stephens
<b>1st Runner up</b>	Ben Coppin	Tylah Hubbard
<b>2nd Runner up</b>	Joshua Leunig	Madison Lambly

The points for the Year 10, 11 and 12 were put together and totalled the following:

<b>Floreat</b>	678
<b>Scarborough</b>	651
<b>Trigg</b>	633
<b>Brighton</b>	501

Well done to Floreat on this great effort!



**Ben Coppin,  
Bryce Johnson  
and Joshua  
Leunig - Year  
12 champs**



**Tylah Hubbard,  
Megan  
Stephens  
and Madison  
Lambly**

## Dancing up a storm

The Year 12s got with the groove and were keen participants when it came to their dance lessons prior to their School Ball. Many showed they were well coordinated and ... what can I say? ... many weren't! The cohort showed enthusiasm which is what counted and enjoyed something different. Well done to all.



# Year 12 Report



**Ballroom dancing fun**



**Tristan and Jodie strutting their stuff**



**Dancing on a large scale**

## **Academic Mentor - Sally Topley**

Sally Topley is a Cambridge University graduate and well noted academic mentor. She worked at Methodist Ladies College as Head of Year 12, inspiring and supporting a range of students. Sally is passionate about ensuring students are ready to tackle exams and have a clear vision of what lays ahead. Sally will be involved with one to one goal setting with ALL our ATAR students, helping them break down the barriers and develop healthy study habits.

Sally is mindful of doing well in ATAR and finding the simplest pathway into University but also wants students to keep in mind, it's not the end of the world if things haven't gone to plan. With her support and goal setting techniques we look forward to our students gaining the success they deserve, not only in school but in all areas of life!

## **School Ball**

What an amazing night at the new Crown Towers Grand Ballroom! This was my first Churchlands Ball and I must say I was wowed by the experience. The students looked so elegant (so did the teachers) and their behaviour was exemplary. Congratulations to Anne Maree Liddlelow and the Ball Committee for all of your hard work and creative design to make the 2017 Ball a great success. It was a superb night!

## **Year 12s at random**



**Adrian Retter and Nathan Emery happy to go to class**



**Thisbe Armanasco, Josephine Gartrell and Tania Vojnovic discussing life at a busy school**



**Lea Hebert, Julia Shepherdson, Jane Tero and Kate Parker relaxing after a test**



**Year 12 girls enjoying time out at lunch**

**Leeana Manifis-Gott**  
**Year 12 Scarborough House Coordinator**



# Sports

## Water Polo

### In Term 4 2016, Churchlands had great success in the WA School Sport SunSmart Water Polo Championships

Our Year 9/10 boys team continued their success after winning the 2015 competition by going through the 2016 championships undefeated! The team was made up of players from school who, if they weren't already playing for a club, have sought out local clubs and have started playing competitively. Australian junior representatives Matthew Oberman and Lewis Pult were instrumental in bringing the team together and including our players of all levels in the games.

The Year 9/10 girls came 3rd in their competition, narrowly missing out on the final. There was a mix of experienced and new players with all girls contributing to this great result. Many of these girls play water polo competitively and some have joined clubs since this competition.

The Year 7/8 boys and girls teams found themselves training hard after school and were lucky to have some sessions with guest coach from Water Polo WA Raul Ricci. The teams competed very well with skills learnt put into practise in the games. Students had a fantastic day with the boys finishing in 5th and the girls in 6th place. Students from the Year 9/10 teams gave up their time to coach the lower school players and share their knowledge of the sport.

The girls team were fortunate to have met Rio Olympian George Ford, who gave his time to referee on the day and talk to the girls about his Olympic experience before a series of photos with the team.

#### **Fiona Haigh** **Water Polo Coordinator**



**Year 9-10 Girls Water Polo Team with Rio Olympian George Ford.**



**Year 9-10 Boys Water Polo Team**



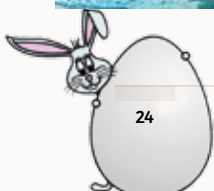
**Year 9-10  
Girls Water  
Polo Team**



**Water polo guest  
coach Raul Ricci**



**Year 7-8 Boys  
Water Polo Team**



# Sports

## Running Club

**A shout out to any student who enjoys jogging, is interested in improving their endurance running or wanting to make the Cross Country Team**

Join our Running Club!

We run every Wednesday morning, running different routes around the surrounding neighbourhood whilst learning about different training techniques by a qualified coach. We meet on the netball courts outside the gym at 8am.

We would like to officially and sincerely thank Mr Eric Turner of the Media Department for creating the design of our club running singlets which includes the figures of our very own runners.

Students who reach 100 kilometre are presented with the free singlet to wear during our runs. More members are on target to reach the 100 kilometre milestone this year.

### Cross Country

Training has begun Wednesday mornings 8am, meet on the netball courts outside the gym. Numbers have been fantastic! Selections for the interschool team are via our school FUN RUN on Friday 12th May, Week 3 Term 2. The Interschool cross country championships are on the Friday 19th May, Week 4 Term 2. So get running!

**Miss Sasha Zarebski**

**Health and Physical Education Teacher**



## Camp

# Student Councillors

**On the 2nd of March, the Student Councillors went to Woodman Point for their camp**

After an enjoyable bus trip first thing in the morning, we got our harnesses on and went straight to the flying fox. Everyone got to have a go, with the Year 7s very eager to get started. There were all kinds of upside down tricks and backward jumps that everyone enjoyed watching and doing. Some of the students overcame their fear of heights and got involved which was brilliant to see! We then had lunch and played a few icebreaker games with lots of laughs and lollies being thrown around and afterwards headed down to the beach. Liam, Pinithi and the other older students were really helpful and the atmosphere was relaxed and happy, yet very productive.

The camp instructors split the councillors up into groups and we were given the raft challenge: to make a raft out of three pontoons, three planks and nine ropes. There was a lot of intense rope-tying. We were then given a mini obstacle course race where we had to go around some buoys – people got splashed and ropes were untying but there was definitely no cheating involved... or was there? Some of us played in the water for a little while longer and then headed back to the main area and got changed.



We had amazing muffins for afternoon tea and got on the bus back to school. Overall, it was a pretty chilled day and it was good that we still got to do all the activities planned even with a little rain. I think this year's councillors make a good team with enthusiasm and I look forward to the rest of the year with them.

*Siri Missula (10-T1)*





# Student Achievements Congratulations



Congratulations goes to Chloe Tarbox (10-T4) for being awarded the 'most improved' cellist for 2016. We are fortunate to have 'Doepel Marsh Architects' continue to provide this award which recognises the hard work and perseverance of a Churchlands Senior High School music student each year. Kim Doepel came to present the award to Chloe on Thursday 30th March. Well done, Chloe!



For the second year in a row, Mina Mitric (12-T4), made it through to the Lions Australia Youth of the Year Zone Final. In 2016 Mina progressed through to the District Final, however in a very competitive field, Mina was unfortunate to not make it through this year. Students were required to sit an interview with a panel of judges, introduce themselves to the audience, answer two impromptu questions within a time limit – which most of the adult audience had some trouble with – and then deliver a five minute speech based on a subject of their choice. All of these elements were graded by the judging panel, discussed and scored. I was staggered by the maturity, intellect and confidence of the contestants and was left feeling proud that Mina presented herself in such an impressive way. Being my first attendance at this event, I will now actively encourage our students to take part in this chance to develop their leadership further as it presents an opportunity to enhance these skills and allows them to network with a wide variety of people, both of which are extremely valuable life skills. Well done Mina! Perhaps we can ask you to help prepare the next round of candidates from Churchlands?!



Jacob Hristianopoulos (8-T4), Aidan Ismail (8-B3) and Sarah Hynes (12-F2) for their selection in the Australian National Athletics Championships in Sydney in late March.



Congratulations to Claire Newtown who was the lucky recipient of an IPAD for her participation in the Climate Schools Combined Study which is researching Internet resources to improve health knowledge and behaviours in the prevention of Alcohol, Cannabis, Psychostimulant and Mental Health issues in secondary students in Australia. This study has assisted researchers gather information to improve the wellbeing of fifteen year olds.

Curtin University is very grateful

to all students at Churchlands who have completed surveys over the past three years. The CSC study is keen for continued voluntary participation by students to gain further data for the University of NSW and the National Drug and Alcohol Research Centre.



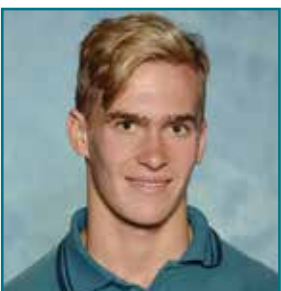
# Student Achievements Congratulations



Jade Whyte (10-S3) represented WA in the Australian Nationals Athletics Championships in Sydney 24-30 March and achieved fourth placing in two events - 400m hurdles U17 and 400m relays U20.



Ben Waterman (10-F3) competed at the Australian Youth Surf Lifesaving Championships in Queensland in March. He won a gold medal in the U15 male two kilometre beach run. Ben is one of few athletes in Australia who competes in the water and on the sand.



Zac Thomas (10-T3) is selected to represent WA in the 2017 Triathlon Team in Penrith NSW 17-21 April.



Tristan Schoolkate (11-T3) and Lukundo Simbile (11-S1) are selected to represent WA in the 2017 Pizgey Cup Tennis in Shepparton VIC, 28 April to 7 May.



The Pritchard sisters Emily (10-S3) and Abby (07-S2) are selected to represent WA in the 2017 Pizgey Cup Tennis in Shepparton VIC 28 April to 7 May.

The Choate siblings Alexandria (11-T4) and Jack (9-T4) for their participation in the 2017 Canoe Slalom National Championships in NSW Feb 1-20).



Romy Puhlovich (10-T1) is selected to represent WA in the U/17 Australasian Team and Individual Championships in Launceston Tasmania 14-22 April 2017



Jackson Loney (12-S1) participated in the open skateboard competition in the 2017 International Downhill Federation (IDF) World Cup held in Sydney in February.



Miriam Dabbs (11-T4) participated in the semi finals of The Rotary Club Four Way Test. Miriam spoke on the topic of the negative effects of social media, especially related to young people. Although she gave an incredible speech and had made all relevant changes to her speech to fulfil the requirements of the Rotary Club, she did not get through to the next round of the competition. She should be commended for her efforts.

All Year 10 students are encouraged to see Ms Atterton-Unwin in C3 at recess or lunch if they want to take part in the Rotary Club Four Way Test this year. Cash prizes start at \$100.





# Student Achievements Congratulations

**Madison Smith (Year 12 / 2016 students) won a scholarship and is currently on an exchange program in Norway sponsored by the Rotary Club of Scarborough**

*By Madison Smith*

I thought it would be nice to send you an update on what is happening here in Norway and what I've done so far. I am having a fantastic time in this country and have many things to look forward to.

When I first arrived in Norway it was very gloomy, with the sky filled with grey clouds and very little snow on the ground. It is starting to warm up now and the fog has almost gone. The days are getting lighter very quickly and in two weeks we start daylight savings.



These two pictures are taken from Nesøya, the island on which I live. The top was taken early morning and the bottom was taken during my walk home from school. Norway is so beautiful when the sun is out as everything shines! The people are also more joyful when the sun comes out. Nesøya has a population of just under 5000 people and is very close to Oslo, twenty minute bus ride. It has (very) small beaches all along the sides of the island and in the middle, there is a forest which deer live in.

My host-family are incredible people, they are so nice and always have something to do. My family looks after a dog which has been very exciting for me as I have always wanted a dog!

It has been a bit slow learning Norwegian as I was originally placed into an IB program at my school (international baccalaureate). However, because all the students spoke English during class and breaks I

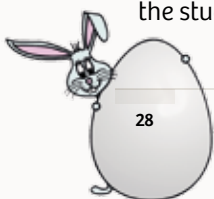
could make lots of new friends quickly, as there was no language barrier to break. I have now been able to move into some Norwegian classes including History, psychology, economics and Norsk (and I am doing Chemistry and more Norwegian in IB still). Because I have swapped from IB to Norwegian, almost every day I have more than an hour for lunch, which gives me plenty of time to relax, get any school work done and practice Norwegian.

School is very different here compared to school in Australia. There are no school uniforms or bells to tell you when lunch is up, and people use their phones in class and talk whilst the teacher is teaching. It is extremely informal, and the students call their teacher by their first name, which still feels weird to me.

I have joined a local band and have been given a cornet to practice on. They rehearse once a week, and have a concert next month with one of Norway's well known singers who took part in Eurovision. Every year they do a concert tour around a country so I might be lucky enough to go to Sweden or another trip around Norway. At the moment, I am not playing any sports but might join a swim club or other sport club soon.

Winter camp was a couple of weeks ago, where all the exchange students first met. We stayed in cabins in a place called Nesbyen, very close to ski slopes for alpine skiing. We learnt how to cross country ski and were given a taste of alpine skiing. We also visited an animal park in which we got to feed moose, arctic foxes, reindeer, wolves, and cuddle baby goats. One of the nights we ate a traditional Norwegian dinner inside a tee-pee whilst sitting on reindeer fur around a fire, I'm sure there is a proper name for the building. Each of the cabins we were staying in had a sauna, so most nights consisted of running back and from sauna and snow followed by long sits in front of the fire place.

After winter camp I joined my family at Hemsedal (one hour drive away) for more skiing. They own a holiday home up on one of the mountains, so from the kitchen there is a stunning view of the ski slopes. During winter holidays my family also went up to Hemsedal. Every day we went on a cross country ski trek, so all up I have skied seventy five kilometre! Once you have reached one hundred kilometre it is possible to send that count into the government and they send you a ski pin back, so between now and Easter, when the snow melts, I'm hoping to get in another twenty five kilometre.



# Student Achievements Congratulations



**Photo at the top of the Skogshodn plateau in Hemsedal**

Two weeks ago I gave my presentation to the Rotary Club of Sandvika. All the Rotarians were very interested in Australian culture and I received numerous questions about our deadly animals and waters. Because their rotary club meets 6pm at nights I thought it would be nice to provide a sample of Australian cuisine, including some cakes, slices, biscuits, and vegemite. What was most surprising was that almost all the Rotarians had tried vegemite, and went back for seconds, layering it on thick.



**Friends from the same exchange program**

This past weekends have been quite busy. I went to see a typical Norwegian school play with some of the people from Nesbru (my school). I met up with some of the exchange students in Oslo and went sightseeing around the tourist spots and catching up since winter camp, and was also fortunate enough to be invited to a concert.



**President  
of Sandvika  
Rotary Club**

The Holmenkollen camp was the last weekend, the second official catchup with all the other rotary students. We visited the ski museum and learnt how skis have developed since the 1800s and before, Fram museum where we got to go on the original ship which took Fram's crew to the North Pole and first successful expedition to the conquer the South Pole, Viking museum where the oldest real Viking ship remains are, maritime museum, and the Nobel peace prize center. On the Sunday, we were at the Holmenkollen ski event the whole day watching women's cross country and men's ski jumping. It is incredible how people can throw themselves down a huge ramp and fly hundreds of meters through the air.

This weekend I will be travelling to Geneva with twenty of my class mates for a science trip to visit a local school, science labs, the UN headquarters and the Hadron collider, a particle accelerator.

Thank you for giving me this incredible opportunity to live in Norway for a year. I am trying to make the most of every opportunity and soak up all the culture.

*Since it was conceived in 1958, Rotary Youth Exchange has become one of Rotary's respected programs. Today there are between 8000-9000 exchanges arranged each year around the world, these exchanges allow students from around about eighty countries of the Rotary world the opportunity of a life time to develop international friendships and learn about a different culture and the need for understanding of each other's culture.*

*Churchlands for many years (over fifteen years) has been a part of the program hosting and educating foreign exchange students from numerous countries thus being part of building a family of international exchange and friendship.*





# Humanities and Social Science (HASS)

## What's Happenin'

### HASS has certainly been a happening place, even so early in the year ...

Our students have enjoyed a range of engaging activities both inside and outside of the classroom to start 2017. We continue to provide innovative and enjoyable educational learning activities across all lower and upper school classes. Here is just a snippet of what's been happening in Term One.

#### Water Corporation Incursion

On the 20th and 23rd of February, an education officer from the Water Corporation spoke to all of the Year 7 HASS classes about Perth's water supply. We had been learning about the water cycle, supplies in certain countries and impacts humans can have on the cycle. Meghan explained to the Year 7s that WA is using new methods to produce fresh water such as desalination plants. This is because less water is flowing into the dams and Perth is needing more water than ever because of a population increase.

Year 7 water incursion



Year 7 eager to participate



What I came out with was that Perth's dams are a lot lower than they used to be. This is because rainfall is much lower than what it was ten years ago.

The Year 12 Geography class enjoyed a slightly different version of the presentation which highlighted the sustainability issues surrounding Perth's water and future supply.



Year 12s involved in Water Corp Incursion

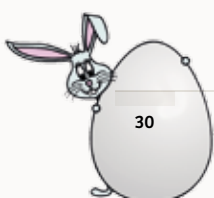
Thank you to the Water Corporation and HASS teacher Mrs Hunt for providing the students with such an informative talk that related directly to what we had been studying in class. *Abby Shand (07-T5)*

#### Year 9 AEP Creative Designs

This term in HASS, students have been enhancing their knowledge in the subject of Civics and Citizenship. In our 9B class we started by exploring the different forms of government and the limitations and advantages of these different systems. We did this by holding a mini-competition with groups aiming to build the tallest free standing straw tower. The students had to complete this activity following strict guidelines with some groups appointing a leader who had control and other groups who had to vote on any decisions made. Students found this activity exciting and challenging, allowing for the opportunity to experience a different perspective. Only one group managed to build the tallest free standing tower. Well done to Qi Qi, Millie, Olivia, Paul and Phillip. *Helena Steadman, AEP Lead Teacher*



The initial building phase



# Humanities and Social Science (HASS)

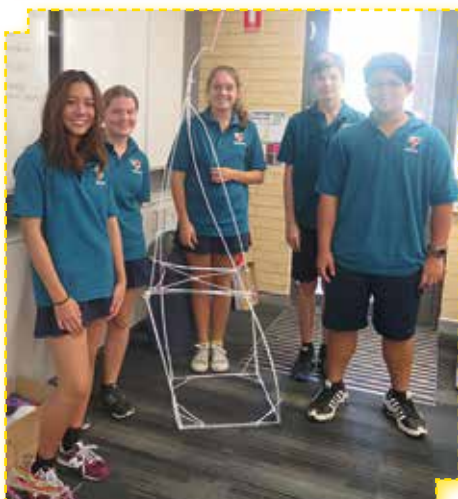
## What's Happenin'



**Team effort to build the tallest free standing straw tower**  
- Emily Chappell, Jack Mentik, Daniel Loo and Grace Herring



**Year 10s 'Mock Trialers' gaining good advice from James Margec**



**Winning team - Qi Qi Lim, Millie Williams, Olivia Donaldson, Paul Payne and Philip Pranoto**

### Mock Trials

Three teams of Year 10 and 11 students have volunteered their time to participate in the 2017 Francis Burt Law Society Mock Trials Competition. We experienced excellent success in the first round of the competition, with one of our Year 10 teams winning against a Year 12 team from Christ Church Grammar School. Ella Clark, Julian Ditthardt, Sofia Kerr and Bertie Mundy deserve special mention for their outstanding contributions as barristers.

Round two of the competition will take place in the Supreme Court of WA from 6pm – 8pm on the 10th of May. We are all working hard to prepare for another successful round! Special thanks must go to James Margec (my fiancé), a Senior Associate at Zafra Legal, who specialises in commercial and taxation law for his support, contributions and training of the team in his own time. *Bree Carter, HASS Teacher*

### Certificate II Business Course

A Work Health Safety meeting was held recently to discuss the hazards present at Churchlands SHS, as part of the Year 11 Certificate II Business Course.

Sohail Bajoria was Chairperson for the meeting and did a fantastic job keeping the meeting on track and making sure we got through the agenda in a professional and organised manner. Students enjoyed the refreshments, including Andrew Nguyen who was flying the flag for vegetarians!

*Rebecca Killeen, HASS / Business Teacher*



**Andrew and friends enjoying the refreshments**

### Cert II Business class





# Humanities and Social Science (HASS)

## What's Happenin'



**Year 11 Geography class at Sandalford Winery**



**Year 11s looking at prescribed burn sites**



**DPaW's Chris Phoebe talks to the students about bushfire management**

### **Year 11 Geography Camp**

The Year 11 Geography camp allowed the students to consolidate their in-class learning by seeing the real life implications of the material they study. Students took a tour of Sandalford Winery in the Swan Valley where they further understood the 'Geography of wine'. The group looked at production, marketing and the use of outsourcing to be economically efficient. Students also appreciated the scale at which Australian wine is exported and how global warming is changing WA's production.

In Jarrahdale, students received talks from experts regarding the depth study 'Natural hazards-bushfires'. DPaW professionals and volunteer firefighters who control prescribed burns and assist when bushfires are uncontrolled were on hand to offer valuable information. We also discussed stakeholders and their views on the planning and preparing process for these natural disasters.



**Tamsin Kepes getting hands on experience on fighting fires**

The overnight stay allowed students to develop their friendships and ability to work together as a team and class, with discussions becoming more natural and students becoming more confident.

*Ria Peet, Year 11 Geography Teacher*





# Humanities and Social Science (HASS)

## What's Happenin'

### Harmony Day

Our diversity makes Australia a great place to live. Harmony Day is a celebration of our cultural diversity – a day of cultural respect for everyone who calls Australia home. Held every year on 21 March, the message of Harmony Day is 'everyone belongs'. The Day aims to engage people to participate in their community, respect cultural and religious diversity and foster sense of belonging for everyone. Since 1999, more than 70,000 Harmony Day events have been held across Australia.

Orange is the colour chosen to represent Harmony Day. Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect. Some students and staff chose to wear something orange to show their support for cultural diversity and an inclusive Australia.



**Ria Peet, Helena Steadman, Rebecca Killeen, Sandy Hunt and Leeana Manifis-Gott**



**Harmony Day activities with Ms Steadman**



**Harmony hands**

### New Staff

We would like to introduce you to the following new staff members to our Learning Area:

Bree Carter – a History and Politics teacher coming across from St Mary's Anglican Girls' School.

Kate Barker – an experienced History teacher and ATAR marker who came from Lakelands SHS.

Rebecca Hawkins – ex Rossmoyne SHS Economics and Accounting teacher who has transitioned into teaching from private enterprise.

Dr Jasmine Day – an Ancient History teacher who has a keen interest in Egyptology.

Ria Peet – a well versed Geography teacher from Wanneroo SHS.

Jock Capobianco – an experienced teacher of Economics from Ocean Reef SHS.



**Jack Capobianco**



**Rebecca Hawkins, Ria Peet, Kate Barker, Jasmine Day and Bree Carter**

**Leeana Manifis-Gott**  
2IC HASS Department





# English Perth Writer's Festival



Students  
with their book  
purchases



On the  
UWA grounds



Girls reading  
on the lawn



Breaktime for book  
conversations



Discovering new  
writers and books



Perth Writers'  
Festival 2017



Interactive  
activity

## Inspiring Our Young Writers

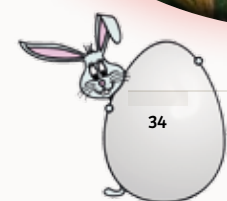
The joy of discovering new authors and perspectives on storytelling was the order of the day when our English Academic Extension students attended the Perth Writers' Festival Schools Day Out on Thursday 23 February 2017.

In three immersive lectures throughout the day students were guided through the world of storytelling by professional Australian and International authors. Between sessions they luxuriated on the lawns in the beautiful summer weather and explored the picturesque UWA labyrinthine pathways and gardens.

According to one of our Year 10s "listening to writers discuss struggles with the same issues we have, like high school, challenges with friends and most importantly, social issues like bullying, sexism and discrimination makes this a relatable and relevant experience."

The Perth Writer's Festival is an Annual event we at Churchlands believe helps support our students understanding of writing, and inspires them to see themselves as potential writers.

**Anne-Maree Liddelow**  
*English Teacher*





# English Talented Young Writers Program

## Exploring Writing: The Talented Young Writers Program

One of the many enrichment opportunities the English department offers interested AEP students from Years 7 -10 is the chance to participate in the Talented Young Writers Program, a series of four workshops - one per term – in the gloriously atmospheric Fremantle Literacy Centre on the grounds of the old Fremantle jail. What a fantastic environment to get our students' creative young minds whirring! In these workshops students are guided through a series of creative writing exercises by an established Australian author where they can develop and refine their writing skills, as well as work with other students enthusiastic about writing from a variety of schools across the Northern suburbs. It's a wildly popular program we at Churchlands participate in every year, and it's also a lot of fun!

*English Department*



Former Fremantle prison



Fremantle Literacy Centre  
(on the grounds of old Fremantle jail)



English AEP students at the Young Writers Program



Danger zone



Ella Wintle, Imogen Robins,  
Charlotte Moreschini and Lily Dunstan





# STEM

## Churchlands STEM Club

### STEM Expands at Churchlands

STEM stands for Science Technology Engineering and Mathematics – It's pretty important stuff! Churchlands has an exciting after school STEM program for students in Years 7-10 wanting to pursue their STEM interests. In STEM Club, students get to hang out after school and immerse themselves in the latest and greatest STEM activities including Electronics, Coding, Robotics and Video Game Making. We have a range of activities to suit a variety of skill levels, with an assortment of puzzles to keep our students switched on. At the end of the day, we just want our students to check out the cool stuff you can do with STEM skills.

Churchlands now offers STEM Courses for Years 9 and 10. Students in the STEM Course have been busy in Term 1 designing and completing their first individual projects, with some especially amazing work being showcased already. These projects include robotic arms coded using scratch and python, Arduino-based remotely operated vehicles and some amazing 2D and immersive 3D Video Game concept demonstrations.



Winners at the Hale School STEM Challenge



Programming a LEGO EV3 Robot in preparation for Robocup Junior



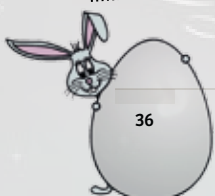
Building an Arduino - powered land drone



Checking out robotic equipment



Our Year 9s ready to take on STEM Challenge at Hale School





# STEM

## Churchlands STEM Club

"I was happy to find that the STEM course has a lot of freedom allowing you to design your own project and not telling the whole class to do the same boring thing"  
– STEM Course Student

Year 9 students from Churchlands Senior High School recently attended a STEM Challenge held at Hale School. During the challenge, students used everyday items to solve the problem of landing on Mars, by teaming up with participants from other schools. All participants did a fantastic job, with our very own Amelia Dyton being part of the winning team! Congratulations!

**Dr Grant Pusey**  
*STEM Coordinator and Science Teacher*



An extra-challenging breakout for our Year 9s



Breakout - where students solve series of puzzles to get to their reward



Mia Bristow-Clarke with her team and their fantastic design



Programming spheros



STEM Club in full swing



Year 7s get a taste of programming Edison Robots



# STEM

# STEM X Academy Training

## Churchlands SHS Science Teacher, Dr Grant Pusey spent a week of the school holidays in Canberra at the STEM X Academy

STEM X Academy is a National teacher development program run by the Australian Science Teachers Association (ASTA) and Dr Pusey was one of just thirty five secondary teachers across the country selected to attend.


During his week in Canberra, Dr Pusey worked with high calibre secondary school teachers from around the country to come up with fresh ideas for Science and STEM teaching. The main focus of the program is the development of exciting, hands-on, enquiry based lessons and activities using easily accessible resources. Science in the 21st century does not work in isolation and STEM X believes neither should teachers. The outcome is a dynamic network that is sharing ideas, resources, experience, encouragement and engagement with innovative teaching tools that are relevant to the world of science today.

Dr Pusey met with lead researchers in Science and Technology, and visited top facilities including CSIRO, Questacon, Parliament House, Mount Stromlo Observatory, NASA Deep Space Complex, Canberra Arboretum and the Botanical Gardens. Exposure to scientific laboratories, museums and researchers inspired ideas among the teachers who worked daily to develop, collate and share new strategies to take back to their schools. Together with the other participants, Dr Pusey developed a series of activities to bring back to Churchlands to make the curriculum more dynamic, exciting and authentic for our students.

**Dr Grant Pusey**  
**STEM Coordinator and**  
**Science Teacher**



Teachers enjoying sunset at Mt Stromlo Observatory




It's ok to be a tourist sometimes!



One of the many radio dishes at NASAs Deep Space Complex



Geosciences Australia Seismic Monitoring Centre



Dr Pusey and other teachers taking control of the Parkes Radio Telescope

# Science

## Year 11 and 8

### Mr Harris' Year 11 Integrated Science class have been investigating HOT TOPICS where human activity is effecting ecosystems

Students investigate complex real world issues such as global warming. To assist them in understanding the complexity of these problems, students have been trained in mind and concept mapping.

As part of their project, students had to interview members of the public to determine public awareness of the issue. Thank you to some of the science staff who participated in this with the students.

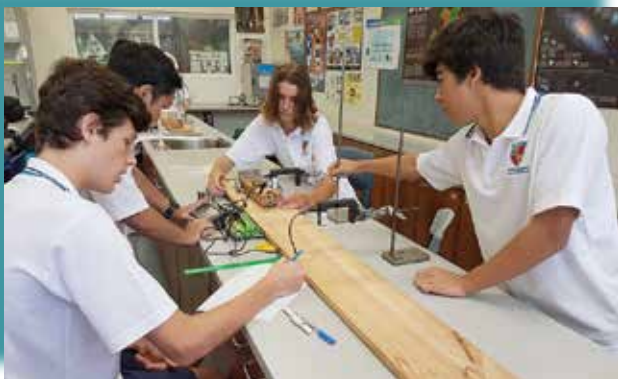
**Roger Harris**  
Science Teacher



Mr Jackson Carr lets Isabella (Bella) Knowles know that he is devastated if oil spills occur near wildlife reserves such as the Great Barrier Reef.



An example of a mind map that Sharni Merry and Benton Dowling came up with for Global Warming.



Dr Pusey's Year 11 Physics students using photogates and data loggers to investigate the relationship between force and acceleration



Students from Dr Pusey's AEP Science class investigate the exciting properties of dry ice



Manai Long and Chloe Munslow-Davies in Dr Mandy Webb's Year 11 Biology class looking at effect of temperature on enzyme activity using datalogger and pressure sensors





# Technologies

## Metal and Woodwork

### Year 7 Woodwork

Students have been very busy learning basic hand skills to design and make small wooden trucks. As well as the materials/workshop side of things students also learn correct safety in the workshop and learn how to do simple design work. Skills learnt in this project will provide students with the necessary skills to take wood work again in Year 9. Next term the students will move into the computer labs to create designs for cutting out on the laser and making simple electronic projects.



**Kalani Paul, Jennifer Davis, Madeleine Dawkins**



**Amber Tan and Mia Jackson**



### Robotics

In Mr Mance's Robotics class, students are building their very own bluetooth speaker which can play music from various media devices. In the design and construction process, students incorporate their own circuit board which allows LED lights to light up in time with the music that is being played. These units have 50 watt speakers and can be both battery and mains powered operated. This has been a popular project with students as it is something that they are all looking forward to being able to take these home and use. This is just one example of the various types of fantastic projects offered within Robotics at Churchlands Senior High School.



**Tiziano Wehrli soldering his circuit board for the flashing LEDs**

**Circuit board construction**



**Blue Tooth speaker**



**Students busy constructing parts for their trucks.**



# Technologies

## Metal and Woodwork

### Cert III Visual Arts Furniture

The Year 12 furniture students have been busy working on preparing plans for their major design project. Projects the Year 12s are involved with include electric guitar, tables, animal hutches and study desks to name just a few.



Jack Dingle



Atharva Velani



Max Lafeyre



Michael Swan

Peter Jones  
Head of Technologies

### Cert II Visual Arts Furniture

The Year 11 furniture students have been working on an introductory project (Bi-Plane) in the workshop as well as preparing plans for their major design project. Students are using a variety of machines and techniques to make the planes and this has been invaluable in revising required skills that will be required in the next couple of terms. Projects the Year 11s will be involved with include balsa surfboards, entertainment bars, work benches, coffee tables and study desks to name just a few.



Amy Goodwin  
and Sara Harsanyi



Jin Chen



# Technologies

## Metal and Woodwork



Eric Spicer working on his arc welding skills for the anchor project in Mr Hutchinson's Cert 2 Engineering.



Year 10 Jewellery girls working at their soldering bays.



Year 9 Woodwork for girls aligning their job getting ready for drilling.



Jane Harwood working on her jarrah bowl in year 9 Woodwork for girls.

## WEST COAST SPLASH Synchronised Swimming Club

Perth, Western Australia

**Do you like to Swim, Dance and have Fun?**  
*Come swim with us and join one of Australia's top performing synchro clubs!*



We offer classes for \$45 a month at 3 different venues;

Claremont Pool - Tuesday 4.15pm to 5.15pm

Terry Tyzack Leisure Centre - Thursday 4.30pm to 5.30pm

Claremont/Beatty Park (tbc) - Saturday 11.00am to 12.00pm

Contact: [coordinator.wcssynchro@gmail.com](mailto:coordinator.wcssynchro@gmail.com)

## Churchlands Chamber Concert Series

See some of WASO's finest and friends play live in our local hall!

**Tickets** [www.trybooking.com.au/JXWF](http://www.trybooking.com.au/JXWF)

\$39 adults, \$29 concession, \$12 full time student.

Refreshments included. Group discounts apply.

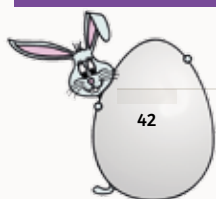
**21 May 3pm:** Haydn: String Quartet Op. 76 No. 4 "Sunrise", Webern: Langsamer Satz for string quartet, Shostakovich: String Quartet No.8 C minor, Op. 110

**14 June 7pm:** Brahms: Sonata for violin & piano No.2 in A Major Op.100, Respighi: Adagio con variazioni for cello & piano, Brahms: Piano Trio No.3 in C minor Op.101

**26 July 7pm:** Traditional Irish Band: *The Robert Zielinski Trio*, Famous fiddle and flute music from Ireland, Scotland and the Shetland Islands.

**30 August 7pm:** Dohnanyi: Serenade for String Trio in C major Op.10, Ledger: Three Escher Portraits, Brahms: Piano Quartet No.3 in C minor Op.60

**18 October 7pm:** Bozza: Rustiques for trumpet & piano, Duorak: String Quintet no.2 in G major, Op. 77, Saint Saens: Septet for piano, trumpet, string quartet & bass in E flat maj, Op. 65



# From the Student Support Officer

## UWA Year 8 Discovery Day- Term 4 2016

The School of Indigenous Studies- Outreach program hosts an annual Year 8 Discovery Day at the UWA campus. It introduces year 8 students to the university environment through a range of hands- on activities. The students tested their athletic abilities at sports science; learning how to set up a small business plan at the business school and apply plaster to an arm like a medical professional.



Kai Slater and Jordan Silvestro Palmer



Jordan Silvestro Palmer, Kai Slater, Breanna Anderson and Jaida Penny

## YARN Club 2017

Yarn Club is a lunch club for Aboriginal and Torres Strait Island Students- held every Wednesday.

Late last year three of our Year 9 girls attended the school's own leadership camp at Point Walter (Lakoya Abdullah, Takayla Quince and Alicia Roe). Upon return from the camp the girls demonstrated their great leadership skills in peer mentoring. Further to this the girls identified that a Lunch Club specific for the Aboriginal and Torres Strait islander students would be a great opportunity for students from all year groups to catch up, have a yarn, make yummy food together and support each other at school. With support from the Student Support Officer the girls now host this lunch club for our ATSI students every Wednesday.

Some of our special guests that we have hosted include Australian Indigenous Mentoring Experience staff (Tasha Mearing, Jayden Gerrand, Imara Mandred), North Metropolitan Aboriginal Education Team (Charmaine Climo & Tracey Gosling), Indigenous Communities Education and Awareness (ICEA) (Allirra Winmar & Anna Balston) School of Indigenous Studies- UWA (Ray Garrett). Well done to the girls and we look forward to continuing this wonderful club throughout the year.



Takayla Quince, Alicia Roe and Lakoya Abdullah

## WALYALUP DAY- Notre Dame- Year 9 & 10 - Term 4 2016



Nicky Carmichael, Trent Barwick, Takayla Quince and Lakoya Abdullah



Takayla Quince and Trent Barwick

Notre Dame University in partnership with AIME hosted a day out at the Fremantle university campus for year 9 and 10 students from all around the state. The students got to learn about university lifestyle. The event was opened by Dr Noel Nannup who had some grounding and wise words for all the students. The students found out about careers in Media and Communications, Nursing and Teaching.

## Follow the Dream- Outreach Program

Special mention goes to Lakoya Abdullah on her successful application to the Follow the Dream program for 2017. Our two students Jasmin and Lakoya attended their first excursion this term to ECU Mt Lawley where they learnt about West Australian Academy of Performing Arts and the Certificate IV in Aboriginal Theatre. They met up with other successful students from across the state at the Kuronkurl Katitjin centre at ECU Mt Lawley.

**Katherine Mosele**  
Student Support Officer





# Technologies

## Home Economics



**Catherine Reid, Emma Pickering and Eleanor Connell preparing a dessert for an event: Meringue nests with Chantilly cream, fruit and spun sugar**

**Cert II Hospitality students have been catering for various events that have been happening around the school**

They have been learning many skills that require them to work collaboratively in preparing large scale catering with a focus on time management and presentation. It has been a fun start to the year in the commercial kitchen and students are looking forward to creating many more dishes and helping with events.

**Yvette Long**  
*Home Economics Teacher*

### Hair and makeup demonstration in Looking Good class

Jaye (Jaye's Mobile Hairdressing and Wedding Creations) came out to visit the students twice. Jaye is a hairdresser with over twenty years of experience and specializes in up styles and hair creativity with unusual designs including beautiful braids.

The girls were given a demonstration on two hair dummies (Kim and Natasha) and then had to go and attempt these styles on another student in the class. We were shown how to achieve a basic French braid, fishtail braid and waterfall braid as well as incorporating braids that would be suitable for a ball or special occasion.

The students have also seen a makeup demonstration and been taught all about the latest trends in makeup including how to contour and highlight. A very big thank you to one of our parents, Sue Childs for volunteering her time to come and visit.

**Jo Clarke**  
*Home Economics Teacher*



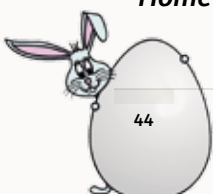
**Holly Barry braiding a student's hair guided by guest speaker Jaye**



**Looking good hair braids**



**Makeup guest speaker Sue Childs and Sarah Hinscliff**



# Technologies

## Home Economics

### My Children, Family and the Community students enjoyed the first of their two visits from the Australian Breastfeeding Association

This girls were introduced to six toddlers (five from the Australian Breastfeeding Association and one a student's sister) aged around 18 months. One of the mums works at Churchlands Senior High School in Home Economics too, Julia Moore and her son Nathan. The girls played games, read books, drew pictures and learnt about each of the toddlers from the mothers.

One of the girls, Annalise Brook, brought in her mum and little sister. The girls were given the task to learn about five domains of growth and development – physical, social, emotional, cognitive, spiritual/moral – in preparation for their second task. The Australian Breastfeeding Association will be returning to Churchlands Senior High School in Week 10 of Term 1 to teach the girls about bathing techniques with infants.

**Lauren Gillies**  
**Home Economics Teacher**



**Jenna Childs and Sariah Zangari with teacher Julia Moore, and her son Nathan**



**Annalise Brooks and Karina Edwards**



**Aisha Foxall, Chloe Ramsden and Sherriidan Watson**



**Sabrina Paddon and Chloe Seah**



# From the Visual and Performing Arts

## In February this year Peteris and Jillian Ciemitis came in to run a workshop with the Year 12 ATAR students and teachers from the Art Department

Peteris and Jillian are two award winning Perth artists who have exhibited their works across Australia. Peteris is a portrait painter who often exhibits his work in the Black Swan Portrait prize and has also been accepted into the Archibald Prize as a finalist. Jillian is a photographer and printmaker who has exhibited in the Fremantle Print Awards. Throughout the day they shared their work with students and demonstrated a range of drawing, painting and printmaking techniques. Their professional knowledge was much appreciated and the skills staff and students learnt over the day have started to be used in classes.



The hills are alive...with rehearsals which are well under way for this year's school production of "The Sound of Music". Our all singing, all dancing cast are working hard to create a show that audiences will love. We are hoping to include a 'sing along Saturday matinee' for the diehard Sound of Music fans out there. Tickets are on sale now, so mark the dates in your diaries...4th 5th and 6th May and jump online to secure your seats at [www.trybooking.com](http://www.trybooking.com).





# From the Visual and Performing Arts

At the end of 2016 we had Perth urban artist Dan Duggan come in to work with our students. He ran two workshops, one with Year 12 students and another with the afterschool Art Club. The students enjoyed watching and learning his painting techniques and have created bright and imaginative artworks on several panels and a wall in the Art Department.





# News on CSHS Community Service

**The year has got off to a very busy start and it is pleasing to note that the Year 10s have so far been enthusiastic about volunteering when we need assistance**

We have provided volunteers for the following community events: Kapinara Primary School's P & C Sundowner and also helpers for their P & C Cake stall on Election Day, we had helpers at the UWA Little Athletics Zone Championships and several volunteering at City Beach Tee Ball's end of year Family Fun Day and Prize giving.



Year 7 P & C Welcome BBQ



At school we had a large group setting up, cooking and serving sausages, clearing away and manning the music system at the recent Year 7 Family BBQ, we had helpers at our own P & C's Welcome Sundowner, students have hosted visiting students from France, assisted at the Interschool Swimming Carnival, at an orientation evening for indigenous families and we have students raising and lowering our flags every day.

At the moment we are gearing up for Footy Season for which the students do the marking, the first parent report night where students assist parents to find the location of teachers, and also for Relay for Life, which

will be held on the first weekend of next term. Our keen participants are beginning to collect sponsorship money from friends, family, neighbours and work colleagues, in order to raise as much money as we can, to support the Cancer Council. The proceeds of our Year 8 Disco, held on March 28th, will also go to the Cancer Council.

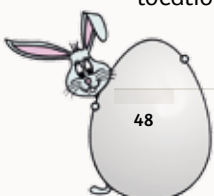
Members of the Student Council have recently "brainstormed" ways to fundraise for the ongoing support of our four World Vision Sponsor children, Huoy Y from Cambodia (Brighton House), Mebrhit from Ethiopia (Floreat House), Laxxmi from India (Scarborough House) and Solomon from Uganda (Trigg House). We have had communication from three of the children now and have heard that it is Solomon's birthday soon, so we should be receiving a birthday card to send to him before the end of term. The students have set up a notice board at school where news from overseas, including pictures and school reports can be displayed. We look forward to getting to know these four children really well over the years to come.



T Ball



CSHS P & C Sundowner



# News on CSHS

## Community Service

On World Down Syndrome Day we held an impromptu collection and raised over \$400.00 which will I am sure, be very useful for the organisation here in Perth. As it was also Harmony Day, many staff were seen wearing orange clothing or ribbons.

Over the first six weeks of school, I was able to visit every Year 10 form class to give them more information about how the Community Service Program works. Students are welcome to see me in my office before school, at Recess and Lunchtime if they have any questions.

I would encourage students in Year 12 to find the time to accrue some hours, sooner rather than later, as every year, I have students rush in to see me, once they have seen application forms for TAFE and University, because it is increasingly common for questions about volunteering to be included; many employers are doing the same. It is certainly a good indicator of trustworthiness, application and commitment.

**Sue Wogan**  
**Community Service Coordinator**



**Helpers at the Kapinara Primary School's election day cake stall**

### Churchlands Senior High School partners with Mentally Healthy WA and Chevron to become a Mentally Healthy School and "Act-Belong-Commit"

As of February 2017, Churchlands Senior High School has signed up to become a part of the Mentally Healthy Schools program to promote the Act-Belong-Commit ethos throughout our whole school community. At Churchlands Senior High School we believe that student and staff wellbeing are one of our biggest priorities, and that to work to the best of our ability, we need to keep mentally healthy.

Act-Belong-Commit is a mental health promotion campaign that encourages everyone to take action to protect and promote their own mental wellbeing. Being active, having a sense of belonging and having a purpose in life all contribute to happiness and good mental health. At Churchlands Senior High School there are so many opportunities for students to act, belong and commit, and we hope to highlight these events and activities throughout the year. Look out for the Fun Run, Friday Beat, music concerts, art exhibitions or house activities and get involved in some way to boost your own wellbeing, like being a volunteer, sitting on the school's Act Belong Commit Team or getting involved in the school's R U OK? Day.

We hope by promoting the Act-Belong-Commit message around the school, it not only educates young people about what to do to prevent the onset of mental illness, but also encourages to participate in all the activities that are on offer to be active, join in lunchtime and after school groups and do good things for others.



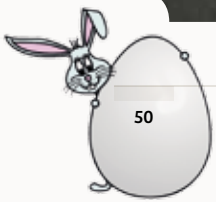
To find out more about Act-Belong-Commit, visit the website [www.actbelongcommit.org.au](http://www.actbelongcommit.org.au) or contact Tenille Wright, School Psychologist (Years 7 – 9), and Narelle Clark, Chaplain on (08) 9441 1700.

**Tenille Wright**  
**School Psychologist**





# Languages Photo Collection





# Languages

## French

From February 14th to February 27th our sister school Sasserno from Nice visited Churchlands SHS

They had a great time visiting Perth and its surroundings. The students were blown away by the beautiful landscapes and the diverse wildlife. They enjoyed the surfing and AFL lesson. Thank you to the Churchlands students and staff who made their trip so memorable. They went back to France with lots of pictures, memories and are looking forward to seeing their Australian exchange students again soon in Nice. Vive l'Australie !

**Laurence Lin**  
**Exchange Coordinator**





# Languages Chinese

On 13 February, there were around 170 students watching a traditional Chinese dance, music and martial arts performance presented by Wenqin Art Troupe

In addition to Year 8 Chinese classes, English, French and Japanese students also took part in the event. Students were very engaged and had a great time learning about Chinese culture. Students are to be congratulated for their outstanding behaviour at the event.

*Susan Wei and Yu Xiao*  
*Chinese Teachers*



Kahoot in Chinese class



Wenqin Art - Martial Art



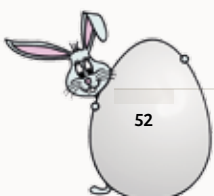
Wenqin Art Performance



Wenqin Art-Traditional Chinese Musical Instruments



Wenqin Art Troupe



# News from the Library

## Library News

A huge thanks to all our students who are using the library at the new times correctly.

We needed to make sure that the library space was available to all students equitable but also that the area is a safe place for students to use. We think the plan is working!

All Year 7 and 8 students have access to our exciting space at recess. It is just for them and they are enjoying being able to use the booths that are normally full of senior students.

Our 9 -12 students can then use recess outside to have a break from study, grab something to eat and talk to mates.

At lunchtimes, the space is for 9 to 12 students to study and read.

Our Friday makerspace lunchtime is still open to all students to enjoy.

So we think it is a win win for all students

**Sally Morris**  
**Librarian**

Makerspace Fever hits the library on Friday Lunchtimes. All students are welcome to enjoy a range of exciting makerspace activities every Friday.



Library space for Year 7 and 8s





# Vocational Education and Training (VET)

## What's going on

### VET News

The start of 2017 has been a very busy year here at Churchlands with many students opting for the VET pathway as a starting point for their post schooling options. We have several students enrolled in courses that will articulate into a variety of tertiary study options and two students completing a Certificate IV Qualifications which will be used to gain entry into Edith Cowan University. These students spend one day a week outside of school with their training providers whilst completing a full program here at Churchlands.

These students approach their schooling with a sense of maturity in managing this busy workload and all have a clear vision of where this hard work will take them. They should be proud of their efforts and I look forward to sharing in their continued success. Some of the Qualifications students are completing are:

- Certificate II Building and Construction
- Certificate II in Electrotechnology
- Certificate II in Floristry
- Certificate II in Plumbing
- Certificate II in Population Health
- Certificate II in Retail Cosmetics
- Certificate III Health Services Assistance
- Certificate III in Education Support
- Certificate III in Screen and Media
- Certificate III in Sport and Recreation
- Certificate III in Beauty Services
- Certificate III Early Childhood and Care
- Certificate III Health Services Assistance
- Cert IV in Education Support
- Certificate IV in Community Services

Another big event in the VET Calendar is celebrating the successful students in the VET pathway. In reviewing the 2016 results a select number of students from Year 12 were invited to attend the VET High Achievers' lunch. Most of these students either achieved an A in their General courses, completed a Nationally Recognised Qualification and participated in a successful Work Placement. Determining who would be invited to this lunch was not an easy task, as the overall performance of this year group was excellent. Whilst we enjoyed burgers prepared by the Hospitality students, the conversation led to the ambitions of these students and how their VET program is supporting that. Staff also had an opportunity to share the story of their journey that has led them to working with these amazing students at Churchlands. I have no doubt that some of these students will be accepting awards on the Presentation Afternoon as they continue to work toward achieving their goals. Congratulations High Achievers!

Finally just a reminder that all Hospitality students are required to attend their additional class as per their timetable. Attendance to these classes is of the utmost importance to give each of you the best opportunity to achieve this Qualification.

**Carlee Ingleson**  
VET Coordinator



**Alannah Carrick, Ella Cream and Hugh Jenkin**



**Adam Donda**



**Zenaia Zangari, Hannah Birch and the wonderful Mrs Slodecki**



**VET high achievers lunch**

# Churchlands Foundation

## Foundation awards Music scholarship to talented students

Gifted and Talented Year 7 students; Benjamin Macdonald and Bethany Jolly Fuentes, were awarded a music scholarship at the Year 7 parent barbeque last term.



**Benjamin Macdonald (07-T5), John Gillon and Bethany Jolly Fuentes (07-S5)**

Mr John Gillon, Chairman of the Churchlands Senior High School Foundation, and also a 1968 Churchlands graduate encouraged parents to support the Foundation to increase the number and range of scholarships awarded each year. Students benefit directly from funds raised through different campaigns and events.

Every year the Foundation grants two music scholarships to gifted and talented students based on academic merit and financial assistance.

The Scholarship provides a sum of \$2000 in the first year of the program (Year 7) and \$500 in the consecutive years up to their last year of High School (Year 12). The Scholarship aims to assist with expenses related to musical studies and education expenses such as:

- Purchase of a musical instrument
- Stationery and books
- Excursions and camps
- Laptop
- Uniform
- Others

Congratulations to our bright students!

## BUY A SOLAR PANEL



## Thank you to our donors

Bronte Anderson  
Bateman Architects  
Alan Bishop  
Judith Blume  
Damian Burgess  
Heather Carmody  
Jackson Carr  
Rachel Clegg  
Tracey Coatsworth  
Kim Doepel  
Beaton Family  
Narelle Finch  
Ailsa Fitzpatrick  
John Gillon  
David Goggard  
Birikhti Habtag  
Triscia Hardy  
Matt Hoffman  
Dianne Hulme  
Barry Jones  
KeepSafe Storage

Jeffrey Khoo  
Brian Leonard  
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**Nawal Kurson**

**Marketing and Media Officer**



Churchlands Senior High School  
FOUNDATION

## New Zealand Ski Tour

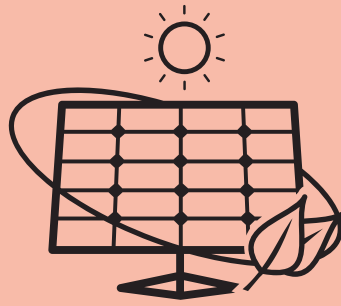
It is still not too late to join the ten days New Zealand Ski Tour during the October school holidays. We still have a couple more places; confirmation due 18 April. Five days skiing. Open to Year 10-12 students.

For more information, contact Mr Chris Van Maanen [cuanmaanen@churchlands.wa.edu.au](mailto:cuanmaanen@churchlands.wa.edu.au)





# BUY A SOLAR PANEL



We are encouraging all parents to buy all or part of a Solar Panel and support the Solar Power to Scholarships project.

400kW of Solar Power

\*ROI of up to 38% per annum

A \$100 donation could generate up to \$1,600 in scholarships



Over 11 different types of scholarship opportunities including Leadership, Community and Academic.

*Naming opportunities for each Solar Panel purchased!*

*1,566 Panels Available*

*All Contributions are 100% tax deductible*

Please detach, complete and hand in at our admin office.

I would like to buy on behalf of Churchlands SHS Foundation (Inc.):

$\frac{1}{4}$  Solar Panel (\$75) ☐  $\frac{1}{2}$  a Solar Panel (\$150) ☐ 1 Solar Panel (\$300) ☐

By: Cheque      Visa      Mastercard      EFT

BSB: 066 155 Account: 1036 6150 (Insert your name as the reference)



Churchlands Senior High School  
FOUNDATION

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